# The Spiritual Seeker's Essential Guide to Sanskrit

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#### Introduction

If you are interested in any Eastern Philosophy, the chances are that at some time during your reading or discussion with others, you will encounter Sanskrit terms. Whether your interest inclines towards Buddhism or Hinduism or any of their many derivations, whether you are a dualist, non-dualist or neither of these, it is likely that at least some of the source documents for your tradition will have been written originally in Sanskrit. Naturally, you would like to be able to actually read and understand the language. Practically speaking, however, it is most unlikely that you will seriously attempt to learn it. After all, learning a language is a very serious and time-consuming undertaking and it is not as though you would be able to make use of it when you visit India for your holidays.

If your spiritual pursuits are serious though, it is important that you should be able to discover the correct meaning for the words that you use. If you are reading an Upanishad or the Bhagavad Gita, for example, and wish to study a sutra in more detail, you will want to be able to look up the precise meaning of a word in the dictionary. It is likely that you will encounter publications of, for example, talks by spiritual leaders that have been transcribed and printed cheaply and contain many mistakes. You will want to be able to check the use and/or spelling of suspect words. It would be useful also to be able to pronounce terms correctly to avoid misunderstanding when talking with others.

As an example, what would you make of the following two words if you encountered them?

# मोक्ष - निर्वाण

Presumably not a lot. Yet, if you are a 'spiritual seeker', such words will be central to your life - the very goal of your existence. In addition, most of the original source material about them will have been written in Sanskrit. The first of these words usually appears as 'moksha' in English books on the subject. It means 'release from worldly existence', liberation from the ignorance that binds us to the illusions of our lives. But how do you pronounce it? Probably, as I once did, you will say 'mocksha', with the 'o' sounding as in the word 'clock'. In fact, one should sound it like the 'oa'

in 'cloak'. The second word is the goal of Buddhists, usually written 'nirvana'. It means 'absolute extinction of individual existence or of all desires and passions'. Probably your pronunciation of this is not too bad – you may have come across the seventies pop group of this name. The accent is on the second syllable, which is a long 'a', as in 'bar', while the final 'a' is short as in 'cat'. If you are English as opposed to American however, the 'v' should be pronounced as 'w'.

Ideally, you would like to know all of these things but without actually having to learn the language. Up to a point, this is possible and it is the purpose of this book to provide the necessary background. This claim is possible because these were precisely the requirements that I had and which I have achieved to my own satisfaction.

This book effectively provides for three levels of attainment. Firstly, it will teach you the two most commonly used 'transliterated' forms of the language. This word refers to an 'Anglicised', or more correctly 'Romanised', form of Sanskrit i.e. one that uses the alphabet with which we are already familiar. True Sanskrit is written in a script that bears no resemblance to English, has quite different letters and which requires rather more effort to learn. One of these transliterated forms – commonly called 'Romanised' – is used in many books that utilise Sanskrit terms. (Unfortunately, quite a few books do not use any formal transliteration at all. These, instead, make crude attempts to reproduce the word phonetically and often do not even bother to do this.) The other transliterated form, used most frequently on the Internet, is called ITRANS.

With the knowledge of these two, it will be possible to look up words in a dictionary. The glossary of this book aims to provide explanations for many of the terms that are likely to be encountered in Western books on Eastern philosophy. You will also be able to use (or download) dictionary facilities on the Internet to look up words that are not provided here, and an explanation will be given as to how to go about this.

For those whose ambitions are a little higher, whose need is to be able to use a full Sanskrit-English dictionary to look up words, it is necessary to learn the Sanskrit alphabet, together with the original script that is used to reproduce it, and some basic rules for combining letters. This is the second level of attainment that will be addressed. Whilst the first level may be achieved very easily, this higher level requires rather more effort. Suggestions are provided as to how to achieve this, and pointers are given to free resources on the Internet that will prove helpful.

If the word that you wish to look up is actually in the dictionary, these first two steps will be adequate. Unfortunately, words in Sanskrit combine with adjacent words in many situations and the letters at the join frequently change. The consequence of this is that the separate words that make up a 'word' found in a book may not be immediately recognisable. In order to be able to separate out the word into its constituent parts, a third level of attainment is required – to learn the rules for joining. The last part of this book will introduce you to some of the main rules of so-called 'sandhi'.

The principal problem of course is the alien nature of the script. In order to be able actually to learn the alphabet in its original form, it is necessary to learn to recognise the form of each letter. Ideally, you would actually practise writing these yourself in order to help commit the letters to memory. None of this is intrinsically difficult but it does all take time.

In order to achieve the 'level 1' ability to pronounce and look up Romanised words in a glossary, you can expect to have to spend just a few hours reading the relevant parts of this book a couple of times. In order to be able to achieve 'level 2' ability, reading the actual script and looking up words in a Sanskrit-English dictionary, you must expect to spend several hours per week for a few months, with serious practice most days. You need not see this as a chore, however. This book aims to introduce the letters very gradually and present words for practice at the earliest opportunity. If you choose to use writing as an aid to learning, the script has great beauty and giving one's full attention in calligraphy is itself a spiritual practice. If you wish to go further and learn all of the rules for joining words, this will require serious study, together with the assistance of someone who can provide the solution after you have given up! This book will only provide you with a good idea of what is involved – far more interesting and rewarding than crosswords or solving cryptograms!

Any genuine spiritual aspirant will want to make this effort. Your reward will be to be able to verify for yourself the correct pronunciation and meanings of words. You will no longer be at the mercy of the authors, translators or editors of the books you read. You will no longer be worried that you have misunderstood the meaning of a term used in an Internet Email Discussion Group or heard from a teacher. You will be able to check the original source material for yourself and look up the meanings of key words.

This book will not address anything beyond these simple aims. It will not tell you how to decline nouns or conjugate verbs. These terms are not even defined, in case you do not know what they mean! You will not discover how to construct sentences or all of the rules for combining words. In other words, this book will not teach you the language in even its most basic form. Suggestions will be given, however, to those daring few whose ambitions do stretch that far.

#### General Introduction to the Language

The spoken form of the Sanskrit language was systematised several hundred years before the Christian Era (Ref. 1). The written form derives from a script called 'Brahmi', which is found in Rock inscriptions. This developed into its final form called 'Devanagari' (meaning city of the gods), by around the end of the first millennium AD. The script is still used today in dialects such as Hindi and Marathi. It uses an alphabet quite unlike ours. For a start, it contains nearly twice as many letters overall, with more than three times the number of vowels. These letters can also look quite different depending upon where they appear in a word and which other letters are adjacent.

It is an extremely interesting language and amazingly logical. There are many rules but, once you have learnt them, there are none of the tiresome exceptions found in most languages. In addition, once you have learned how to pronounce a letter, it is <u>always</u> pronounced in that way.

It is interesting to note in passing that there is a close parallel between the structure of the language and the Samkhya-related myth of the creation. Indeed, some schools of thought, notably in the North of India and Kashmir, believe that the universe was 'spoken' into existence. Though this 'primordial' language is beyond ordinary sound, Sanskrit is its earthly manifestation as it were and embodies many of the 'universal principles'. The language itself is believed to embody the truth of the unity of the Self.

The entire language evolves in an almost mathematical way from a fundamental sound. The laws governing the way that words are constructed, and the grammar used to join them, are strict. It is amazing that the language, though the most ancient known and no longer in general usage, remains true to its original form. Someone learning it now would be able to communicate perfectly well with someone who spoke the language over two thousand years ago.

The need to be able to render Sanskrit words in our own language has obviously been present ever since Westerners became interested in Indian Scriptures. This need became urgent in the latter part of the nineteenth century when dictionaries were
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being produced. A Transliteration Committee was set up at the Geneva Oriental Congress in September 1894 to formulate a standard for this so-called 'transliteration' and its conclusions are still broadly followed today. The scheme most widely used in written material is based upon this and endorsed by the Library Of Congress, Washington D. C. This scheme is referred to as 'Romanised' in the remainder of the book.

The need for some modification was not pressing until the advent of computers. Clearly the need to utilise a standard keyboard and make use of existing standards for encoding these for electronic transmission and storage meant that further changes were needed in order to be able to cope with the large number of special 'diacritical marks' and ligatures (see later). Several systems have been developed and though are inevitably many similarities, there are also significant differences. The three main systems are called Velthuis (after a Dutch Sanskrit scholar, Frans Velthuis), Harvard-Kyoto and ITRANS.

Unfortunately, some sites on the Internet use one system, some another. Rather than burden you with all of these systems, I will describe only the one called ITRANS, as this is the one now commonly used in Email groups on the Internet and hence for communicating with others in the written form. Appendix 1 has a table showing all of them so that you may easily translate from one to the other if needed. The development of ITRANS, stimulated by the need to communicate Sanskrit words via the Internet, has also led to the development of Software, such as Itranslator (described later). Such software enables words typed at an ordinary UK/US keyboard to be translated instantly into Sanskrit script, as well as a number of other Indian language scripts.

#### Level 1 – The Transliterated Alphabet

Before introducing the Devanagari script, we will learn the basic alphabet in its transliterated form. All of the words in the 'Dictionary of Spiritual Words' are given in this form and ordered as if the letters were English so that there is not actually any need for you to learn the real Sanskrit characters if you do not wish to. Rather than presenting this section twice - once for each of the transliterated forms - I will give both forms now for each letter, as it is introduced. These are, in any case, often the same. Note, however, that I will generally only show the ITRANS form when giving examples of Sanskrit words.

As was noted in the Introduction, the Romanised form is still used in most written material. This includes serious books and documents on the Internet held in, for example, postscript or Adobe® 'PDF' format. The reason that ITRANS was developed is that the Romanised form uses various 'diacritical' marks that are not easily available to someone typing on an ordinary computer keyboard. They must make use of the ordinary fonts provided with word processors, for storing and communicating the resultant data on or via computers. 'Diacritical' marks are modifications to basic letterforms. An example outside of Sanskrit would be the accents used in French – acute, grave, circumflex and cedilla – é, è, ê, and ç. In the Romanised transliteration of Sanskrit, there are a number of special marks, such as lines (called macrons) over vowels, for example -  $\bar{a}$ . In order to be able to type and send this character easily, ITRANS writes it as 'aa' or 'A' but I will use 'A' throughout as this seems to be becoming the more favoured option by Internet Users. The ITRANS scheme uses only the usual letters of our alphabet, together with the occasional special character such as the tilde ~. The special characters of ITRANS always appear as separate characters, however, not combined with other letters as they are in Romanised transliteration.

It must be noted that the pronunciation I will be describing throughout is that recommended by the School of Economic Science, which represents the largest body of Sanskrit students in the UK. The development of their system is very clear and logical and therefore easy to learn and understand. Although all traditions generally agree in most respects there are key differences regarding some elements. Since the vast majority of any communication you are likely to have will be written rather than verbal, this should present no problem, however.

#### A. The Five Basic Vowels

#### 1. a, a

The first letter of the alphabet forms the fundamental sound from which all others are derived simply by moving the tongue and lips. You make it by opening the mouth wide and letting the vocal chords operate. The sound which emerges sounds like a cross between the short 'a' in cat and 'u' in but. It is written as 'a' in both of the transliterated forms but the correct letter in the *devanAgarI* script is: -

#### अ

(I will not show the Devanagari for any of the other letters, until the second part of the book.) In this first section, on the transliterated alphabet, I will show each letter as it is introduced in first the ITRANS form and then the Romanised form. Thus, the first letter is:

#### a, a

I.e. there is no difference for this letter. The fonts used in this document were: normal 12 point Times New Roman for the basic text; 12 point italic Times New Roman for the ITRANS representation; 12 point bold, italic Roman Sanskrit Serif font for the Romanised transliteration. In the heading above, the latter two were 14 point bold. It so happens that the letter 'a' has a different form in each font but this is incidental. Note that all of the special fonts used in the manuscript for this book, including the Devanagari script, may be downloaded free of charge from the Internet. Information about this will be provided later.

This, then, (a, a) is the first letter of the alphabet and the first vowel or, to use its correct term, *svara*, meaning 'sound'. It is the most common vowel and is assumed by default whenever a consonant is spoken of. That is to say, when we speak an English consonant, we have to introduce a vowel before or after it in order to make a sound. When we speak the letter 'm' we effectively say 'em'. It is never possible to speak a consonant without doing this, however slightly. When we speak the letter 'b', the expressed vowel comes after the word and we say 'be'; with 'k', we say 'kay' and so on. Whenever a Sanskrit consonant is spoken, the letter 'a' is sounded after it –

without exception. So much easier! A word such as *aham*, meaning 'I' is an example of the use of *a*. (I will give a simple or useful example with each letter to help put it into context and aid memory.)

#### 2. i, i

If the back of the tongue is now raised slightly towards the back of the roof of the mouth, keeping the front of the tongue down against the back of the lower teeth, and the same short movement of the vocal chord is made, a slightly different sound emerges. This sounds a bit like the short 'i' in bit. It is written:

#### i, i

The word *iti*, meaning 'thus' is an example. It is frequently used in the scriptures to add stress to what has just been said.

#### 3. R^i or RRi, r

The next two vowels seem strange to Westerners but follow the logic of the development. The underlying sound for both of these is the '*i*' sound just covered but the tongue is first moved further forward in the mouth. If you raise the tip of the tongue until it is almost touching the roof of the mouth and then, make the '*i*' sound as before, the next vowel sound emerges. Modern students often actually flick the tongue downwards as the sound is made so that the result sounds something like 'r*i*' in the word rip. Strictly speaking, the rolling 'r' beginning is not clearly enunciated because the tongue never actually touches the roof of the mouth. However, this articulation is not correct. The way in which it is written in the two forms of transliteration now differs clearly. In ITRANS, the special character '^' (caret) was used in the early versions, but one which is nevertheless easily produced from the normal typewriter keyboard. In Romanised form, a dot is used beneath the letter: *f* 

In the latest version of ITRANS, an alternative form is available that does not use any special character, namely:

*RRi* but it should be noted that the popular, free software utility for generating Devanagari script, Itranslator 98, does not recognise this form in the present version (1.2.0.83). Nevertheless, *RRi* is the preferred form in the digital dictionary referred to later, so I will use this form preferentially.

One of the oldest, if not the oldest, of the Upanishads is the Brihadaranyaka. This is a typical anglicised spelling, which is in fact quite inaccurate. I will not jump ahead by giving you the full, correct spelling (look in the glossary if you must!) but the first vowel in the word is this one so that the beginning is *bRRihad*-. Incidentally, it is convenient to tell you at this point that there is no distinction between capitals and lower case in Sanskrit - there is just the one case. In our Roman alphabet, having learned 26 lower case letterforms, you then have to learn another 26 for the same letters in upper case. There is none of this in Sanskrit, which makes up to some extent for the fact that there are nearly as many *different* letters altogether and these often change their form in different situations!

#### 4. L^i or LLi, ]

For the next of the principal vowels, this procedure is repeated but now the tip of the tongue moves further forward still, to just behind the front teeth, before the 'i' is sounded. Again, modern speakers often flick the tongue up towards the roof and down so that the sound that actually comes out is 'lri'. Again, this is not strictly correct but it hardly matters since there are very few words in the language that uses this letter! The ITRANS form again uses the '^' symbol and the Romanised form the dot below the letter:  $L^{i}$ , I As before, the most recent release of ITRANS allows the form '*LLi*' to be used and this is the form that will be used here, subsequently. The word *LLi* means 'mountain'.

