# THE VEDIC VIEW OF GOD

Guru Purnima Talks 2017

By Swami Paramarthananda

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## THE VEDIC VIEW OF GOD Guru Purnima Talks 2017

## Swami Paramarthananda

In the **bhagavad gĩtā**, in one particular **ślokā**, the Lord talks about **four types of devotees** -

#### caturvidhā bhajante mām janāh sukrtino'rjuna I ārto jijnāsurarthārthi jnāni ca bharatarşabha II 7-16

There are four types of devotees, and they are :: **ārta** bhaktaḥ, **arthārthī** bhaktaḥ, **jijñāsu** bhaktaḥ and **jñānī** bhaktaḥ. **ārta** bhaktaḥ is one who is *a devotee in distress* facing varieties of problems. And he wants to worship GOD for freedom from his problems. He is a distressed bhaktā wanting to get freedom from his stress and distress. Whereas, **arthārthī** bhaktaḥ is one who does not have any particular problem now; but, he is engaged in various ventures, and in all of them he desperately wants success. May be an admission in a American university! [That is the season now!] So, varieties of things a person desires. Whatever he desires is called **arthaḥ**. **arthāṛthĩ bhaktā**s want to worship GOD either to get things or get rid of things. *In fact throughout our life, we are only busy either getting things or getting rid of things*.

And this **bhaktā** is so obsessed **with his personal needs** of getting and getting rid of things, *he will worship GOD in any manner, suggested by anyone, at any place*! If one person introduces a temple somewhere in a unique corner, he will go there and he will go to any temple any church any mosque or any place and offer any form of worship. His aim is எத்தைத் தின்னா

பித்தம் தெளியும்! I want to somehow get what I want. I don't mind any type of pũjā. Thus, we find ārta bhaktā and arthārthĩ bhaktā are obsessed with GOD worship. They don't want to know 'who this blessed GOD is'. They worship GOD alright. In any form. But, they are not interested in knowing who this GOD is. How many GODs are there, whether GOD is a male or female or formless, all those details they are not interested. *They go by pure faith.* Some GOD must be there perhaps. Because, they are all doing **pũjā**, I also want to do **pũjā**, hoping that my problem will be solved.

Thus, we have got many worshipers of GOD who are <u>not</u> interested in the knowledge of GOD or enquiry in to the nature of GOD. And Lord kṛṣṇā says, 'among these ārta and arthārthĩ bhaktās, some of them - *in due course*, [some of them, <u>not</u> all of them] may get sufficient **puṇyam** so that from ārta bhakti and arthārthĩ bhakti they become the third variety, a rare variety, called jijñāsu bhaktā. First, they want to know, 'is there a GOD at all?' Right from that, there is a problem; because, modern science - which is most powerful now - is rejecting the very existence of GOD. I should know what is GOD. I should know what is the nature of GOD. This desire comes. 'atatho brahma jijñaŝa?' [brahma sũtra 1]. It is that word jijñaŝa?that kṛṣṇā borrows. jijñāsu bhaktaḥ bhavati.

And initially, it is a casual desire. It is not very serious. But, after some time, this desire becomes more and more; and it becomes a burning desire. And all forms of books which talk about GOD realisation in English or in any language - other than Sanskrit; because, we don't know Sanskrit! - in all the languages, all books that are available on GOD realisation, he reads. He finds that all those books are full of *mystic experiences* and *mystic visions* of GOD appearing, giving **darśanam** and disappearing; and miraculous events happening! All these ideas are given in the books of GOD realisation. Full of mysticism, full of miracles, full of extra-ordinary experiences. But, all of them have got one common statement. They all say, 'you require a **guru** for guidance'. Therefore, this person gets the idea that - '*I want the vision of GOD*. Because, by now, the **jijñāsa** has become **tĩvra jijñāsa**. So, 'I also want GOD vision. And so, now I require a **guru**'. And he begins **guru** *shopping*.