#### 5. u, u

Continuing the development, the emphasis finally shifts to the lips (labial position), having begun in the throat (guttural position), moved to at the back of the mouth (palatal), then to the roof of the mouth (cerebral) and then the teeth (dental). If a circle is formed of the lips but without any tension and the basic sound is made, a short 'oo' sound comes out as in soot or cut. This is the last of the simple vowels and is written the same in both transliterated forms:

#### u, u

This is, of course, the vowel that begins the word 'Upanishad' but this word is an anglicised version since, as you will discover, the 'sh' part is actually a single letter in Sanskrit. Also remember, there should not actually be a capital letter. You should not

worry too much about this latter aspect though. It is normal to use a capital where we would use one in English. This is especially the case (no pun intended) where a proper name is involved. It would be most unusual to come across the name Arjuna or, even more so, the name of a God, given in transliterated form without a capitalised first letter. If you are using Devanagari script, of course, the need to be aware of this etiquette disappears.

#### **B.** The Five Main Groups of Consonants

Before continuing to describe the other vowels, I will now switch to tell you about some of the consonants. The five vowels just described with their characteristic mouth positions effectively head up the five main groups of five consonants in each group. Consonants all effectively still sound the basic 'a' but 'stop' it from coming out in that simple way by varying the position of the tongue and lips in the way dictated by the vowel at the head of the group. The Sanskrit term for consonants is *vya~njana*, meaning a 'decoration' (of the basic vowel sound) but you will have to wait until later to find out how to pronounce this word.

#### 1. The first group of consonants (guttural)

The first group uses the mouth position of the 'a' for forming its five consonants so that this all takes place at the back of the mouth where it becomes the throat – the 'guttural' position.

#### a) k, k

The first consonant of this group is written 'k', sounded 'ka' as in cat. Of course, when a consonant is used in a word, it will only take the 'a' sound if it is immediately followed by the vowel 'a'. Just as we say 'tea' when pronouncing our letter 't' but, in a word such as 'tank', it is naturally pronounce 'ta'. An example of a commonly used Sanskrit term using this letter is '*karma*', literally meaning 'action'.

Clearly a consonant can occur at the end of the word, as our 'k' in 'rack' for example, and then we may not want to sound the associated vowel. If we were to do so, we would end up with a different word – in this example it would become 'rackay'. When this happens in Sanskrit an additional mark is added under the letter, called a *virAma*, literally meaning 'cessation', 'termination' or 'end' and is understood to Dennis Waite ©2003 14 mean 'don't make any vowel sound after this'. Consonants appearing at the end of a word, without a following vowel, are also called *halanta*. This means that a <u>consonant</u>, which for reasons I won't go into at the moment is represented by the abbreviation *hal*, is at the <u>end</u> – *anta* – of the word. Because of this, the *virAma* sign that indicates this is also called a *halant*. Thus, a *k* at the end of a word used to be written '*k*.*h*' in ITRANS, where the '.*h*' after any consonant means that it is followed by a halant and 'a' is not sounded after it. In fact, it is no longer necessary in ITRANS to do this – if the letter is written on its own at the end of a word, the halant is inserted automatically. The Devanagari letter for *k*, sounded 'ka' is:

#### क

and, when this appears at the end of a word and we do not want the 'a' that is associated by default with the letter to sound, a halant is added and it looks like:

### क्

There is no corresponding mechanism in the Romanised transliteration scheme for differentiating between the two. It is simply assumed (as is the case now with ITRANS) that, if no vowel appears after a final consonant, then none is sounded. All of this is common sense really and it might be seen as an unnecessary complication. If you intend to go on to the second level however, you will need to know why the form of a Devanagari character frequently looks slightly different when it appears at the end of a word.

#### b) kh, kh

The second consonant in the guttural group is written '*kh*'. Its pronunciation is much like the preceding one but with the addition of a slight breathy sound caused by actually letting out some air immediately following the 'k' sound. This method of uttering the sound is called 'aspirated'. It is often sounded like 'k-h' in 'cloa(k-h)at' but there is much too much emphasis in this – it is really more subtle. Consonants such as '*k*' are said to be 'with little breath' (*alpaprANa*) while ones like '*kh*' are 'with much breath' (*mahAprANa*). Again, I am giving you the correct Sanskrit term for these but I have not yet introduced all of the letters so you will not know precisely how to pronounce them. On the second and subsequent readings of course, there will be no problem.

The word '*khaga*', meaning 'bird' is often used in textbooks teaching beginners of Sanskrit.

#### c) g, g

The third in this group is written 'g', sounded 'g' as in gap (sounded without any additional breath following the consonant, i.e. *alpaprANa*). A well-known word beginning with this letter is 'guru', used to refer to a spiritual teacher, though its literal meaning is 'heavy'. In Sanskrit pronunciation, syllables that are emphasised (e.g. in reading poetry) are called *guru* as opposed to unstressed ones, which are called '*laghu*', meaning 'light'.

#### d) gh, gh

The fourth is written 'gh' and, like 'kh' is sounded with a superseding expelling of air – mahAprANa. It sounds like 'gh' in doghouse. The word 'laghu' just given above uses this consonant.

#### e) ~N, n

The final consonant in this group introduces a new term – *anunAsika*, meaning that the sound is made through the nose. It is written using a tilde followed by a capital N in ITRANS format ' $\sim N$ ' or with a dot above the lower case 'n' in Romanised format. There are four n-related sounds; hence the need for the special characters. This one has the sound of 'ng' made at the back of the throat and sounding through the nose, like 'sing' but with the ending further back in the throat like someone being strangled rather than singing!

The word  $\sim Na$  itself means 'an object of sense' or 'desire for any sensual object', though, in the dictionary, it is designated as 'L', meaning 'lexicographers' rather than as a masculine, feminine or neuter noun. This means that no one has ever found the word being used in any scripture or other historical text.

When one of these n-characters is followed immediately by another consonant, the 'n' will be the one that is in the same group as the consonant that follows. This is because many of the rules that govern this are based upon the sound that results. It would be

extremely difficult to make the correct sound of one these *anunAsika* consonants, immediately followed by the correct sound of another consonant, unless the two are in the same group.

Thus, an example of a word with which you are likely to be familiar, and that uses this letter, is '*satsa~Nga*'. This will typically be written as 'satsang' in Western books and it is in this form that you will probably have met it. It refers to the 'good company' of associating with like-minded people, and especially with ones who are self-realised. It is used for the question and answer sessions provided by the modern touring gurus. (This was not meant to sound derogatory!) The *anunAsika* used has to be '~N' because it is combined with the immediately following 'g' and, since this is in the first, guttural, group of consonants, so must the nasal letter be.

#### 2. The second group of consonants (palatal)

This second group forms the sounds in the back part of the mouth but not the throat. Based on the '*i*' vowel, these use the back of the tongue and the rear of the mouth and are thus called 'palatal'. They follow the same pattern as the previous group (as do all five of these groups of consonants, you will be pleased to know!). The first and third members are *alpaprANa*, the second and fourth are *mahAprANa*, and the fifth is *anunAsika*.

#### a) c or ch, c

The first is written 'c' or 'ch' in ITRANS and it is sounded like 'cha' in chap. Whereas English pronounces this by using the <u>front</u> of the tongue near the <u>front</u> of the roof of the mouth, Sanskrit uses the <u>rear</u> parts.

It is likely that you are going to be confused over the choice of representations here when we look at the next letter in this group. ITRANS allows either of these forms to refer to the same letter, whereas Romanised transliteration insists on the first alone. It is perhaps understandable that '*ch*' should be allowed since this is effectively how it sounds. There is no equivalent of the hard 'c' in English, as in 'tin can' – this would use the '*k*' from the first group. Nor is there an equivalent of the soft 'c', as in 'cervix' – this would use the '*s*' that we will look at later. Therefore, there is actually no confusion in just using '*c*' to refer to this 'ch' sound. However, many sources do use

*ch* and, since this is how it has to be sounded, I will use this form henceforth and *Ch* for the next letter.

An example that you will probably have encountered is '*chakra*'. It refers to the points in the spinal chord through which energy is supposed to flow and is particularly relevant in kundalini yoga.

#### b) chh or Ch, ch

The second character used to be written '*chh*' in ITRANS but, unfortunately, '*ch*' in Romanised. More recently, ITRANS has introduced '*Ch*' as the preferred option, which avoids the confusion somewhat, so that it might be best for you to learn this from the outset and ignore the '*chh*' version altogether. Certainly, you need to decide which scheme you are using in any given document and stick to it!

Since I have already said that the pattern of the first group is repeated in the others, you might guess that this is sounded much like 'ch' but with some added breath – and you would be right! Just remember not to make it too pronounced so that it comes out like 'mat(ch-h)ot' and it should be fine. If you are familiar with the Upanishads, you will know that one of the main ones is called the Chandogya. <sup>†</sup> The 'Ch' part of the word is this character.

#### c) j, j

The third is written 'j' and pronounced more or less as would expect, like the 'ja' in 'jam' spoken as far back in the mouth as you can without injuring yourself. It uses minimum breath again as for all in this third 'row' of the main consonants. (The full table will be presented at the end of this section on the five main groups of consonants.) If you meditate using a mantra, you will probably know that the practice of mental repetition is called 'japa'. This is a nice simple word pronounced exactly as you would expect, but remember to keep the vowels as short as possible – much shorter than typical English – American diction.

<sup>&</sup>lt;sup>†</sup> Again this is not the correct transliterated spelling but the commonly used Anglicised one. I will always use normal font for these examples. If the font is italicised, you will know that it is the correct ITRANSliterated format.

#### d) jh, jh

The fourth is written '*jh*' and you can work out now how it should sound – like 'j-ha' but not too much so. <sup>†</sup> The frequencies of letter occurrences in Sanskrit is very widely spread and there are quite a few letters that hardly occur at all. As noted above, the vowel *LLi* is very infrequent. (A longer version of it that will be discussed later is effectively non-existent!) *jh* is one of the less common consonants. An interesting example of a word that does use it emphasises the need for care. In English we have words which, with just a slight variation in spelling mean something quite different. Perhaps because there are so many more vowels in Sanskrit, this seems to happen much more often. The word *jhalA*, with a long 'a' sound at the end (which we have not yet discussed), means 'girl'. Spelling this with a short *a* at the end and two *l*'s gives *jhalla*, which means a 'prize-fighter'.

#### e) ~n (or JN or J), ñ

The final letter in this group is the second of the *anunAsika* characters (the 'n' type sounds made through the nose). It has a sort of 'ny' sound (as in canyon). However, whereas the latter is made by the front of the tongue at the front of the mouth, you have to try to make this sound with the back of the tongue positioned at the rear of the mouth. This mouth movement is very alien to Westerns and ideally, you should endeavour to listen to someone who knows how to pronounce the letter correctly. This applies to all of the letters but especially to ones such as this.

I did write a program in Microsoft® Visual Basic some years ago to aid in learning the Devanagari alphabet characters. This utilised the spoken sounding of Vyaas Houston of the American Sanskrit Institute (with his permission). This program is still available for free download from the main Sanskrit website and I was recently assured that it does still function with more recent versions of the Windows® operating systems on PC. It should be noted that it did have a number of shortcomings and one or two errors but nevertheless does provide correct soundings for the letters. If any

<sup>&</sup>lt;sup>†</sup> Note that the pronunciation indicated in the main text is that taught by SES in the UK. Other traditions have slight differences for some of the letters and, where I am aware of these, I will mention these in a footnote. Here, for example, *jh* is pronounced as the 's' in 'measure or 'z' in 'azure' by some traditions. This latter form may well be more representative of the original spoken language. However, for consistency, and because it is more logical, I will adhere primarily to the SES variation.

reader with the necessary skills should feel so inclined, an offer to update this program would certainly be accepted!

The only word listed in the dictionary beginning with this letter is another 'Lexicographers' word,  $\sim na$ , meaning a 'singer' or 'jingling sound' (or 'heretic' or 'ox'!) A common word that uses it, however, is  $j \sim nAna$ , as in jnana yoga, meaning 'knowledge'. This word is often confusingly represented in books, appearing sometimes as 'gyana' or 'gnana' and is very rarely pronounced correctly. This is not helped by the fact that the Itranslator Software permits *GY* to be used for the conjunct  $j \sim n$  so that *GYAna* is an allowable form of the ITRANS for this word. (The reason for this is that another transliteration scheme used this form of representation – see Appendix 1.) The ITRANS *J* is a recent change. It is not recognised by the current version of Itranslator software (1.2.0.83) but is accepted by the Monier-Williams interface software, which will be mentioned later.)

#### 3. The third group of consonants (cerebral)

This third group has now moved the mouth position another step forward so that the roof of the mouth is used, with the tip of the tongue pointing up to it. It is based upon the vowel *RRi*. To construct the main consonants, the tongue actually touches the roof. It is called the cerebral position.

#### a) T,ț

In ITRANS, all of this third (middle) group are written as capital letters to differentiate them from the fourth group, which appear very similar and also sound similar, simply moving the tongue nearer towards the front of the mouth. In the Romanised transliteration, the letters have a dot beneath them. 'T' is pronounced as the 't' in 'tab' but instead of having the tongue forward of the roof of the mouth, put it right up to the roof as you say it. That should have been spoken 'with only a small breath' as usual (*alpaprANa*).

All of the letters in this group are infrequent. If you encounter a word with a sound that might be in this group, it is far more likely that it will in fact be in the next group. If your philosophy is that of Advaita, you are very likely to have heard of the sage Astavakra, born deformed because of a curse from his father while he was still in his mother's womb. (Astavakra means 'twisted in eight ways'.) The 'Astavakra Gita' records how he taught King Janaka the truths of Advaita. The 't' in Astavakra is actually this one.

#### b) Th, țh

The second letter is the aspirated form, sounded the same as 'T' but with more breath as you make the sound (mahAprANa), a bit like 'po-<u>th</u>-ole' (pothole) – but remember that the tongue must begin at the roof of the mouth, i.e. not how we would normally sound this combination. It was noted above that the first group of consonants that we looked at, 'k' to '~N' is described as 'guttural', meaning that the sounds are made in the throat. The correct Sanskrit term for this group is in fact 'kaNTha', meaning 'throat'. There are other letters in here that we have not yet dealt with so that I will not show the correct transliteration of this word yet. I will use the proper terms for all of the groups etc. in the second part of the book but the 'th' part of this word is the letter being discussed.

#### c) D, d

The next letter is pronounced like 'd' in dot but as before, with the tip of the tongue right up in the roof of the mouth. Most spiritual seekers, whether or not they belong to the Advaita School, will have heard of the philosopher Adi Shankara, who systematised the philosophy of Advaita in the 8<sup>th</sup> century AD. The teacher of Shankara's teacher was Gaudapada, who is famous for writing a verse-commentary (karika) on one of the Upanishads – the Mandukya Upanishad. Unfortunately, all of these Sanskrit words are incorrectly represented, as you will discover later. But, for the moment, we can improve on this situation by acknowledging that the first 'd' in 'Gaudapada' and the one in 'Mandukya' are in fact this character, 'D' – the cerebral form of the 'd' sounding letter.

#### d) Dh, ḍh

The fourth letter sounds the same as the third but with more breath (e.g. go-dh-ead). An example is *Dhola*, which is a large drum.

#### e) N, ņ

The last in the group is another 'na' sound but with the tongue in the roof of the mouth. The word guNa uses this letter – and here is the first complete word consisting completely of letters you have now met. Instead of writing it (incorrectly) as 'guna', you can now use the correct transliteration of guNa or guna. It refers to the three 'qualities' of nature in Sankyha Yoga – sattva, rajas and tamas.

#### 4. The fourth group of consonants (dental)

This group of consonants is sounded with the tongue positioned just behind the teeth and called, unsurprisingly, dental. They are based upon the sound of the vowel *LLi*. The sounds are essentially the same as those in the cerebral group but sound much more natural to our ears and are very much more common. If you ever in any doubt as to whether a sound should be cerebral or dental, guess this one!

#### a) t, t

The first is 't'. It is sounded with the tongue actually touching the back of the teeth. This is further forward in the mouth than we normally use in English and is better represented by a word such as the French 'petite'. A simple example, or even two examples, is *tat* as in the mahavakya ('great saying' from the Upanishads) 'tat tvam asi' – 'thou art that'. It means 'that' and both t's are this dental character (in fact, this word begins its life as 'tad', as you will discover later). The final 't' is the 'halanta' form, meaning that there is no vowel sound following it and the Devanagari character will have a halant sign beneath it, whereas the first one will not.

#### b) th, th

Then comes the equivalent letter, but with more breath (*mahAprANa*), '*th*', pronounced as in 'but<u>th</u>ead'. <sup>†</sup> The adjective *sthita* means 'standing' and is used in the sense of 'steady' and 'firm' in the word *sthitapraj~na* in the Bhagavad Gita, where it means 'a man of steady wisdom' or someone who is Self-realised.

<sup>&</sup>lt;sup>†</sup> Another way in which this letter is pronounced (and those who do so would maintain it to be the correct way!) is as the English 'th' in 'path', for example. It has to be said that it seems easier, and more consistent, to pronounce the word *sthita*, for example, as is indicated in the main text.

#### c) d, d

Next is 'd'. This is essentially the same as in 'dog' but with the tongue starting out immediately behind the teeth. Perhaps the French 'donner' might be a better representation. The word *dama* means 'self-restraint', understood as control over the senses. It is one of the six qualities specified by Shankara as pre-requisites for the spiritual seeker.

#### d) dh, dh

This is the breathy equivalent of the previous character and is pronounced as the 'dh' in 'adhere'. A similar word to *dama* as just described, is *dharma*. Here the 'd' becomes 'dh' and the 'm' is compounded with a preceding 'r', which has not yet been introduced (it is not the *RRi* vowel). This word is possibly more familiar to many readers. It is commonly used to speak of such things as recommended practice, duty or conduct, and to refer to absolutes of justice etc. More appropriately, in a spiritual context, it means essence or essential quality or nature. Our own *dharma* refers to what we ought to be doing with our lives in order to move forward on some path towards realisation of our Self.

#### e) n, n

Finally, in this group, is the one sounded through the nose (*anunAsika*). This is pronounced just as in English, as for example in ...er 'nose'. The word *nAma* is a simple word, meaning 'name' as in the phrase *nAma-rUpa*, the 'name and form' of the creation that is, in reality non-dual, according to Advaita.

#### 5. The fifth group of consonants (labial)

The final group of the main consonants is sounded at the lips. They are called 'labial' and are based on the vowel *u*.

#### a) p, p

The first is 'p' just like our 'p', as in 'put'. The theory of *karma* tells us that we are effectively 'rewarded' as a result of 'good' or unselfish acts and 'punished' by 'bad' or selfish ones, if not in this life, then in future ones. The result of good action is called puNya; the result of bad action is called pApa. Both begin with this labial character.

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#### b) ph, ph

Then comes the corresponding breathy '*ph*', as in u<u>ph</u>ill. In respect of the karma just mentioned, books will often speak of the 'fruit' of action being either good or bad. The Sanskrit for fruit is *phalam*, beginning with this letter, and 'fruit of action' is *karmaphalam*.

#### c) b, b

Next is 'b', as in 'bad'. *buddha* means 'awake' or 'enlightened'. (Note that this word also contains both *d* and *dh* from the dental group, in a compound consonant.)

#### d) bh, bh

The *mahAprANa* '*bh*' is pronounced as in a<u>bh</u>or. The Bhagavad Gita begins with this letter. *bhagavat* means 'prosperous, happy'. *gItA*, when correctly spelt, does not in fact contain short vowels but long ones, which we will look at in just a moment – it means 'sung'. A gita is usually a philosophical or religious doctrine in the form of a sacred song or poem. Note that the '*t*' at the end of *bhagavat* becomes a '*d*' when it joins with *gItA* to become *bhagavadgItA*.

#### e) m, m

Finally, the *anunAsika* in this group is '*m*', pronounced as in 'man'. An example of its use is the word *manas*, which strictly speaking means 'mind' in its widest sense, including intellect, understanding, perception, conscience etc. In Sankyha philosophy in particular though, it is used in a much more specific sense. It refers to that part of the mind responsible for transmitting information from the senses to the part responsible for discrimination and judgement (*buddhi*) and then sending instructions back again to the arms and legs etc. Unfortunately, *manas* tends not to restrict itself to these proper functions but gets involved in 'thinking' – and this is the cause of many of our problems!

#### 6. Table of Basic Consonants

The table of the five groups of consonants, with the corresponding vowel shown in Column 1 for reference, is as shown below: -

Guttural	a, a	k, k	kh, kh	g, g	gh, gh	~N, п
Palatal	i, i	ch, c	Ch, ch	j, j	jh, jh	~n, ñ
Cerebral	RRi, <u>r</u>	T, <u>t</u>	Th, <u>t</u> h	D, <b>ḍ</b>	Dh, ḍh	N, ņ
Dental	LLi, <u>1</u>	<i>t</i> , <i>t</i>	th, th	<i>d</i> , <i>d</i>	dh, dh	п, п
Labial	и, ц	р, р	ph, ph	<i>b</i> , <i>b</i>	bh, bh	т, т

Table 1 – The Basic Consonants

This table will be expanded later to show the entire alphabet.

#### C. The long vowels

The basic five vowels that we looked at above are all <u>short</u> vowels – *hrasva*. This means that, when pronounced, the sound is made as short as possible whilst still being distinguishable – quite short! Each of these vowels <u>can</u> be sounded long and each long form is treated as effectively a separate vowel. The duration of the spoken sound is very precise. If the short form is treated as one measure, then the long form should be two measures. (A measure is called a *mAtrA* in Sanskrit.) The long form is called *dIrgha* and the '*I*' here is an example of the *dIrgha* form of '*i*'. In ITRANS, the vowel is shown as long either by putting two of them, as in *diirgha* <u>or</u> by capitalising it thus: – *dIrgha*. In Romanised transliteration, the long form is represented by a macron above the letter, i.e.  $\bar{i}$  in this example. To maintain the format of the presentation, we will look at each vowel in turn, giving an example.

#### 1. aa or A, ā

When the vowels become long, the pronunciation naturally changes slightly, too. Thus, the short 'a' becomes 'aa' or 'A' and sounds like the 'a' in calm. The word *Atman*, referring to one's true nature, the Self, which in Advaita is the same as the universal Self, *brahman*, begins with this letter.

#### 2. ii or I, ī

The short '*i*' becomes '*ii*' or '*T*' and sounds like the double 'ee' sound in words like sleep. The *gItA*, meaning 'sung', has already been mentioned. It is a common abbreviation for the *bhagavadgItA*, though there is also the other famous Advaita text - the Astavakra Gita. (The correct transliteration of this would be *aShTAvakra gItA* but we have not yet encountered some of the other letters.)

#### 3. R^I or RRI, r

The short ' $R^{i}$ ' or 'RRi' becomes ' $R^{I}$ ' (or 'RRI' in the latest release of ITRANS). Here there is no option of having two small i's. The Romanised version follows the same rule as for the other vowels, simply adding a macron. The *dIrgha* vowel is sounded as for the *hrasva* but with an 'ee' ending instead of 'i'. This vowel normally only occurs in the endings of some parts of some nouns and since this book is not addressing grammatical aspects, we can safely ignore it.

#### 4. L^I or LLI, $\overline{\underline{1}}$

Similarly, the short ' $L^{i}$ ' or 'LLi' becomes ' $L^{P}$ ' (or 'LLI' in the latest release of ITRANS) but, since there are no words at all known to contain it, this hardly seems to matter! Its existence seems merely to satisfy the need for logical completeness.

#### 5. uu or U, $\overline{u}$

Finally, short 'u' becomes long 'uu' or 'U' and sounds like the double 'oo' in root. The word *sUtra* uses the long form. It literally means a 'thread' or 'string'. It is usually used to refer to the terse, verse form used in scriptures to formulate the essence of some philosophical thought. Here the sense is of a thread that holds everything together like the beads of a necklace. Note that verses in the Vedas are usually referred to as *mantra*-s, since they are often used as objects of meditation.

#### 6. The even longer vowels

The vowels can be sounded for longer than two measures, in which case they are called *pluta*, meaning 'prolonged'. In this case, they are written with a number '3' below and just to the right of the letter, both in *devanAgarI* and in the Romanised version: ' $a_3$ '.  $a_3$  in ITRANS generates the Devanagari character with a (Devanagari) 3 adjacent to it rather than as a subscript. Having noted its existence, you really do not have to remember it; it is not usually encountered in words, being more relevant to chanting etc.

#### D. The complex vowels and additional sounds

We have not quite finished with vowels yet, as you will probably have realised, if you are at all familiar with Sanskrit terms. There are four vowels that result from combining the sounds of the three simple vowels: a, i and u.

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#### 1. e, e

When *a* is allowed to continue sounding beyond its natural, short measure, you get the prolonged ' $a_3$ ' sound. If this is allowed to continue sounding and you then raise the back of the tongue towards the '*i*' position, but stop before you get there, you should hear the sound of the first compound vowel, '*e*'. It's a bit like the 'a' in 'hate' but not so open as we would usually pronounce this. '*e*' can be regarded as the combination of '*a*' and '*i*'. It is sounded with the *dIrgha* measure, as are all of these four compound vowels, since they are effectively two vowel-sounds combined. It occurs in the word *deva*, meaning 'god' and, no, we haven't yet met that 'v' character!

#### 2. ai, ai

If, after making the above sound for 'e', you relax the tongue back towards the 'a' position but again stop before you get there, there is another sound formed as a compound between 'a' and 'e'. It sounds like the 'ie' in die. It is written 'ai' and it occurs in the dualistic philosophy *dvaita*, and of course the non-dualistic one *advaita*. The letter 'a' in front of a word always negates it. Thus, *vidya* means 'knowledge' and *avidya* means 'ignorance'. ('v' and 'y' will be dealt with in the very next section.)

#### 3. 0,0

If the sound 'a' is made and allowed to continue to sound while the mouth is slowly closed, the sound made before the lips come together is 'u'. If these two sounds are made together or, more practically speaking, if the sound corresponding to the midpoint between these two is made, the sound that emerges is 'o' (as in 'boat'). Since you are reading this book, you are presumably a spiritual seeker and your aim in life is therefore Self-realisation, enlightenment or liberation. The Sanskrit for liberation is *mokSha*. Here is the 'o' sound – it is <u>not</u> pronounced as in 'top'. All the other letters have been met already except for the 'Sh', which will be dealt with later.

#### 4. au, au

In a similar way to that described above for *ai*, if the mouth moves from the '*a*' (openmouthed) position to the '*o*' (partially closed) position but stops half-way, there is a sound similar to 'ow' in 'brown'. This is written '*au*' in ITRANS. Gaudapada was mentioned above as being the author of the Mandukya Upanishad but I did not give the full transcription. Since we have now covered all of the letters in his name, here it is -gauDapAda, giving an example of this compound vowel as well as a long and short 'a' and the two types of 'd'. It is <u>not</u> pronounced as 'o' in 'bone' but like 'ow' in 'town'.

#### 5. M or .n, m or m

All of the fourteen vowels have now been covered but there are two final letters to be added to complete the group of sixteen so-called  $mAtRRikA^{\dagger}$ . These are not really vowels themselves but act as modifications to a preceding vowel. (Note that, because of this, if they are talked about as letters in their own right, they assume an 'a' before rather than after.)

The first of these is called an *anusvAra*, meaning 'after sound' and is represented in Devanagari by a dot positioned above the preceding consonant. It is written as 'M' or '.n' and causes the preceding vowel to be sounded through the nose. In Romanised methods, it may be represented with a dot either above or below the 'm'. The best known Sanskrit-English dictionary, by Monier-Williams, uses the 'below' variant, while the ITRANSLATOR software mentioned later uses the 'above' variant. The precise nasal sound is determined by the consonant that follows it, in that it uses the mouth position corresponding to that for the consonant so that the effect is something like the nasal consonant (*anuAsika*).

The 'overdot' is produced in ITRANS by either M or .n but the latter should be used when the symbol is required in the middle of a word and the following letter is a consonant other than a labial one, when the former should be used. This helps us remember to sound it with the correct nasal. I will normally use M in all cases, however, since the dictionary utility, for example, does not recognise the .nconstruction.

It is also frequently used instead of a conjunct of a nasal with another consonant. Because of what has been said above, the pronunciation will be the same and it is a lot easier to write but is not technically correct.

<sup>&</sup>lt;sup>†</sup> Literally meaning 'divine mothers' but used in the sense of written characters that have magical powers. The 16 vowels are also sometimes called *shakti*, which also means 'power' or 'strength'.

The *anusvAra* occurs principally after the consonant 's', which we have not yet met. It makes words beginning with the letter 's' exceedingly difficult to find in the dictionary! An example with which you will almost certainly be familiar is *saMsAra*, referring to the 'eternal round' of birth and death that we apparently endure in the phenomenal world. An *anusvAra* also replaces an *m* at the end of a Sanskrit word whenever the next word begins with a consonant.

#### 6. H, ḥ

The other special letter that is not really part of the alphabet also modifies the sound of the preceding vowel It is written '*H*' and it has the effect of adding a brief, breathing out, 'unvoiced' sound after the vowel. It is as though there were a word beginning with 'h' immediately following and you start to sound it as soon as you finish the preceding letter (i.e. without changing the mouth position) but then realise your mistake and stop before the word itself starts to sound. It is called a '*visarga*', which means a 'sending out', 'emission' etc. It is represented by two dots placed to the right of the associated letter.

The Sanskrit for the overall 'organ' of mind, referring to the seat of thought and feeling, is called *antaHkaraNa*. It consists of the intellect (*buddhi*), responsible for discrimination and judgement; the memory (*chitta*); the function (*manas*) responsible for transmitting information from the senses and back to the organs of action; and the ego (*aha~NkAra*).