**Dayānanda Swāmĩjĩ** calls it '**guru** shopping'. Going from mall to mall, he looks for **guru**. And he has got his own concept of **guru**; and ultimately, he may identify someone or the other as the **guru**. According to his parameters,

he fits in. Preferably, *a person whose looks are extraordinary*! Because, if a person is dealing with a **mysterious** GOD and **mysterious** visions, the person <u>also</u> should *preferably look* **mysterious and extra-ordinary**. The more extra-ordinary he looks, the more he passes as ideal **guru**! Thus, this person fixes a **guru**. And suppose, because of his extra-ordinary **puṇyam**, he gets a **guru** - looking ordinary or extra-ordinary - whatever the look may be, suppose he gets a **guru** who belongs to the **vedic** tradition. **vaidika paramparāgata guruḥ**, which **guru paramparā** we are worshiping on **vyāsa pũjā** day -

nārāyaṇam padmabhuvam vasiṣtham śaktim ca tat putra parāśaram ca vyāsam śukam gauḍapādam mahāntam govinda yogindra mathāsya śiṣyam I śri śankarācārya mathāsya padmapādam ca hastāmalakam ca śiṣyam tam totạkam vārtika kāram anyān asmad gurũn santatam ānato'smi II

So, if he finds traditional **guru**, coming in **vaidika paramparā**, he is very, very fortunate. Imagine this disciple approaches such a **guru**. And his expectations are *based on* all the GOD realisation books he had read. Therefore he thinks, the **guru** will teach him *varieties of meditations*, through which he can have *mysterious experiences*; *mysterious visions he can get*. Thus, *he goes with an expectation of learning varieties of meditations*. **LITGUD**! If the

guru is a traditional guru, he *never, never talks about meditation.* śişyā is waiting; *waiting with expectation.* The guru's first statement is, 'GOD is the topic of this scriptures. 'GOD is the topic of this scriptures; therefore, if you have to know GOD, first you should *expose yourself to the teaching of the scriptures*'. Thus, a traditional guru <u>always</u> introduces scriptural teaching; <u>never meditation</u>.

All the scriptures are full of guru-śiṣyā dialogue; and in all of them, śiṣyā approaches the guru and surrenders. And the guru says, '*let us start learning*. arjunā in the bhagavad gĩtā surrenders to kṛṣṇā and says - "śiṣyaste'haṃ śādhi māṃ tvāṃ prapannam" - 'please teach me'. kaivalya upaniṣad that we are studying begins - "adhihi bhagavan

brahmavidyām varisthām sadā sadbhih sevyamānām nigudhām" -'may you teach'. "vedāntavijnānasuniścitārthāh". Thus, traditional guru talks only about exposing oneself to the scriptural knowledge :: "śrotavyah mantavyah nididhyāsitavyah" [brhadāranyakopaniṣat] - 'may you expose yourself to the teaching' and try to assimilate the Lord, as revealed by the scriptures.

## tasmai sa vidvān upasannāya samyak praśānta cittāya śamānvitāya yenākṣaraṃ puruṣaṃ veda satyaṃ provāca tāṃ tattvato brahmavidyām II muṇḍakopaniṣat

Thus, *all the scriptural words* are those that the **guru** *systematically taught the disciple*. So, the fundamental difference between a *traditional* **guru**, belonging to **vedic paramparā**, and any other **guru**, who does not belong to the **paramparā** is :: **tradition starts with teaching**; *others start with meditation*. This is one of the fundamental differences.

Once the teaching starts, *all the scriptures reveal GOD in a particular form*, which is unique to the **prasthānatrayam**. Whether it is the **upaniṣad** or it is the **bhagavad gĩtā** or it is **brahma sũtram** - which are the fundamental scriptures - a **jijñāsu bhaktā**, [remember the name of the **bhaktā**, a **jijñāsu bhaktā**] should expose to the contents of this teaching. One of the **upaniṣad** [they named as the 'first' **upaniṣad**; it is <u>not</u> the first one; but, generally enumerated as the *first* **upaniṣad**] is **ĩśāvāsya upaniṣad**, which reveals **ĩśvarā** <u>as</u> - [the very word **ĩśa** indicates, **ĩśa** means, Lord] [we are <u>not</u> talking about *some other* **ĩśā**; we are talking about the **upaniṣad ĩśa** ::