So, to recap, the 16 mAtRRikA, are as follows: -

а	aa	i	ii or	и	ии	RRi	RRI	LLi	LLI	е	0	ai	аи	аM	аH
	or A		Ι		or U										

Table 2 – The 16 mAtRRikA

#### E. The Semi-vowels

There are two small groups of letters left. The first of these is the group of four socalled 'semi-vowels'. They are formed by combining the sound of each of the four main vowels other than 'a' with the sound of 'a' itself. Each should be sounded at the appropriate mouth position, corresponding to the vowel that forms its starting point.

#### 1. y, y

If you sound '*i*' and then immediately change the mouth position to that of the '*a*' sound whilst still making the sound, what emerges sounds like 'ya' and this is the first semi-vowel or *antaHstha*: - 'y' as in 'yap'. This is the semi-vowel at the palatal position. There is none at the guttural position since this is the position of 'a' itself. Everyone will know the word *yoga*, even if not spiritually inclined.

#### 2. r, r

If you sound the vowel 'RRi' in the cerebral position, with the tongue towards the roof of the mouth, and combine it with the 'a' sound, you get 'r' as in 'rap'. *rajas* is the second of the three guNa; the quality associated with activity and passion.

#### 3. I,1

If you sound the vowel '*LLi*' in the dental position and combine it with the '*a*' sound, you get '*l*' as in 'lap'. The idea of God's creating the universe in order to 'play' or 'amuse' himself is called *IIIA* - two 'l' semi-vowels together with *dIrgha* versions of 'i' and 'a'.

#### 4. v, v

Finally, if you sound 'u' in the labial position and combine this with an 'a', you get 'v' as in 'wag'. Note that Americans seem to prefer to ignore this logical derivation and pronounce it as 'va' in 'van'. Since it is somewhat illogical to write it as beginning with a 'v' while sounding it as a 'w', I suppose both sides of the Atlantic have a case for their particular variant.

The word *vedAnta*, often written with a capital 'V', literally means 'end' or 'culmination' (*anta*) of 'knowledge' (*veda*). The four Vedas are the documents that form the essence of Hindu philosophy.

#### F. The Sibilants

Almost last of all in the Sanskrit alphabet are three sibilants or sss-sounds. A sibilant is called *UShman* in Sanskrit, and the 'Sh' in the middle of this word is the second of these three letters. They are in the palatal, cerebral and dental positions, respectively. In theory, there are also ones in the other two positions but these are so rare that they are usually ignored.

#### 1. sh, ś

In the palatal position, there is '*sh*' sounded by making a shh sound in that mouth position. It sounds like the 'sh' in 'cash'. I have just mentioned the *veda*-s as being the main source for Hindu philosophies. These are often referred to as *shruti*, which literally means 'hearing' and refers to the fact that they are essentially orally transmitted wisdom, passed on from generation to generation.

#### 2. shh or Sh, ş

The second, in the cerebral position, is '*shh*' (or '*Sh*' in the latest release of ITRANS) similar to the 'sh' sound in 'shall' but with the tongue up to the roof of the mouth. Continuing the theme of the Vedas, these '*shruti*' are said to be '*apauruSheya*', using this second sibilant in the middle of the word. This literally means 'not coming from men' but is usually translated as 'unauthored'.

#### 3. s, s

Finally, there is the dental 's', sounding like the normal 's' in 'sand'. The spiritual disciplines that we follow in search of our goal of Self-realisation are called *sAdhanA*. This means 'leading straight to a goal' and is used to talk about any sort of spiritual path in this sense.

#### <u>G. h</u>

This brings us to the last letter in the alphabet, *h*, sounding as you would expect, as 'h' in 'hat'. It is sometimes considered another sibilant and is also called *UShman*, which literally means 'heated'. The word '*aham*', meaning 'I', uses this letter. Note that in most anglicised words where an 'h' appears <u>after</u> another consonant, such as dharma, Shankara, chakra, Katha Upanishad, there will not be a letter 'h' present in the

Sanskrit word. In these examples, the actual letters are '*dh*' in *dharma*, '*sh*' in *sha*~*Nkara*, '*ch*' in *chakra* and '*th*' in *katha*. It is in those words where the 'h' appears, either on its own as in *aham* or <u>before</u> another consonant, as in *brahma*, that it really will be a '*h*'.

#### H. The Complete Alphabet

The order of the alphabet, if you want to look up a word in the dictionary, is as follows. The 16 *mAtRRikA* are at the beginning, in the order as shown in Table 1 above. Next, come the five main groups of consonants, in the order guttural, palatal, cerebral, dental and labial. Then come the four semi-vowels, the three sibilants and finally h, 49 characters in total. Table 2 summarises the alphabet in columns of similar sounds.

A	е	ai	Ι	RRI	LLI	U	0	аи		
A			i	RRi	LLi	и			М	H
K			ch	Т	t	р				
Kh			Ch	Th	th	ph				
G			j	D	d	b				
Gh			jh	Dh	dh	bh				
~N			~n	N	n	т				
			У	r	l	v				
Н			sh	Sh	S					

Table 3- The Complete Alphabet

The 'a' sounds, made almost in the throat, are called 'guttural' or kaNThya. The 'i' sounds, made a little further forward using the hard palate, are called 'palatal' or tAlavya. The 'RRI' sounds have the tongue beginning near the roof of the mouth and are called 'cerebral' or mUrdhanya. The 'LLI' sounds are made behind the upper front teeth and are called 'dental' or dantya. The 'u' sounds are made with the lips pouting in a small circle and are called 'labial' or oShThya.

#### Level 2 – The Devanagari Script

This section will now repeat the previous material but introduce each of the Sanskrit letters in the correct Devanagari script. We will also look at some of the ways in which letterforms vary depending on their position in the word and upon the nature of any adjacent letters.

#### A. The Five Basic Vowels, short and long

#### 1. a, a; aa or A, ā

(The heading here is the format that I will use for each letter in this section. It should be understood as: **a** in ITRANS, **a** in Roman; **aa or A** in ITRANS, **ā** in Roman) The Devanagari form of this letter was shown earlier, the only one that we have met so far. When it appears at the beginning of a word or when being written as a 'standalone' letter, it is written as follows:

#### अ

This is the simple, short (hrasva) form. The long (pluta) form looks very similar:

#### आ

You will probably have seen Sanskrit script at some time. If not, it would be surprising that you are reading this book. This being the case, you will have realised that, when characters are joined together to make a word, there is a continuous line at the top of the word spanning all of the characters. If you have looked at sutras in the scriptures, you may have thought that some of the words are exceedingly long! In fact, words are frequently joined together, depending on the nature of the sounds ending one word and beginning the next. Also, many words are formed as compounds, similar to those in the German language. In Sanskrit, this is called *samAsa* and can result in very long words that are effectively a mixture of nouns and adjectives.

Written Sanskrit is very efficient in its use of space and 'shorthand' is frequently used. Accordingly, in the *pluta* form of *a* here, all that is done is to add an extra

downstroke to the *hrasva* form and extend the bar at the top. Thus, you can see that the *hrasva* form has a single downstroke and the *pluta* form has two downstrokes. It has already been noted that all consonants, when sounded on their own are sounded with the vowel 'a' by default. Accordingly, when a consonant appears in a word and is followed by an 'a', Devanagari script does not bother showing anything else to denote this – it is <u>assumed</u> that an 'a' is present. Thus, the word *maha*, for example, meaning 'great', 'strong', 'abundant' etc., is made up of the letters *m* and *h*. It is the word that forms part of *maharShi* in Ramana Maharshi, for example. Here, *maharShi* means *maha RRiShi* or 'great Sage or saint'. We understand that the letters in *maha* will be sounded *ma* and *ha*. Accordingly, when the word is written in Devanagari, the letter *a* does not itself appear at all. The character for *m* is:

 $\mathbf{H}$  and that for *h* is  $\mathbf{\overline{e}}$  so that the word *maha* is written:  $\mathbf{H}\mathbf{\overline{e}}$ 

Another letter ahead of its place in the development is y. This is written:  $\mathbf{U}$ .

To return to the discussion of a, we can now see the use of the extra downstroke to lengthen the vowel in the word mAyA. This is usually just written 'maya' in Anglicised texts. It refers to the force that explains how we come to believe in a creation with people and objects. The Devanagari representation is:

#### माया

The single downstroke following a consonant (or a combination of consonants) means that it (they) is/are sounded with A, instead of just a. Appendix 3 looks at each of the vowels and how a consonant changes when used with them.

Before moving on, it must be mentioned that the principal Sanskrit-English dictionary, by M. Monier-Williams, uses a rather different version of this character. It is unfortunate that the very first letter to be encountered should occur in variants but it is as well that you be warned that this does occur for a few letters, though this does not usually cause any problems. This alternative character for '*a*' looks like this:

## ग्र

Moreover, it adds a second vertical line at the right in just the same way when made into the *pluta* vowel. Appendix 2 lists those letters that may be found using alternative forms to those used in this book and shows these different forms for comparison. In the main text, I will only show variants where these are found in Monier-Williams, since this is a likely reference for readers. The other source of variants is the School of Economic Science in England. This is major centre for the study of Sanskrit in England and around the world and they do have a few variations on the letter forms most commonly used elsewhere.

#### 2. i, i; ii or I, ī

The Devanagari form of the hrasva form of this character is: -

$$\mathbf{\xi} = i$$
 and the *pluta* form is  $\mathbf{\xi} = ii$  or *I*.

A simple extra vertical line cannot now be used for lengthening the vowel because that has been reserved for the long a. Instead, this 'hook' shape, open to the right, is added to the top of the letter. It is this element that is taken and modified in order to represent the use of this letter when it appears in the middle of a word. An example of the short *i* in a word is *milita*, meaning 'met, encountered' or 'connected, combined with'.

milita is written मिलित in Devanagari. The three consonants will be encountered

later. The significant point to glean from this example is the representation of *mi* and *li*. Having said that we cannot use a simple following vertical line as was done to lengthen the short *a*, there is still scope for such a means in a slightly different way. What is done is to put a vertical line before the consonant, and then join the top part of it to the top of the line by a 'hook' form similar to that which distinguishes the vowel on its own

There might be some concern at the apparent reversal of the symbols here, so that the *mi* and *li* appear to be read from right to left as it were. There are possible explanations for this (to do with avoiding confusion with the representation of the complex vowels) but once this particular combination of consonant joined to

preceding vertical line has been mentally associated with a short *i* sound, there should be no problem.

The word *jIva* is used to refer to what is often called the 'embodied Self', the mistaken identification of our true nature with a limited body and mind.

जीव . The letter j is obviously ज (remember that an a is assumed to follow by

default). A simple, extra vertical line following j would represent the lengthened A. Here, the lengthened I is represented by a vertical line <u>following</u> the letter and then

joining it back to the top of the *j*. The letter  $\mathbf{\overline{q}}$  is a simple *v* sounded with a short *a*.

#### 3. R<sup>^</sup>i or RRi, r; R<sup>^</sup>I or RRI, r

The Devanagari forms of the hrasva and pluta versions of this letter are: -

**来** - RRi; 来 - RRI

In the case of i, the part of the letter to be particularly noted was the 'hook' or 'flag' above the letter in its long form. Here, the key part to remember is the 'hook' hanging down at the right of the letter in all representations. It is this part alone that is used when the vowel appears in the middle of a word, associated with a preceding consonant(s). Thus, if the vowel is attached to the consonant k to become kRRi, for example, the Devanagari form changes as below:

**क** changes to **क** i.e. a simple hook is added to the bottom of the vertical line of the

main character, *k*. The word *kRRita* means 'done', 'performed', 'made ready' etc. and is written:

**\overline{p}** - the letter *t*,  $\overline{d}$ , appears unchanged, with an assumed *a* following, while the *k* 

adds the 'hook' to the bottom indicating that it is sounded with RRi instead of a. It would be useful to add a warning here, incidentally. The vowel RRi must not be confused with the consonant r. There is a word kriyA for example, which means 'doing', 'performing' etc. It has no RRi vowel present at all but uses the consonants k Dennis Waite ©2003 36

and *r* together with the vowel *i*. If ever in any doubt, this latter form is the more likely. Remember that the vowel *RRi* is not very common, *RRI* is even less common, *LLi* is hardly ever seen and *LLI* is never seen.

# 4. LLi or $L^i$ , $\frac{1}{2}$ ; LLI or $L^I$ , $\frac{1}{2}$

The Devanagari forms of the hrasva and pluta versions of this letter are: -

 $\overline{\mathcal{R}}$  and  $\overline{\mathcal{R}}$  but, given what has been said above, I will not give any examples. The

'key part' of the letters *LLI* might be thought to be the 'double hook' at the bottom right and this is indeed unique. However, the hook at the bottom of *LLi* is the same as the one for *RRI* so this technique is not appropriate. In fact, in the unlikely event of these vowels appearing in the middle of a word, the entire letter is used beneath the preceding consonant. Thus, in combination with the letter k, for example:

 $\mathbf{F} - ka$  becomes  $\mathbf{F}$ . It is useful to look at this letterform closely. All that has

happened is the letter LLi has literally been positioned beneath the letter k. You will discover later that this sort of letter combination is frequently used in Sanskrit. In all cases, the letter at the top is sounded first, followed by the one below. Here the sound is kLLi. The combination kLLii or kLLI can be formed in exactly the same way. However, an alternative way of combining them is to position the LLi part immediately to the right, as shown below:

The fact that the letters are combined is shown by dropping the right hand loop

of the *k* and joining it on to the *LLi*. This form of combining letters is also commonly used. In fact, you will find that sometimes one form is used and sometimes the other for some combinations, the choice almost being a matter of personal preference. This will be discussed in more detail later.

# 5. u, u; uu or U, ū

The Devanagari form if the *hrasva* form is:

उ and the *pluta* form is: ऊ

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Here is another way of modifying the basic letterform to signify a lengthening of the vowel sound. When it comes to using this vowel in the middle of a word, following a consonant, again we do not use the letter itself but a shorthand version. The short u sound is represented by a '9' shape, lying on its back as it were, beneath the preceding consonant. If it is a long U sound, then the shape is inverted.

I will use the word *guru* as an illustration here because you will have to find out eventually that the letter r does not always behave itself and follow the rules. In the case of sounding with u (and U), instead of adding the symbol beneath the letter like all of the other consonants, it forms its own specially modified symbol. Thus, the *gu* 

part of the word is as expected. The letter g looks like:  $\mathbf{I}$  when sounded with a and  $\mathbf{I}$ 

when sounded with u. The letter r is written  $\mathbf{\overline{V}}$  with a but  $\mathbf{\overline{V}}$  with a u. Thus the word

guru is written: गुरु

The classical five gross elements (ether, air, fire, water, earth) are called the *mahAbhUtAni* (plural), with any one of them being a *mahAbhUta*. The Devanagari for this is: **파**हाभूत with the '9' shape lying 'face down' underneath the *bh* character, **\Frac{H}**.

# **B.** The Five Main Groups of Consonants

The Sanskrit term for consonants is *vya~njana*. One of the meanings of this is simply 'a consonant' but it also has the sense of an 'indication' or a 'decoration' (of the basic vowel sound). As you saw in the first section of the book, twenty-five of these are grouped in five sets of five 'underneath' the basic vowels described above. These 25 consonants are called *sparsha*, literally meaning 'touching' or 'contact', so called because they are formed by contact of the 'organs of utterance'. They are formed by

positioning the mouth (tongue or lips) in such a way as to 'stop' the sound of the vowel in some way.

#### 1. The guttural or kaNThya consonants

The first group uses the mouth position of the *a* sound for decorating and takes place at the back of the mouth where it become the throat – the 'guttural' or *kaNThya* position.

# a) k, k

The first consonant of this group is written:

क – k. An example is kAma, meaning 'desire' or 'longing': काम

As written, the character <u>includes</u> the sound 'a' after it. In the example of kAma, it has the further vertical line to signify a long A. Although it cannot be sounded on its own without a vowel, it could occur at the end of the word (as 'k' in 'rack' for example). In this case, it would have the *virAma* sign after it. This looks like: -

क् – The verb lak means to 'taste' or 'obtain': लक्

This use of the *virAma* applies to all consonants. Note, incidentally, that it is the form of the letter + *a* that is used when a consonant is in conjunction with any other vowel. i.e. not the halanta form. A *virAma* under a letter always means that it is not sounded with any vowel.

#### b) kh, kh

The second consonant in the kaNThya group is the mahAprANa 'k' sound, written:

 $\mathbf{R}$  – kh. An example of its use is given in connection with the next letter.

#### c) g, g

The third in this group is written:

 $\mathbf{I}$  – g. The word *khaga* was given as an example of *kh* in Section 1. It means

'moving in air', or more specifically, 'bird': रवग

Strictly speaking, when referring to nouns, account ought to be taken of the fact that Sanskrit nouns have gender. *khaga* is in fact masculine and would be written *khagaH* in the nominative case, with a *visarga* (see Level 1 Section D. 6):

# खगः

It has to be recognised that Sanskrit is similar to languages such as Latin, in the sense that nouns change their endings according to the part of speech being played in the sentence. Verbs, too, conjugate in a similar way with endings dependent upon tense and number (which can be 'one', 'two' or 'more than two'). But I will not be addressing any of these aspects in this book.

# d) gh, gh

The fourth guttural consonant is written:

 $\Xi$  – gh. We have already met the word *laghu*, meaning 'light' or 'short' (and the

opposite of the more frequently encountered guru). It is written: ऌឫ with the default

'a' sound after the gh converted to a 'u' sound by the '9' lying on its back underneath.

#### e) ~N, n

The final consonant in this group is the *anunAsika*, ~*N*, and it is written:

**ङ** - ∼N.

The word that is used to give a name to the way in which our true Self becomes identified with some thing (object or idea) in the outside world is usually written 'ahankara' in Anglicised texts. It is often used interchangeably with our word 'ego'.

In fact it derives from two words – *aham* meaning 'I' and *kAra* meaning 'making' – the literal interpretation being 'the making of the utterance "I"'

Now you will see if you look at some Sanskrit sentences that many of the words seem very long. This is because individual small words, adjacent to each other in a sentence, are combined together unless a spoken syllable naturally coincides with the end of a word. Also, there are a number of rules governing the way in which various sounds combine when they appear next to each other. These prevent, for example, the situation where one word ends in a vowel and the next word begins with one, by merging the two. E.g. if the first ends in a or A and the next begins with a or A then the two words are joined with just one A. These rules are comprehensive and logical so that the sorts of problems encountered in other languages are avoided. I will mention a few of these rules later.

Accordingly, in this example, when *aham* and *kAra* come together, it would not sound naturally to make an 'm' sound and immediately follow it with a 'k'. The Sanskrit *k* is sounded at the back of the throat and it sounds far more natural to sound the *kaNThya*  $\sim N$  since it is the same position. Try sounding them both and see. The resulting sound of the two consonants combined is similar to the Egyptian 'ankh' sounded at the back of the throat. So the resulting word is sounded *aha* $\sim NkAra$ . In fact, the *devanAgarI* script is not usually written to reflect this, even though it is, strictly speaking, the correct representation. This is because of the *anusvAra* that was dealt with in Section 1 D.5. This is often used in the middle of a word whenever we want to make an *anunAsika* consonant whose precise sound will depend upon the consonant that follows. And regardless of this sound, it can always be represented by the dot placed above the preceding consonant. Devanagari is very economical! Thus, this word appears as *ahaMkAra*. (ITRANS allows you to represent this instead as *aha.nkAra*. This generates exactly the same Devanagari but reminds us that this is an internal anunAsika followed by a consonant which is not a labial.)

# अहंकार

The first letter is  $a - \mathfrak{A}$ , which this time appears in its full glory since it is the first

letter in the word. The next letter is '*h*', briefly met earlier -  $\overline{\xi}$ 

Since we want it to sound like  $ha \sim N$ , because it has a *k* following it, we need to add an *anusvAra* and it becomes -  $\vec{\epsilon}$  I.e. the dot that made the *a* into *aM* is simply placed above the letter - the vowel *a* is assumed since nothing appears to the contrary. The next letter is *k*. If we wanted this to sound as *ka*, it would just be written  $\vec{\epsilon}$ , with a short *a* being assumed by default. In fact it is followed by a long *A*, hence the extra downstroke following the letter:  $\vec{\epsilon}$ 

Finally, the last letter, also encountered earlier, is the semi-vowel r. Here the sound is ra so the letter is written as itself, with the a assumed.

The character is **र** and this completes the word - ahaMkAra - अहंकार

This word does not actually contain the letter  $\sim N$ , so I will give, as an example, the somewhat artificial word  $\sim NakAra$ . This means 'the letter  $\sim N$ '. You can add the word *kAra* to any letter to make a word such as this. The word *kAra* itself means 'making' or 'doing' or, in this sense, 'the term used in designating a letter or sound'.

# डन्कार - ~NakAra

This then completes the first column of the 25 main consonant, the *sparsha vya~njana* - the guttural or *kaNThya* family.

#### 2. The palatal or tAlavya consonants

The second group forms the sounds in the back part of the mouth but not the throat. Based on the *i* vowel, these use the back of the tongue and the rear of the mouth; they are called 'palatal' or *tAlavya*. They follow the same pattern as the previous group (as do all five of these groups of consonants) in that the first and third members are *alpaprANa*, the second and fourth are *mahAprANa* and the fifth is *anunAsika*.

#### a) ch (or c), c

The first, then is written:

 $\overline{\mathbf{T}}$  - ch. The word *chit* refers to pure thought or Consciousness, as in the word *sat*-

*chit-Ananda*, more correctly written *sachchidAnanda* when the correct combinations of joining words are taken into account, referring to the being-consciousness-bliss nature of the non-dual Absolute of Advaita. The word *chit* is written:

factorial q with the ornamentation above the c joining to a vertical in front of the letter to

signify that ch is sounded with i instead of a and with a virAma after the letter t.

#### b) Ch (or chh), ch

The second character in the *tAlavya* group is written:

# **छ** - Ch

The word *Chid* has nothing to do with the apparent part-word in *sachchidAnanda* above. In 'everyday' pronunciation, even by those who actually have some knowledge of Sanskrit, the difference in pronunciation will probably be indistinguishable. *Chid* should have a little more breath following the basic 'ch' sound common to both. In *sachchidAnanda*, *sat* converts its ending *t* into a *ch* when joining to the next word *chit*, which in turn converts its ending *t* into a *d* when joining to *Ananda*. Whereas the word *chit* is spelt with a *ch* and means 'Consciousness', *Chid* is spelt with a *Ch* and means 'to cut'.

# छिद् - Chid

#### c) j, j

The third letter in this group is written:

 $\overline{\mathbf{J}}$  – j and a simple example is the word meaning 'moving' or 'living' but more often

used for 'world', 'mankind' or even 'universe' - jagat. This is written: जगत्

Here you see *ja* and *ga* (both sounded with *a*) and a 'halanta' *t* (i.e. with a *virAma* since this is not sounded with *a*).

# d) jh, jh

The fourth letter, not a very frequently occurring one, is written:

इस – jh and the example used in Section 1 was *jhalA*, meaning 'girl': इला

The letter form used by the Sanskrit-English dictionary looks rather different:

ج - jh as used in Monier-Williams dictionary.

# e) ~n (or JN or J), ñ

The final letter in this group is : -

 $\overline{\mathfrak{A}}$  -  $\sim$ n – this is another infrequent letter. It is also one which rarely exists other than

in conjunction with another consonant. We can have the word meaning 'the letter  $\sim n$ ' as earlier:

ञकार - ~nakAra but, although there is a separate section later on devoted t conjunct

consonants, it will do no harm to introduce one here. The word *kA*~*nchana* means 'gold', 'money' or 'wealth' or an adjective meaning 'golden'. It is written:

काञ्चन –  $kA \sim nchana$  and the structure is easily seen. का – kA is followed by ञ

(~*na*) on top of  $\overline{\neg}$  (*cha*) and then  $\overline{\neg}$  (*na*). The ~*na* appearing above *cha* simply means

that they are joined together and pronounced  $\sim ncha$ . (If the *cha* were on top of the  $\sim na$ , then it would be pronounced *ch* $\sim na$ ).

#### 3. The cerebral or *mUrdhanya* consonants

The third group forms the sounds with the tip of the tongue pointing up to the roof of the mouth. Based on the *RRi* vowel, they are called 'cerebral' or *mUrdhanya*. All of this third (middle) group have a dot underneath the Romanised character including the *r* vowel if you remember – this makes it easy to recognise the letter is  $m\bar{u}rdhanya$ . None of the cerebral consonants are very common. Two pages of the 1300+ pages of Monier-Williams cover all of the words beginning with them. If ever in any doubt as to whether a 't', 'th', 'd' 'dh' or 'n' sound is cerebral or dental, put your bets on dental every time!

# a) T,ț

This is written:

 $\mathbf{Z}$  – T – this is more common in the middle of words and especially after the sibilant,

*Sh*. Since the enjoyment of conjunct consonants is being reserved for later however, here is a word without any:

 $\overline{CITC}$  - tagara - three simple letters,  $\overline{C}$  (Ta)  $\overline{I}$  (ga) and  $\overline{C}$  (ra), joined together. Not a

terribly useful word, though. It means 'squint-eyed'.

# b) Th, țh

This character is:  $-\overline{\delta}$  – Th

The Katha Upanishad, one of the 10 major Upanishads, has this letter, so that its correct transliteration is *kaTha* and the 'Th' is, in fact, a single letter and not two. *kaTha* literally refers to the name of a Sage and founder of a school of philosophy. Actually, it is worth mentioning here that, when we speak of this document, it should not strictly be 'Katha Upanishad' at all. It is normal for several successive words to be joined together in Sanskrit and if a Sanskrit word ending in a vowel is followed by one beginning with a vowel, there will usually be a change of some sort. Here, the 'a' and the 'u' combine to make an 'o' sound and the correct title is *kaThopaniShad*. The representation of this vowel will be dealt with in the next section, when we have completed the five main groups of consonants.

kaTha is written: कठ

c) D, d

This is written: उ

If you are extremely alert, you will immediately notice that this character looks exactly like that for the nasal  $\sim N$  in the first group (*kaNThya*) except that the dot to the right is missing. The word *Dam* means 'to sound' (as a drum):

# डम्-Dam

d) Dh, dhThis is written:

ढ - the word DhAla means a 'shield' - ढल

# e) N, ņ

This is written:  $\mathbf{\Psi}$  - Na . Note that it has its own 'built in' vertical to the right, which

has nothing to do with its being sounded with an *a*.

$$\mathbf{T}_{N}$$
,  $\mathbf{T}_{N}$ ,  $\mathbf{T}_{N}$ ,  $\mathbf{T}_{N}$ ,  $\mathbf{T}_{N}$ ,  $\mathbf{T}_{N}$ ,  $\mathbf{N}_{i}$  and so on.

The word *kaNa* is an adjective relating to anything very small, such as 'a grain of dust', 'a flake of snow', 'a drop of water' or 'a spark of fire':

कण<sub>- kaNa</sub>

This is another letter having an alternative form. Though less frequently encountered, it is the one used in Monier-Williams so that you should learn to recognise it:

# रग

# 4. The dental or *dantya* consonants

# a) t, t

This is written: -  $\overline{d}$  and was seen earlier in *jagat* and *tagara*. The word *tad* means

'that' and, because a *d* frequently changes to a *t* at the end of a word (as will be discussed later), this word often appears as *tat*:

# तत्- tat

#### b) th, th

The mahAprANa th is written: -  $\mathfrak{A}$ . The word thUthU means 'the imitative sound of

spitting', while *thaithai* means 'the imitative sound of a musical instrument' (one wonders which!):

# c) d, d

This is written: -  $\mathbf{\overline{\zeta}}$ , not to be confused with the cerebral  $\mathbf{\overline{C}}$  *Dh*. We have had the

word *devanAgarI* so many times now that it is about time you saw the actual *devanAgarI* for it!

देवनागरी - you have met all of the other letters. Although we have not yet dealt

with v and r in this section, we had v in *jIva* and r in guru and kAra.

#### d) dh, dh

This is written: -  $\mathfrak{A}$  and must not be confused with gh -  $\mathfrak{A}$ . If you inadvertently close

the loop, joining it up to the bar at the top, thereby producing a gh when you really wanted a dh then you can make a little 'knot' or circle at the junction with the horizontal line and this is then understood to be a dh. This looks like the 'circle' that

is used in the letter *th* to differentiate it from y:  $\mathfrak{A} - tha$ ;  $\mathfrak{A} - ya$ . Some texts may use

this variant, too, since it can avoid confusion if the ink becomes smudged, for example.

The word *dhana* means 'a prize' or 'any valued object':

धन - dhana. Thus, dhanakAma, for example, means 'desirous of wealth' or

'covetous' (kAma meaning 'desire', if you recall).

#### e) n, n

Finally, in this group, the anunAsika (sounded through the nose) n is written, as you

know:  $\mathbf{F}$  and I think we have already had sufficient examples of this already.

However, you might like to see what the word anunAsika looks like:

# अनुनासिक

#### 5. The labial or *oShThya* consonants

#### a) p, p

A very common letter. It is written: - **प**. The word *para* is translated as 'far, distant,

remote' etc. and *parama* is the superlative, meaning 'most distant, remotest' etc. or 'best, most excellent' (or, somewhat incongruously, 'worst'). It appears in words such as *paramAtman*, meaning the supreme spirit.

पर-para; परम - parama; परमात्मन् - paramAtman (the tm bit will be explained

later).

#### b) ph, ph

This is written  $\mathbf{F}$  – a logical extension of *p* (for a change).  $\mathbf{F} \mathbf{F}$  *phala* means 'fruit'

or 'seed' but more generally refers to 'outcome' or 'consequence' etc. This example was used in the first section, where it was given as *phalam*, with the additional example of *karmaphalam*, meaning specifically 'fruit of action'. Lest there should be

confusion over endings here, it is worth mentioning a little about gender, although I do not intend to go into much detail.

There are three genders, as in languages like Latin and German – masculine, feminine and neuter – and, as in Latin, the endings change according to the part of speech. If you look up a word in the dictionary, the gender ending is not given. Thus, *phala* is spelt thus and indicated as 'n.' for 'neuter'. The 'nominative' case ending for this (i.e. the ending taken if the noun is the subject of a sentence) is, in fact, *am*. So, if you want 'fruit' to be the subject of a sentence (in the singular), the word to use is *phalam*.

#### c) b, b

This is written: - ब An important word in Shankara's Advaita philosophy is bAdha.