## Ĩ**śā**vāsyam ida□ sarvaṃ yatkiñca jagatyāṃ jagat I tena tyaktena bhuñjĩthā mā gṛdhaḥ kasyasviddhanam II

The 'vision of GOD' requires the conversion of our attitude towards this universe. The 'vision of GOD', very important sentence. The VISION OF GOD INVOLVES CONVERSION OF OUR ATTITUDE TOWARDS THE VERY WORLD WE ARE EXPERIENCING. Or, in short, *everything that we are experiencing*. What is the conversion of the attitude? The upanişad says, before the scriptural study, we are looking at everything as *world or universe*. You have got jagat bhāvanā or prapañca bhāvanā. [bhāvanā means what? Attitude]. What should you do? You have to <u>replace</u> the prapañca bhāvanā, <u>displace</u> the prapañca bhāvanā <u>with</u> ĩśvara bhā vanā. That *means* what? Everything that I am experiencing is none other than ĩśvarā and ĩśvarā only!

puruşa eveda sarvam I yadbhutam yacca bhavyam I utāmrtatvasyeśānah I [purusa sũktam]

sarvam viṣṇumayam jagat. In the viṣṇu sahasranāma, the first word of bhagavān is, viśvam. viśvam means, what? *The whole universe*. Therefore, in the vision of the veda, *that we are looking at the world as a world* is a mistake; but, we have to learn to look at the very universe <u>as</u> ĩśvaraḥ.

Therefore, **ĩśvara darśanam** is <u>not</u> *seeing a 'separate' ĩśvarā*, *who is <u>other</u> <u>than</u> the individual and world. ārta and arthārthī bhaktās <u>think</u> :: ĩśvarā <i>is a third entity other than* **jĩva** and **jagat**. There is an *extra-cosmic* **ĩśvarā**, which extra-cosmic **ĩśvarā** <u>I have to see</u>, through mysterious experience. This is the approach of **ārta arthārthī bhaktā**.

But, the **vedic** approach is, **īśvara Darśanam** is **seeing the world** as **īśvarā**. It is <u>not</u> a *separate* **īśvara darśanam**; but, *learning to see the world itself as* **ĩśvarā**. Therefore, when I systematically study the scriptures for a length of time, my idea of 'world' is **replaced** - *whatever I experience is* **ĩśvarā**. So, **jĩva** - **jagat** - **ĩśvarā** this is the *triangle* that I **imagine**. But, **veda** says, 'there is <u>no</u> **jĩva** - **jagat** - **ĩśvarā** *triangle*. *Triangular format is wrong format*. And **veda** *presents a new format*, which is the *preliminary* **binary format** - [it is <u>not</u> the **original** *binary format*], which is, **dropping the idea of jĩva jagat ĩśvarā**. Individual, world and **GOD** is a **wrong approach**. Then what? [Are you able to get my point?] Individual, world and GOD is **wrong approach**. It **is individual** <u>and</u> **GOD** alone. That is the *preliminary* or *intermediary* **binary format**.

So, vedic ĩśvara darś anam is, changing my perspective and trying to look at the whole universe with reverence. That is why in viṣṇu

**sahasranāma**, even though we do **pũjā** to the deity, one of the **dhyāna ślokā**s - *which is the most popular one* - is,

## bhũḥ pādau yasya nābhirviyadasuranilaścandra suryau ca netre karṇāvāśāḥ śiro dyaurmukhamapi dahano yasya vāsteyamabdhiḥ l

bhuh pādau - the earth is the feet of the Lord, candra suryau ca netre candra and sũrya are the eyes of the Lord. yasya nābhih viyat - the entire ākāśa is the nābhi of the Lord, karnau aśah. - all the 10 directions are the ears of the Lord. So, you can never talk a secret; everywhere GOD's ears are there! Thus, description of **ĩśvarā** is, <u>as</u> viśvarũpa **ĩśvarā**. **Ĩśvarā** is world. World is **îśvarā**! So, drop you obsession with a <u>separate</u> **îśvarā**, other than the world. Once you think of a *separate* **isvarā** - other than the world, you will get in to mysticism, you will get in to miracles. veda does not want us to get obsessed with mysticism and miracles and extraordinary visions. They are not to be obsessed with. What is the pursuit of GOD? Gradually learning to **respect everything that I experience**. Every man, every animal, every every insect, everything is none other than women, GOD. In dakşnināműrti stotram we read -

### bhūrambhāṃsyanaloʻniloʻmbaram aharnātho himāṃśuḥ pumān ityābhāti carācarātmakam idaṃ yasyaiva mūrtyaṣṭakam na anyatkiñcana vidyate vimṛśatāṃ yasmātparasmādvibhoḥ ...

The **pañca bhũtā**s are the five limbs of the Lord; the Sun and all the stars are limbs of the Lord; all planets are limbs of the Lord. Every living being is the limb of the Lord. **yasya eva mũrty aṣṭakam** - the Lord is called **aṣṭa mũrti ĩśvarā**. Thus, *developing a reverential attitude towards the universe* is **ĩśvara darśanam**. The eyes are the same; but, **the attitude behind the mind will have to be transformed**. Even in the daily **pũjā**, *which many people do mechanically*, the same idea is conveyed. During every **upacāra**, the **mantrā** chanted is <u>very important</u>, *to be observed carefully* -

lam prthivyātmane gandhan dharayāmi I ham ākāśātmane puspaih pujayāmi vāyvātmane yam dhupam āghrāpayāmi ram dar**ś**ay**ā**mi agnyātmane dipam vam amrtātmane L amrtam mahānaivedyam nivedayāmi I sam sarvātmane sarvopacārapujām samarpay**ā**mi

**laṃ pṛthivyātmane gandha?n dhaf?ayāmi** - even though he applies **candanam** on the idol or photo, he says, **pṛthivyātmane** - 'oh Lord, you are in the form of **pṛthivĩ**. *You are the earth*. **haṃ ākāśātmane puṣpaih**. **pũjayāmi** - thus **ākāśa** is also you; **vāyu** is also you. Thus, **ĩśvara darśanam** according to **veda** <u>is</u> *attitudinal transformation*. Miracles we need <u>not</u> go in to; we need not debate. Miracles are there, okay. Not there, okay. But, we are *not interested in miracles*. Spiritual progress requires changing our attitude towards the universe. There is <u>no other</u> **ĩśvara darśanam** that **veda** prescribes, **other than attitudinal transformation**.

This **ĩśvara darśanam** should lead to internal **sanyā**sa. I will call it, **sanyāsa** binary format. What is the sanyāsa? ĩśāvāsya upanisad says - "tena tyaktena bhuñjithā mā grdhah kasya svid dhanam". So, may you renounce the notion that you are seeing the world. May you replace it with the attitude that you are experiencing GOD. When? All the time. Not with eyes closed. With all the sense organs open, declare, 'I am experiencing *îśvarā* all the time'. The entire human life is the rarest opportunity to appreciate the **viśvarũpa** ĩśvarā, all the time. sandhyāvandana mantrās declare, "a? satyena rajasa? vartamaßo nivesayann amrtam martyam ca" - 'the sun GOD is coming, let me worship'. Every **paurnamí** is sacred for me; because, moon GOD is available as pürna candrah. pürna iśvarah is always available.