This is the process whereby a previously accepted point of view or way of thinking is supplanted by a quite different one. The word used to translate it is usually 'sublation' or 'subration'. The classical example in the scriptures is that of seeing a piece of rope in the dark and believing it to be a snake. When a torch is brought to bear on the subject, the mistake is realised. Realising the lake in a desert to be merely a mirage is

an example of sublation or bAdha: बाध

#### d) bh, bh

This is written: -  $\mathbf{H}$  another of the letters without a complete bar across the top. The

word *bhagavat* means 'fortunate, prosperous, happy' or 'glorious, divine' or 'holy' when applied to gods etc. (*bhagavad*, as in *bhagavad* gItA is the comparative form).

# भगवत् - bhagavat

As with *dh* above, there is an option here to have the bar continuing across the top (thus joining up and making the letter look like a *m* below) and then drawing a loop or

circle at the top. The presence of the circle would make it clear that this is bh and not m.

#### e) m, m

Finally, the *anunAsika* in this group is written: - **H** and we have seen this in several

words, such as *maha*, *mAyA*, *milita* and *Dam*.

# 6. Table of main consonants and corresponding vowels.

Here is the complete list of the five groups: -

kaNThya	a	k	kh	g	gh	~N
	अ	क	ख	ग	घ	ङ
tAlavya	i	ch	Ch	j	jh	~n
	হ	च	च	ज	झ	ञ
mUrdhanya	RRi	Т	Th	D	Dh	Ν
	ऋ	ट	ठ	ड	ठ	ण
dantya	LLi	t	th	d	dh	n
	ल	त	थ	द	ध	न
oShThya	u	р	ph	b	bh	m
	उ	Ч	ፍ	ब	भ	म

Table 4 - The Five Main Groups of Consonants (Devanagari)

#### C. The Remaining Vowels

The Sanskrit term for the complex vowels (*e*, *o*, *ai*, *au*) is *saMyukta svara*-s). (Note that when writing about a plural Sanskrit word, it is common practice to write the single word and follow this with '-s'. In Sanskrit itself, the word would take the appropriate ending, of course, depending on declension, gender and number.) *saMyukta* means 'joined together' or 'combined'.

#### 1. e, e

If you look back to the first section to remind yourself, you will recall that five more compound vowels are formed by combining the sounds of the three main ones, a, i and u. The first of these, e, is formed when a combines with i. It is written:

प and the word eka, meaning 'one', as a (declining) adjective: एक

You can probably guess that, like the other vowels, this changes its appearance when following a consonant. With i and I, an extra vertical line was added to the left or right respectively and joined up to the preceding consonant. With u and U we had the figure 9 lying prone or supine respectively underneath the letter and so on. In this case, the sign used to indicate e is a single left-tending mark above the letter, often called a 'flag':

$$\mathbf{e}_{\mathbf{v}} + \mathbf{v} = \mathbf{e}_{\mathbf{v}} - \mathbf{k}_{\mathbf{v}}$$
. The *kena* Upanishad, for example is  $\mathbf{e}_{\mathbf{v}} = \mathbf{e}_{\mathbf{v}}$  (except that, if you

recall, this should actually be *kenopaniShad*, since the adjoining *a* and *u* will become *o*).

#### 2. ai, ai

The further combination of *e* with *a* gives rise to *ai*, written:  $\mathbf{V}$  which can easily be

seen as being identical to the character for e with the addition of a single 'flag'. It can further be seen that this 'flag' is identical to the one used in conjunction with a consonant to indicate that it is sounded with e. It is logical therefore that, when we want to sound a consonant with ai, we simply use <u>two</u> flags:  $\mathbf{e}_{\mathbf{k}} + \mathbf{\hat{q}} = \mathbf{\hat{k}} - \mathbf{kai}$ . The word *shaiva* means 'relating to or belonging to the god Shiva'

or 'a worshipper or follower of Shiva'. We haven't met the Devanagari for *sh* yet but it should pose no obstacle as long as you note that the single vertical on the right of the letter is part of the letter and not an indication that it is sounded with *A*:

#### 3. 0,0

This is the vowel resulting from the combination of a with u and is written:  $\mathfrak{R}$ .

(Note that, because this letter uses the same basic character form as for a - A, it appears differently in Monier-Williams, having the different version of A with a flag added.) The letter is rarely seen in this form since there are few words beginning with o. One obvious exception might be thought to be the word om, which most people, not just 'spiritual seekers' will have heard of. Occasionally, this will be seen in this form:

ओम् Strictly speaking, this ought to be written: ओ<sub>३</sub>म् with the 3(3) sign

indicating that the *o* should be sounded as 'prolonged' and not simply as two measures but you are unlikely to meet it in this form. This word is so important that it

actually has its own symbol, called the *praNava shabda*: 🕉 . You will probably

recognise it (certainly if you have been to India you will – apparently it is prominently displayed on all of the buses amongst other things!) This symbol is generated in ITRANS by the characters *OM*.

*praNu* means 'to make a humming or droning sound'. If you have heard monks repeating it, you will understand why – the 'm' sound at the end is continued with a resonating humming sound. *OM* is the symbol for God and its purpose is to convey the sense of God's universality. Names are used to represent those objects, concepts etc. about which we wish to speak. All words are necessarily limited – after all, they invariably contain only a few letters of the alphabet. The name we give to God would

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ideally contain all letters and all ways of sounding them. OM achieves this by utilising the scientific way in which the Sanskrit language is constructed. As has already been pointed out, all of the sounds originate with the basic sound of 'a', sounded by simply moving the vocal chords with the mouth wide open. All of the remaining letters use this with the mouth, tongue and lips being progressively modified. In fact, only the vowels actually sound; the purpose of the consonants is to curtail the sounding of the vowels in different ways.

Now, if the sound 'a' is made and continues to sound while the mouth is slowly closed, the sound made at the 'mid-point' as it were, is 'u'. If these two sounds are made together or, more practically speaking, if the sound corresponding to the mid-point between these two is made, the sound that emerges is 'o' (as in 'boat'). If the mouth continues to close while still making the basic sound, the ultimate sound when the lips come together is 'm'. Thus, bringing all of these aspects together, the sound that encompasses the entire range of possible sounds is 'a - u - m'. When sounded in practice, this is 'OM'.

It is not just a word, devised by someone in antiquity to represent a concept so that he could speak about it to another. It is THE word, as in 'In the beginning was the Word, and the Word was with God, and the Word was God'. One of the major Upanishads - the mANDUkya – has the whole of its few twelve verses about this word. It says that the syllable OM is Brahman, reality itself. Each part of the word is identified with a different aspect of consciousness. a is the waking state, u the dreaming state and m the deep sleep state. Together, OM represents that level of consciousness that forms the substratum of all three, effectively a fourth level of consciousness called *turIya*. The word also represents the union of the three gods, *vishNu* (a), *shiva* (u) and *brahmA* (m) in the Hindu religion.

Because the sound includes all possible sounds, it is effectively present in or behind all other words – it can be regarded as the source of all other words; the seed from which they arise. This single word has the capacity to create all other words and thus represents the capacity of God to create all things in the world. It is a universal sound, not restricted to any religion. It is the 'AMEN' in Christianity. If you listen to the word being correctly sounded, the vibration continues after the sound of the word itself ends. This 'unspoken' sound is always there in the absence of other sounds (and of mental activity of any kind!) – prANa, the basic vitality of life itself. It is the sound at the end of meditation when the mind is perfectly still; the sound to which T. S. Eliot refers in his magnificent work 'The Four Quartets': -

And the end of all our exploring Will be to arrive where we started And know the place for the first time. Through the unknown, remembered gate When the last of earth left to discover Is that which was the beginning; At the source of the longest river The voice of the hidden waterfall And the children in the apple-tree Not known, because not looked for But heard, half-heard, in the stillness Between two waves of the sea. <sup>†</sup>

But what happens when o appears in the middle of a word, as is much more common? Well, in common with what has been found throughout the language so far, we look for the distinguishing feature of the letter on its own. This looks like the letter A but has a single 'flag' added. We know how to make a consonant sound with the vowel A– we add a single vertical line to the right. Therefore, in order to make it sound with o, we add a single vertical line and a single flag.

 $\mathbf{a}_{k} + \mathbf{A} = \mathbf{a}_{k} - \mathbf{k} + \mathbf{o} = \mathbf{k}\mathbf{o}$  We mentioned the word *yoga* in the first section as an

example of the letter y. The Devanagari for this is: योग

#### 4. au, au

This results from the further combining of o with a and, in just the same way as ai was a sort of 'step further' than e, so au is formed by further modification of o. This

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<sup>&</sup>lt;sup>†</sup> Four Quartets by T.S. Eliot, Copyright Faber and Faber Limited, ISBN 0-571-04994-X

modification is done in exactly the same manner – a second 'flag' is added to the character:

ओ (again this uses the different form of a in the Monier-Williams dictionary.)

Following the example of e - ai, it should come as no surprise at all that, when au appears in the middle of the word, the preceding consonant adds a vertical bar and two 'flags' to represent the sound:

$$\mathbf{a}_{\mathbf{b}} + \mathbf{A} = \mathbf{a}_{\mathbf{b}} - \mathbf{k} + au = kau$$
 The word mauna means 'silence': मोन

#### 5. M or .n, m or m

*aM* and *aH*, the *anusvAra* and the *visarga*, though 2 of the 16 *mAtRRikA*, are not really vowels but neither are they consonants. They are sometimes called *ayogavAha*, which means 'not belonging to', though paradoxically, since they actually need another 'real' letter in order to be able to sound them at all, they are also sometimes called *yogavAha*, 'belonging to'.

The *anusvAra* is written:  $\Im$  - *aM* - when it is sounded as itself and is better thought

of as a 'nasalised' vowel than as a consonant. Here, it is effectively the *a* that is being modified, so you can see that the 'significant part' of the character is the single dot over the letter. When it appears in conjunction with a consonant, this dot is how it is represented:

$$\mathbf{a}_{\mathbf{b}} + \mathbf{A}_{\mathbf{b}} = \mathbf{a}_{\mathbf{b}} - k + aM = kaM$$
 Note that the ending  $-am$  of many neuter nouns is not

an *anusvAra* but a halanta *m* so that *phalam*, for example that we had earlier, meaning 'fruit' or 'consequence', being a neuter noun is written *phalam*, when in the role of subject of the sentence (nominative):

# फलम्-phalam.

The word *saMyoga* means 'conjunction' or 'combination' and, as you will see later, is used to refer to a combination of two or more consonants. It has an internal *anusvAra* and is written: संयोग. (We met y in *mAyA* and s in *anunAsika* but will deal with

them more fully shortly.)

Remember from Section 1 that the precise sound of the *anusvAra* depends upon the next consonant. It takes the sound of the *anunAsika* that is in its own group. Thus, if the consonant is p, ph, b or bh it will sound like m. If the consonant is k, kh, g or gh, it will sound  $\sim N$ ; if ch, Ch, j, jh, it will sound  $\sim n$ ; if T, Th, D, Dh, it will sound N; if t, th, d, dh, it will sound n. If it is a semi-vowel, sibilant or h, then it sounds m. The correct ITRANS representation is .n for all cases except the dental consonants . (This is when it occurs in the middle of a 'word', which may of course be a combination of several independent words. If it occurs at the end, it is simple written M and sounded as halanta consonant + aM)

# 5. H, ḥ

The visarga is written:  $\mathfrak{R}$  - aH, when sounded by itself. Again, it is the a that is

being modified and the change here is the addition of the two dots after the form of a. Accordingly, when it appears after a consonant, these two dots are used to signify that sound:

$$\mathbf{a} + \mathbf{A} = \mathbf{a} + aH = kaH$$
 It was mentioned earlier that the ending of many

masculine nouns, in the nominative case, is *aH*. Thus, the word *bAlaka*, for example, meaning 'child, boy or youth', is written *bAlakaH* if it is the subject of a sentence:

# बालकः

#### 6. guNa and vRRiddhi

When an *a* is 'added' to a simple vowel (*a*, *i*, *RRi*, *LLi* or *u*) the resulting vowel is said to be 'stronger' and is called *guNa*. We saw above how *i* became *e* when added to *a*, and *u* became *o*. We also saw these being combined a second time with *a* to give *ai* and *au*, respectively. These second forms are even 'stronger' and are called *vRRiddhi*. The other simple vowels also have *guNa* and *vRRiddhi* forms, as shown in the following table. These become important when considering how part-words combine to form words. (This so-called 'internal *saMdhi*' is discussed shortly.)

Basic svara form	guna form	vRRiddhi form
अ <sub>, a</sub>	अ, <i>a</i>	आ, <sub>A</sub>
<b>इ</b> , i	<b>ए</b> , e	ऐ, ai
<b>उ</b> , и	ओ, o	औ, au
ऋ, RRi	<b>अर्</b> , ar	<b>आर्</b> , Ar
ऌ, LLi	अल्, <sub>al</sub>	आल्, Al

Table 5 – guna and vRRiddhi form of vowels

# **D.** Table showing the 16 mAtRRikA

अ	आ	พ	-fur	छ	ઝ	ऋ	秾	રુ	હ્ય	ए	ओ	ऐ	औ	अं	अः
а	A	i	Ι	и	U	RRi	RRI	LLi	LLI	е	0	ai	аи	аM	аН

क	का	कि	की	कु	कू	कृ	ᠼ	ક્ષ	क्लू	के	को	के	कौ	कं	कः	

 Table 6 - The 16 mAtRRikA (devanAgarl)

The *devanAgarI* letters appear in the top row in the form in which they would be written on their own or if appearing at the beginning of a word. In the second row is the ITRANS equivalent. In the third row is how they normally appear in the middle or end of a word, when combined with a consonant, in this case *k*.

# E. The Remaining Letters (semi-vowels, sibilants and h)

I will not repeat the discussion of the sounding of these letters and most of them have now been encountered earlier as part of other words. Instead I will simply give the *devanAgarI* form of each letter and provide some more examples of their use. The Sanskrit for the semi-vowels incidentally is *antaHstha* and for the sibilants *UShman*, which also includes the letter *h* (which is called the 'aspirate'). *antaHstha* means 'being in the midst' or 'between', i.e. standing between the vowels and the consonants. *UShman* means 'heat', 'steam' or 'vapour', perhaps because these letters sound like escaping steam.

# 1. y, y

This is written: **य** We have seen this in words like yoga **योग** and mAyA **माया**.

# 2. r, r

This is written:  $\mathbf{\xi}$ . and it behaves very well some of the time, as in  $\mathbf{\xi}\mathbf{\tau}$  rata, for

example, meaning 'delighted'. There are a number of situations, however, in which it insists on forming special forms of its own. When sounded with u or U, it does not use the '9' shape underneath the letter as other consonants do. Instead, it takes new forms:

 $\mathbf{\xi} + \mathbf{\Im} = \mathbf{\xi} - r + u = ru$  Note that the *virAma* appears underneath the *r* since it would

cause confusion if attached directly to the ending of the r. The additional ornamentation to signify the u ending is similar to that used to change the vowel u to U – this may help to memorise this special character.

 $\overline{\xi} + \overline{3} = \overline{\xi} - r + U = rU$  Here, the extra element added to r is the same as that used

to signify *U* endings for other consonants (i.e. the prostrate '9') but moved up to the right of the letter instead of being underneath. An important concept in Advaita philosophy, applied to the visible, material universe is that it is only 'name and form', *nama* and *rUpa*. *rUpa* is simply written:

(This noun is neuter so that you will also sometimes see it given as *rUpam*.)

*r* behaves the same as other consonants when followed by other vowels.

# 3. I, 1

This is written: 😎 and we saw it in *laghu* and *DhAla* and *phalam*. The word *laya* 

means 'dissolution' ; *pralaya* refers to the destruction of the world at the end of the Hindu *kalpa* (4,320m year period):

लय - laya; प्रलय - pralaya; कल्प - kalpa Note that some of the right-hand

section of the distinctive part of *la* disappears, as well as the vertical line when it forms a conjunct with another letter. We will look at the topic of conjuncts very soon now. This is a foretaste!

#### 4. v, v

This is written: **a** - we saw it in *shaiva* and *devanAgarI*. The name given to the

character that appears under halanta consonants is virAma and is written: विराम.

#### 5. sh, ś

The first of the sibilants, in the palatal position, is written - रा and it is another of the

letters that has a vertical line as part of the letter, not as an indication that it is sounded with *A*. It was seen in *shaiva* and is the halanta character in the verb 'to see, look at or observe':

# पशू-pash

# 7. Sh (previously shh), ș

This is the cerebral sibilant and is written:  $\nabla$  ShaSh is the number 6 -  $\nabla$ 

विषय - viShaya means 'sphere' or 'territory', 'period' or 'duration' but is used in

the scriptures in the sense of the five 'objects of sense': *shabda*, sound, for the ears; *sparsha*, touch, for the skin; *rUpa*, form, for the eyes; *gandha*, odour, for the nose; *rasa*, taste, for the tongue.

# 7. s, s

The last sibilant, in the dental position, is written:  $\mathbf{R}$  and is a very common letter. The

word *sat* is the present participle of the verb *as*, 'to be', and is translated as 'being', 'existing', etc.

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# सत्- sat

# 8. h, h

The last letter of the alphabet, the 'aspirate' is written:  $\overline{\boldsymbol{\xi}}$  and it is seen clearly in

अहम्- aham, meaning 'I'.

# F. The Complete Alphabet

आ	ए	ऐ	ন্দ	ॠ	रू	હ્ય	ओ	औ		
A	е	ai	Ι	RRI	LLI	U	0	аи		
अ			ন্থ	ऋ	રુ	પ			अं	अः
a			i	RRi	LLi	11			М	Н
<u></u> क			<i>'</i> च	<u>سر</u> ح	त	<i>"</i> प			111	11
					Ň	•				
ka			cha	Та	ta	ра				
ख			छ	ठ	थ					
kha			Cha	Tha	tha	pha				
ग			ज	ड	द्	ब				
ga			ja	Da	da	ba				
घ			झ	ढ	ध	भ				
gha			jha	Dha	dha	bha				
<u>ड</u> ्र			, ज	ण	न	म				
~Na			~na	Na	na	та				
			य	र	ਲ	व				
			ya	ra	la	va				
હ			হা	ष	स					
ha			sha	Sha	sa					

Table 7- The Complete Alphabet (Devanagari)

#### **G.** Conjunct Consonants or Ligatures

Having learnt the Devanagari forms for all of the consonants now, you will have to learn how they are modified when occurring next to another consonant. Actually, it is not nearly so bad as you might first think. Many do not change at all and, once you have realised which are the distinguishing features of each letter, you will easily see how just those parts are used in letter combinations. (Note that semivowels, sibilants and h are all regarded as consonants in this context.) If you have learned the basic letter forms, there is not much more to learn. You do not have to remember all of the possible conjuncts. If you are translating from Devanagari, you can see the conjuncts and work out what they are without too much difficulty. If you are writing Devanagari and using a tool such as Itranslator, it will generate the conjuncts for you.

There are two main ways in which consonants join together. In the first of these the second consonant is positioned immediately below the first, with both being slightly compressed so as not to take up too much room. In the other main method, the second consonant simply 'attaches' to the first without a space in between. Both these have already been illustrated above with the vowel *LLi*, which acts very much like a second consonant in this respect.

# 1. Vertical Conjunct – pa~nchadashI

As an example of the first type, we will look at  $pa \sim nchadashI$ . This is a philosophical treatise on Advaita, based upon the Upanishads. The word itself literally means 'fifteen', because that is how many chapters it contains. The letter  $\sim n$  is immediately followed by a *ch* so the characters combine to form a conjunct consonant. This is necessary because we do not want to sound *a* after the  $\sim n$  but only after the *ch*. The Devanagari for this word is therefore:

पञ्चद्शी - this may look very complicated initially but is really quite

straightforward. The first letter is  $\mathbf{\Psi} - p + a$  sounded after it. Then comes the

conjunct. You can see the letter  $\sim n$ ,  $\exists$  on top and ch,  $\exists$  beneath. The two left-hand

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parts of the letters are pushed apart slightly when writing the conjunct so they can be easily differentiated. The result is sounded with the default *a* so that the full conjunct

is sounded  $\sim ncha$ . Next comes the letter d,  $\mathbf{\overline{\zeta}}$  again sounded with a. Then comes sh,

which you recall has a vertical line that does not mean it is sounded with *A*. This letter is joined by a 'hook' to another vertical line, meaning that it is sounded with *I* instead of *a*, i.e. *shI*.

#### 2. Vertical Conjunct - sha~Nkara

The name of Shankara has been mentioned many times now. His name begins with this letter. Though usually written as above in Anglicised form, the 'n' is not the dental variety. Since it is conjoined to *k* it is going to be the *anunAsika* in the same group – the guttural  $\sim N$ :

राङ्गर – sha~Nkara – note that the ~Nka conjunct has a vertical format, with the

halanta  $\sim N$  on top of the *ka* and the natural form of both characters still visible. Also note that this word is quite often found in the form *shaMkara*, which is not strictly accurate. Though it is probably encountered more often in this latter form, it does not tell you how to pronounce it correctly.

# 3. Horizontal Conjunct - mithyA

As an example of the second type, where the second consonant of a two-letter conjunct appears to the right of the first instead of beneath it, look at the word *mithyA*. This literally means 'incorrectly' or 'improperly' and is often used to refer to objects in the world. According to Advaita philosophy, we take these as being real and existing in their own right when, in fact, their assumed separate existence is the result of our imposing name and form upon what is really the undifferentiated Self. A metaphor often used is our thinking of a wave as somehow separate and distinct from the ocean.

mithyA is written मिथ्या in Devanagari. mi will be recognised at the beginning of

the word from the example of *milita* that was given when the letter *i* was introduced. The conjunct that follows is:

$$\mathbf{a} + \mathbf{u} = \mathbf{e} \mathbf{u}; th + yA = thyA$$

i.e. the upright supporting the characteristic part of the letter *th* is dropped and the remainder of the letter is attached to the side of the next letter.

#### 4. Horizontal Conjunct - mANDUkya

This procedure is very common. In the case of those letters that have their own vertical line at the right side (g, N, sh), the vertical is dropped when it forms a conjunct and is not the last letter in that conjunct. E.g. one of the most important Upanishads, already mentioned, is the Mandukya. Its 'gloss' (*kArikA*) by Gaudapada discusses such things as the non-reality of creation and the illusion of causality. The ITRANS form was given as *mANDUkya* (or māndūkya in Romanised form). It uses

the cerebral forms of N and D: **HIV** get. Here, we have:

$$\mathbf{n} + \mathbf{g} = \mathbf{n} \mathbf{g}$$
;  $N + DU = NDU$  with the vertical line part of the N being omitted from

the conjunct. It is also worth noting that the compound consonant ky is easily recognisable here, with the right hand part of the k dropped and the remainder of the two letters joined together:

$$\mathbf{a}_{\mathbf{b}} + \mathbf{u} = \mathbf{a}_{\mathbf{u}}; k + ya = kya$$

#### 5. Incorporating the Distinguishing Feature

#### a) Horizontal Conjunct, e.g. t in tm

The letter t is a good example to illustrate the general principle of utilising the distinguishing feature of a character when it is incorporated into a conjunct. The characteristic part of the letter t is, of course, the half-loop at the left and it is this that is used when it appears as part of a conjunct consonant. We encountered *Atman* in the

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first section but have not yet seen the Devanagari because of this complication. Here it is:

आत्मन् - you will recognise the A at the beginning - आ. ma was seen in maha - म

and *na* -  $\mathbf{F}$  in *dhana* and *kena*. The halanta version is, of course:  $\mathbf{F}$ 

That leaves the *t* visible to the left of the *ma* to form the conjunct *tma*:  $\overline{\mathbf{q}} + \mathbf{H} = \overline{\mathbf{c}}\mathbf{H}$ 

Occasionally, you will encounter a word with two *t*'s, such as *chitta*, referring to that part of the mind responsible for memory. Now it is not possible to utilise this technique since the half-loop of the first *t* would overlay that of the second. In such a case, the half-loop is further abbreviated to a straight line so that *chitta* becomes:

चित्त with 
$$\mathbf{q} + \mathbf{d} = \mathbf{\tau}$$
;  $t + ta = tta$ .

#### b) Horizontal Conjunct, e.g. n in ny

The word *dhanya* means 'fortunate'. Using the same principle as above, the characteristic feature of n is used in conjunction with the usual letter y. The

characteristic feature is obviously the left-hand bar:  $\mathbf{\overline{A}}$  and we simply join this up to

the letter y to form the conjunct: -nya. Thus the complete word is 2 - nya. Thus the complete word is 2 - nya.

#### c) Vertical Conjunct, e.g. v in dv

*advaita* is the name of the non-dualistic philosophy systematised by the  $8^{th}$  Century philosopher Shankara. The letter *v* was encountered in *jIva* earlier and in *devanAgarI*. Here it is in a conjunct with *d*. *dv* uses a vertical form of conjunct rather than a

horizontal one. The letter  $d - \mathbf{\zeta}$  appears first and is therefore on top.  $v - \mathbf{\overline{q}}$  is last and

is therefore underneath. The conjunct *dva* is written: **\vec{k}** with the significant part of the

*v* appearing under the letter *d*, with the downward pointing loop still visible. In fact, the syllable is not *dva* but *dvai* so we need to add the two flags to convert it:

हे and the complete word is therefore: अद्वेत - advaita

#### 6. The Special Case of r

It was seen earlier how r does not follow the rules when used with the letters u and U. That is not its only exceptional behaviour. When it forms conjuncts in which it is the final letter of a group of consonants, it indicates its presence by the use of a short right-sloping diagonal attached to the left-hand side of the adjacent letter, e.g.

This is its 'characteristic feature' if you like and it then behaves as do *n* and *t* in the horizontal conjunct examples above.

e.g. prANa, meaning literally 'breath of life' and encountered in the breathing

exercises called prANayAma. prANa is written: प्राण

When it forms a conjunct with t, the characteristic part of that letter is impacted, as in

 $\mathbf{y}_{\mathbf{A}}$ : - *putraH*. The key part of the letter  $t \mathbf{d}$  has had to be truncated in order to fit in

the key part of the letter r with which it is conjoined:

$$\mathbf{A} + \mathbf{V} = \mathbf{A} - t + ra = tra$$

With some letters, this simple diagonal is deemed insufficient or liable to lead to ambiguity, so another slight variant is used that looks like a French circumflex with the point touching the bottom of the conjunct. Examples are:

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When the *r* is the <u>first</u> letter of a conjunct consonant, there is another non-standard behaviour. It was mentioned when we looked at *k* in the first section of the book that the word kAma, meaning 'desire', should not be confused with *karma*, meaning 'action' (although *kAma* undoubtedly leads to *karma* in the philosophical sense!). The

conjunct *mra* is written: eta as in *dhUmra*, eta, meaning 'smoky', as you would have

expected from what we have just discussed. The conjunct rma, however, is written:  $\mathbf{H}$ 

and the word karma is:  $\mathbf{arma}$  - the r part is signified by the 'curl' shape, open to the

right, above the consonant that follows it.

#### 7. Conjuncts with more than two letters

The technical term for a conjunct consonant is *saMyoga*, which literally means 'joined together'. Although all of the ones encountered so far have been formed from just two consonants, there can be more than this. The same principles are used in constructing them. Thus, *achintya*, for example, meaning 'inconceivable', contains the conjunct *nty*, which is written:

$$\mathbf{q} + \mathbf{q} + \mathbf{u} = \mathbf{r} - \mathbf{u} + t + ya = ntya$$
: अचिन्त्य – achintya. The significant part of

*n* is attached to that of *t*, in turn attached to the whole of *ya*.

To return to the discussion of the letter r, if it begins a conjunct of more than one other consonant, the 'curl' appears over the final one:

$$\mathbf{\xi} + \mathbf{\xi} + \mathbf{a} = \mathbf{b}\mathbf{a} - r + dh + va = rdhva$$

If the *r* appears in the middle of a group of consonants, the short, diagonal stroke is used in the appropriate place. Unfortunately, the current version of Itranslator software does not cope with this combination so I am unable to give an example.

It is worth noting, incidentally, that a tool such as Itranslator will not always produce the conjunct form that you expect. There are some that are really quite complicated, such as that for  $\sim Ngya$ , for example:

# ङ्ग

It is understandable that there are insufficient codes available in a single font to cope with all possible combinations. Accordingly, what is done is to break the conjunct up into parts. This one is reproduced as:

ड्न्य instead of a single character. The conjunct gya is simply preceded by halanta

# ~N.

An example of a word with more than three consonants conjoined is *kArtsnya*, which has five. It means 'entirely':

$$\chi + \eta + \eta + \eta = r \epsilon \epsilon \epsilon \epsilon \epsilon \delta - r + t + s + n + ya = rtsnya - \epsilon \epsilon \epsilon \epsilon \delta - kArtsnya$$

#### 8. Special Conjunct Forms

A few letter combinations do not follow the three types outlined above (vertical letters unchanged, horizontal letters unchanged or significant feature extracted). Instead they form a unique character of their own.

# a) j + ~n

We had the word  $j \sim nAna$  in the first section. It is one of the words encountered very frequently by the spiritual seeker, and one of the most important ones, so we will look at it in more detail now. It means 'knowledge'. It is found in the 'yoga of knowledge'  $-j \sim nAna \ yoga - in$ , for example, the Bhagavad Gita. It is also found as  $j \sim nAnI$ , referring to one who practises  $jnAna \ yoga$  or, more generally, as a 'man of wisdom' or 'Sage', meaning one who has realised the Self.

जू + ञ = इ 
$$(j + \sim na = j \sim na)$$
 - ज्ञान  $(j \sim nAna)$ 

ITRANS also allows you to represent the  $j \sim n$  conjunct by either *GY* or *dny*. Thus  $j \sim nAna$  may be written *GYAna* or *dnyAna* if you prefer. This is probably because some people actually pronounce the word in that way. Because  $\sim n$  can also be represented by *J* or *JN*, there are two more ways of writing this word: *jJNAna* or *jJAna*. (Note that Itranslator Software 1.2.0.83 will not translate this last form correctly.)