And once I appreciate '*everything belongs to ĩśvarā and ĩśvarā means the totality*', I have to <u>renounce two important things</u>. One is **mamakāra**, *the idea that I am the owner of certain things*. Since everything is **ĩśvarā**, **everything belongs to ĩśvarā**. **kasya svid dhanam**? **ĩśāvāsya** asks the question, '*who is the owner of the wealth*?' It is <u>not</u> a question. It is **ākṣepārthe kim**. 'Who is the owner?' means, **nobody is the owner** *of anything*. **Nobody is** *the controller of anything*. So, <u>I have to renounce the</u> <u>idea of ownership and controllership</u>. I should remember, **I use everything given by GoD for a few decades**. **I am only the user**. **I am never the owner**. **bhagavān** is the owner. He has given only for lease. Lease rent we pay is **puṇyam**; because, **manuṣya janma** is due to **puṇyam**. That is why, only <u>you</u> can listen to the talk. Therefore, because of **puṇyam**, **bhagavān** has leased us the human body, in which, **I get an opportunity for enjoying viśvarũpa ïśvarā all the time**. In the evening many people go to the beach; but, there also, *they eat popcorn and miss the wonderful ocean, the sky, the stars*! **The whole creation is wonderful**. Our own body is an extra-ordinary body. Instead of appreciating the **viśvarũpa ĩśvarā**, *I get obsessed with a few things* and develop **mamakāra**, ownership. And *thinking that I can control everything*, I worry about the future.

But, I should remember, 'I can contribute little to the future as a puny little individual; what is going to happen in the future **is decided by ĩśvarā alone**'. Thus, once I *renounce the idea of ownership and controllership* **and do whatever I can do in life**, then *future worry* is also not there. Because, **everything is ĩśvarā**. Future events are also **ĩśvarā**.

#### nāsthā dharme na vasunicaye naiva kāmopabhoge yad bhāvyam tad bhavatu bhagavan purvakarmānurupam I etatprārthyam mama bahumatam janmajanmāntare'pi tvatpādāmbhoruhayugagatā niścalā bhaktirastu II [mukundamālā stotram]

'Oh Lord, whatever should happen in the creation according to the **law of karma**, let it all happen. I am ready; because, *all events are nothing but the movements of the Lord alone*'. That is why it is called **naṭarāja nṛtyam**, the cosmic dance. The whole movement of the universe, the rhythmic movement of the atom, rhythmic movement of the solar system, they are all looked upon as the dance of **ĩśvarā**. Therefore, I don't have to *close my eyes* for **ĩśvara darśanam**. I don't require *miracles* for **ĩśvara darś anam**. I only should change my **bhāvanā**, based on the scriptural teaching. Then, **ownership** is *replaced by* **usership**; **controllership** is *replaced by* **contributorship**. Life becomes an enjoyment. Then, the concept of **mokṣa** also will be different.

Now, we don't look upon this creation as GOD. We look upon this as world. Therefore, we have a negative attitude. Hence, our concept of **mokṣa** is, **running away from the world**. '*Somehow I should die; never to come back here again*'. That means, *we hate the world*; which is, **totally against the** 

vedic vision. We think, 'we have a world to be hated and we have a GOD somewhere to be loved. We have to hate the world and run away from the world; and, we have to love the GOD who is somewhere else! In vaikuntha or kailāsa. veda never accepts that. There is <u>no</u> hateable *world and lovable* GOD, as an opposite entity. The world you hate is none other than GOD. So, stop hating the world; start revering the world. moksa is freedom from this ignorance. What ignorance? The world is to be renounced and I have to run to GOD! Run away from the World and run towards GOD this concept of escapist moksa should go away. Dropping this ignorance and learning to appreciate the universe in its totality and variety, is binary format, jijñāsu bhaktā's attitude number one. What is binary format? Don't say, *individual, world and GOD*. Forget it. Replace it by *individual* and GOD alone. There is no such thing called world. "tena tyaktena bhuñjithā" - renounce the idea that, 'what I have is a hateable world. EVERYTHING IS LOVABLE ĨŚVARĀ ONLY! advestā sarvabhutānām maitrah karuņa eva ca [gītā 12-13]

Then, if the **jijñāsu bhaktā** survives, ... because, those who are *obsessed with mysticism and miracles* they will <u>not</u> like this. They *want to experience* some other GOD, *other than this terrible world*. They want to *mysteriously experience* some GOD, who will be **āyā rām** and **gayā rām**. They want **āyā rām** - **gayā rām** GOD. They will <u>renounce</u> the **vedic** teaching and go in search of **mystic guru**.

But, <u>if</u> the **śişya** is able to survive, then the **guru** gives further teaching, *which is more profound*, which I will summarise today, being **gurupũrņimā** day. This teaching alone we are studying in all the **upanişad**. So, when the teaching continues, **bhagavān** gives in the **gītā** a *very beautiful teaching* from the 7th chapter to the 12th chapter. He says, '**I have got one higher nature and one lower nature**, called **parāprakṛti** & **aparāprakṛti**. My own [*my own* means, **bhagavān**'s] *higher nature is* CONSCIOUSNESS principle. **parāprakṛti** is **caitanyam**. And, I have got a *lower nature*, which is called **aparāprakṛti**, which is **matter**'. Thus, GOD consists of CONSCIOUSNESS PRINCIPLE and MATTER PRINCIPLE. brahman and māyā. parāprakrti and aparāprakrti. Everything that you experience *is matter*. Therefore, it comes under the *inferior nature* of GOD or aparāprakrti. Why inferior? Because, *it is mixed with pleasure and pain*. It is a mixture of opposites. Still, it is also what? It is also **īśvarā** only. What **īśvarā**? aparāprakrti **īśvarā**. And, *there is a higher nature* - parāprakrti. That is brahman.

And, how to see that parāprakrti brahman? Lord krsnā says -

## bhumirāpo'nalo vāyuņ kham mano buddhireva ca l ahańkāra itiyam me bhinnā prakrtiraṣṭadhā II [7.4] apareyamitastvanyām prakrtim viddhi me parām l jivabhutām mahābāho yayedam dhāryate jagat II [7.5]

The **parāprakṛti**, *the higher nature*, the CONSCIOUSNESS - **is never an object** of experience. It is available in the form of the very 'you', the experiencer of everything. Thus, the ultimate teaching is, THE WHOLE MATERIAL UNIVERSE, INCLUDING THE BODY AND MIND, IS APARĀPRAKŖTI, the **māyā** part of **īśvarā**; and, 'I', THE CONSCIOUSNESS PRINCIPLE, WHICH IS NOT AN OBJECT OF **EXPERIENCE**, THAT 'I', THE SĀKĢI CAITANYAM IS, PARĀPRAKŖTI. <u>Everything is GOD</u>. *What I experience* **is lower GOD**; and 'I', the *experiencer* **am the higher GOD**. **GTLILIQ**? <u>Everything is GOD</u>. So, everything is to be revered. And **whatever I experience is the lower GOD**; it is material & changing. Whereas, 'I', the **experiencer**, **is the higher GOD**. This is the **jñānī**'s *binary format*.

'I' <u>am</u> brahman, the parāprakrti. What I experience in front is māyā, the aparāprakrti. Both the 'observer' and 'observed' put together is the 'total' îśvarā. 'I' the experiencer am GOD. Experienced world / matter is GOD. The experiencer 'I' is consciousness GOD. Experienced is matter GOD. So, everything requires *only one attitude*. What is the attitude? Reverence & reverence.

The whole life is a life of worship and reverence. Thus, the traditional vedic paramparā does not involve mysticism. Does not involve miracles. They may be there, they may not be there. We need not be obsessed with

them. Those who are interested let them go. But, our approach is what? I am GOD and whatever I experience is also GOD. sarvam visnumayam jagat. sarvam śivamayam jagat [let me say both]. Finally, sarvam devímayam jagat. [this side I should not leave!] Everything is GOD. D**ayā**nanda **Swāmĩjĩ**'s Tamil He saying favourite quote \_ in enjoys "இருப்பதெல்லாம் இறைவனே பார்ப்பவனும் பார்ப்பானும் இறைவனே. பார்ப்பவனும் பார்க்கப்படுவதும் இறைவனே". This is the wonderful guru paramparā. Whoever comes to this paramparā is fortunate and it is that paramparā we worship today. With these words I conclude my talk.

Om purnamadah purnamidam purnath purnamudachate purnasya purnamadaya purnamevasisyate.

Om Santi: santi: santi:

**Note:** Transcription by M/s T.śrĩnivasan & P.Balasubrahmanyam. Please advice corrections to balusha74@gmail.com

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