#### **b**) **k** + **t**

*bhakti yoga* is the spiritual path whereby a god is worshipped and one who follows this path is called a *bhakta*. *bhakta* can mean 'served' or 'worshipped' but in this context means rather 'worshipping' or 'serving'. The *bha* part is straightforward but *k* and *t* form another special conjunct consonant. We have already seen *t* as the first half of a conjunct, where the left-hand part was simply tagged on to the following letter. Thus, if the conjunct here were *tka*, it would be written:

$$\overline{\mathbf{q}} + \overline{\mathbf{q}} = \overline{\mathbf{c}} \overline{\mathbf{q}} - t + ka = tka$$

However, this is the wrong order in this example and the conjunct must be different:

 $\mathbf{e}_{\mathbf{h}} + \mathbf{d} = \mathbf{e}_{\mathbf{h}} - k + ta = kta$  - this is not altogether intuitive and it is one of the

conjuncts that just have to be remembered. The reason is simply that the right-hand curve of the k would interfere with the left-hand curve of the t if it were constructed in the usual horizontal combination and t does not lend itself to a vertical construction. Fortunately, although you might not be able to remember what the character is if you are trying to translate from Roman to Devanagari, when you see the word in Devanagari, you can usually work out what the character must be. Anyway, the complete word *bhakta* is written:

# भक्त and bhakti is: भक्ति

# c) Conjuncts of sh

As with g and N, the Devanagari form of sh has a vertical line at the right so it would not be surprising to find that, when in conjunction with another consonant, it drops this vertical in the same way. Thus, in *shyAma*, meaning 'dark', this is what it does:

# श्याम

Unfortunately, this is one of the few situations where this happens (*shsh* is another). More frequently, it assumes a single 'twist' shape as a 'characteristic part' and uses this in its conjuncts as shown below:

श्च-shla as in श्ववन - shlavana, which means 'lame' or 'limping'. (N.B. It would

not be wrong, however, to write this: হলেবন)

श्व - shva as in श्वेताम्बर - shvetAmbara, one of the schools of Jain philosophy. This

shape is retained when combined with *ra*, too, where the diagonal line form of the latter is used:

 $\Re$  - shra as in  $\Re$   $\widehat{d}$  - shruti, the 'revealed' truths of the Vedas, and with na:

श्च - shna as in श्रीयत - shnathita, meaning 'pierced' or 'transfixed'. Note that here

the horizontal bar of the *na* has been pushed downwards. You may also see this with the bar still horizontal but lower down the stem. This script was, after all, hand-written and not generated by computerised typefaces when it was current and variations were inevitable. Again, the normal format, just dropping the vertical from *sh*, would not be wrong:

# रुनथित

# d) Conjuncts of Sh

The key part of *Sh* is quite distinctive and it forms a number of conjuncts where the diagonal cross simply fills in the 'unused loop' of the other character:

 $\Psi + Z = U - Sh + Ta = ShTa$  as in *aShTan*, which means 'eight':

#### अष्टन् - aShTan

Also, the horizontal conjunction may be used:  $\Psi + \overline{\Psi} = \overline{\Psi} - Sh + ya = Shya$ 

If there is no suitable place to fit it, it can appear separately to the left:

$$\mathbf{q} + \mathbf{u} = \mathbf{v} - Sh + Na = ShNa; \mathbf{q} + \mathbf{H} = \mathbf{v} - Sh + ma = Shma$$

But *Sh* is also another one of the characters that forms special conjuncts in some cases, which cannot be worked out using the usual rules – you simply have to learn them. One of these occurs after k:

क् + ष = क्ष - 
$$k$$
 + Sha =  $k$ Sha as in क्षत्रिय -  $k$ Shatriya, the warrior class of the caste

system in ancient Indian tradition. If this conjunct added another consonant, it would then drop the right-hand vertical:

e.g. 
$$\mathbf{a} = \mathbf{a} = \mathbf{a} - kSh + va = kShva$$

Another well-known example of the conjunct kSh is in  $\overline{Hig}$  – mokSha, meaning

'enlightenment' or, more accurately, 'liberation' in the sense of release from worldly existence. Because the conjunct sounds a bit like 'x', ITRANS allows you to use this instead and the word can be written *moxa*.

#### f) Conjuncts of h

Some of the conjuncts of *h* follow the usual pattern:

**E** is *hma*, and **E** is *hya* for example. However, because of the unusual shape of the

letter, it is clearly possible to put some 'key' letter elements <u>inside</u> the lower part of h to create some special 'vertical' conjuncts:

```
\overline{\mathbf{6}} - hNa; \overline{\mathbf{6}} - hna; \overline{\mathbf{6}} - hva; \overline{\mathbf{6}} - hra. You may also see hra with the diagonal to the
```

left of the letter in the more usual way but this should pose no problem by now.

Initial Letter	Some Conjuncts						
k	क	क्त	क्य	क	क्रय	क्ष	क्ष्य
	kka	kta	kya	kra	krya	ksha	kshya
kh	ख्य	ख					
	khya	khra					
g	ग्य	ग्र					
	gya	gra					
gh	দ্ব	घ्न्य	घ्म	घ्य	घ		
	ghna	ghnya	ghma	ghya	ghra		
~N	છ <del>ેક</del>	હું દ	দ্ধ	ঙ্গ			
	~Nka	~Nkta	~Nkha	~Nga			

#### 9. Table showing some common conjuncts

ch	च	च्छ	च्म	च्य			
	chcha	chCha	chma	chya			
Ch	છચ	ડ્લ					
	Chya	CHra					
j	ज्ज	ज्झ	হা	ज्य	प्र	ज्व	
	јја	jjha	j~na	jya	jra	jva	
~ <i>n</i>	ञ्च	ন্ড	ञ्ज				
	~ncha	~nCha	~nja				
Т	ખ્ય	टच					
	ТТа	Туа					
Th	ठय	૪					
	Thya	Thra					
N	ਾਟ	ण्डू	ण्ण				
	NTa	NDra	NNa				
t	त्क	त्क	त्त	ल	त्म	त्र	त्स्न
	tka	tkra	tta	tna	tma	tra	tsna

d	द्ध	द्ध	द्ग	द्भ	द्म	द्य	द्र
	dda	ddha	dna	dbha	dma	dya	dra
dh	អ	ध्म	भ्र				
	dhna	dhma	dhra		1		
n	न्त	ন্স	न्द्र	ন্ন	न्य	ন্স	न्स
	nta	ntra	ndra	nna	nya	nra	nsa
р	ਸ	प्त्य	ਸ	प्र	प्व	प्स	प्स्व
	pta	ptya	рпа	pra	рvа	psa	psva
b	ब्द्	ब्ध	ন্ন	ন্স			
	bda	bdha	bna	bra			
bh	৸	भ्य	भ्र				
	bhna	bhya	bhra				
т	म्न	म्प्र	म्भ	म्र			
	mna	mpra	mbha	mra			
l	ल्क	ल्म	હ્ય	ल्ह			
	lka	lma	lla	lha			

v	ন্ন	व्य	व्र	व्व			
	vna	vya	vra	vva			
sh	श्च	প্ন	रुय	श्र	શ્ર	হহা	
	shcha	shna	shya	shra	shla	shsha	
Sh	ष्ठ	M	ष्ण	ष्प्र	ष्य		
	ShTa	ShTra	ShNa	Shpra	Shya		
S	स्क	स्त्र	स्न	स्म	स्र	स्स	
	ska	stra	sna	sma	sra	ssa	
h	છા	મહ	ह्म	ह्य	જા	પ્રજીપ	ଭା
	hNa	hna	hma	hya	hra	hla	hva

Table 8- Some Examples of Conjuncts

#### H. Some Special Characters

There are several special characters that you will also see when you look at Sanskrit texts. Two of these have already been dealt with, namely the *virAma* to signify a 'halanta' consonant and the *praNava shabda* as the mystical symbol 'OM'. The single dot of the *anusvAra* above a consonant sounded with *M* and the double dot of the *visarga* after one sounded with *H* may also be regarded as special characters. The *praNava shabda* itself is produced in ITRANS by either *OM* or *AUM*. The latter has the advantage of reminding us of the origin and symbolism discussed earlier when introducing the character *o*.

The sign over the OM symbol  $\mathfrak{B}$  which looks like a shallow concave bowl

containing a dot, is called a *chandra-bindu*, meaning literally 'moon-like spot'. It is a sign that the vowel over which it appears should be nasalised, e.g. **ў** which is written

a.N in ITRANS and am in Romanised transliteration. The concave shape on its own

may also sometimes be seen in old manuscripts where it functions the same as the *anusvAra*. It is called an *ardhachandra*, meaning 'crescent-shaped' and can be generated in ITRANS by writing '.c'. e.g.

संसार - saMsAra; सॅसार - sa.csAra

The *chandra-bindu* is also used (in Panini's book of grammar, the *aShTAdhyAyi*) in conjunction with the first letter of one of the five groups of consonants to indicate that the whole group is being referred to. Thus,

तुँ - tu.N - is an abbreviation used to refer to त् थ् द् ध् न्

 $\mathbf{\check{Y}}$  - *pu.N* – is an abbreviation used to refer to  $\mathbf{\Psi}$ ,  $\mathbf{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}$ ,  $\mathbf{\check{\Psi}}$ ,  $\mathbf{\check{\Psi}$ ,

A special case of the *chandra-bindu* occurs in conjunction with a *virAma*, with no apparent associated letter at all. This is called the 'Vedic anusvAra'. An example of this is found in the first sutra of the Isa Upanishad (*IshopaniShad*):

### ॐ ईशा वास्यमिद् सर्वं यत्किञ्च जगत्यां जगत्।

### तेन त्यक्तेन भुञ्जीथा मा गृधः कस्यस्विद्धनम् ॥ १ ॥

I will not translate this in detail here. You will be able to work out the beginning, however - *OM IshA* – and the next word appears to be *vAsyamida* followed by a peculiar symbol. In fact, the ITRANS code for this word is *vAsyamida*{m+} and the '{m+}' code generates the *chandra-bindu* over a *virAma* instead of an *anusvAra*. This signifies a special pronunciation – the 'Vedic pronunciation' – and, instead of pronouncing the word *vAsyamidaM*, if we simply used an *anusvAra*, it is pronounced *vAsyamidag~N*. i.e. the word is sounded with the halanta, guttural nasal sound instead of the generic, labial 'm'. You should also note the single vertical line at the end of the first line of script and the two sets of double lines at the end of the second. The single line is called, somewhat confusingly, a *virAma*. It marks the end of a sentence or half-verse of a *sUtra*. The double line is called a *pUrNavirAma* and it marks the end of the *sUtra* or the end of a paragraph. These lines are generated by a full stop in ITRANS (i.e. one full stop produces one line). These are, in fact, the <u>only</u> punctuation marks in Sanskrit. There are no equivalents of semi-colons, question marks, exclamation marks or even quotation marks.

The complete ITRANS for generating the above *sUtra* is:

*OM IshA vAsyamida{\m+} sarvaM yatkiJNcha jagatyAM jagat . tena tyaktena bhu~njIthA mA gRRidhaH kasyasviddhanam.h .. 1..* 

You can see now that the other symbol that you probably did not recognise, between the two sets of double lines on the second line, is simply the numeral '1'. These are dealt with in H. (Note also that it is an accepted convention to use the '.h' variation of ITRANS to indicate a halanta consonant, when this occurs at the end of a sentence, even though the same Devanagari script is generated.)

The other special character, which you will see quite occasionally, is called an

avagraha and is written: S

It has already been mentioned that adjacent words frequently combine with consequent changes to any vowel at the interface. The general nature of this will be discussed in Section C of 'Some Practice' below. In particular, however, if a word ending in *e* or *o* joins with one beginning with *a*, the ending vowel stays as it is, the beginning vowel is lost and an *avagraha* is placed between them. This happens particularly in Vedantic scriptures. It is a bit like elision in French, where instead of saying and writing <la étoile> for example, we just write <l'étoile>. In fact, the Roman transliteration in Sanskrit uses an apostrophe in just the same way to represent the *avagraha*. In fact, the apostrophe in English functions very much like the

*avagraha* as in "he is" becoming "he's". An example is found in the next *mantra* of the *isopaniShad*:

### कुर्वन्नेवेह कर्माणि जिजीविषेच्छतश समाः।

### एवं त्वयि नान्यथेतोऽस्ति न कर्म लिप्यते नरे ॥ २ ॥

On the second line, you should be able to read the words quite easily now. The first three are *evaM tvayi nAnyatho*. Then there is an *avagraha* followed by *sti na karma lipyate nare*. Then there are two sets of double lines either side of the character for '2', identifying that this is the second *sUtra*. The reason for the *avagraha* is that the word actually following this symbol is *asti*, the third person singular of the verb 'to be' or 'to exist'. It means 'exists'. Because the preceding word is *nAnyatho* <sup>†</sup> Sanskrit, always striving for the optimum efficiency in sound, does not want to sound *o* followed by *a*. There is no option available for combining the sounds, since *o* is itself already a combination. Accordingly, the *a* of *asti* is dropped and, to signify in the written version that this will occur when it is spoken, the *avagraha* is inserted.

This second line, then, is written:

evaM tvayi nAnyatheto.asti na karma lipyate nare .. 2.. in ITRANS, with the 'o.a' generating the avagraha. In, Romanised transliteration, it would be written: evam tvayi nānyatheto'sti na karma lipyate nare || 2||

#### I. The Numerals

Roman numerals actually derive from the Sanskrit originally so that some similarity of the figures can easily be recognised. The principle situation in which they will be needed is in Devanagari references to *sUtra*-s in some scriptural texts. They are shown in the following table:

<sup>&</sup>lt;sup>†</sup> Note that this word began its life as *na anyathA itaH* but the words merge and the combined letters are forced to change as you will find out in the next Section when we discuss *saMdhi*.

१	२	n	8	عر	६	ଓ	د	¢,
1	2	3	4	5	6	7	8	9
eka	dvi	tri	chatur	pa~nchan	ShaSh	saptan	aShTan	navan

Table 9- The Devanagari Numerals

#### Level 3 -Some Practical Examples

#### A. shivasUtrANi

(These are also sometimes called the 'maheshvarANi sUtrANi'.)

#### \*\*\*\*\*

Do not be apprehensive about the Sanskrit text that appears below! There are no words or pronunciation to be worked out. Each verse only contains a short string of the letters that you have just learned in Level 2 but in a particular, meaningful sequence. And all will be explained! Furthermore, you do not need to know anything about the *sivasUtrANi* in order to learn the Sanskrit language. If you prefer, you may learn the rules for sandhi as a list of do's and don'ts. I am introducing these partly because they are a useful reinforcement for letter recognition and partly for interest.

\*\*\*\*\*\*

Another very helpful way to gain familiarity with the alphabet is to learn by rote a set of short verses (*sUtra*-s) that contain all of the letters. These are very special verses in that the ordering of the letters within them enables groups of letters quickly and easily to be identified in a shorthand way. Then it is possible to apply a set of rules that determine such things as how letters at the end of a word will combine with those at the beginning of the next.

This is best understood by seeing (and learning!) the *sUtra*-s and seeing how they operate. Otherwise, the abstract concept may be difficult to grasp. The sheer ingenuity and cleverness with which they and their associated rules were constructed is quite staggering. The system was developed by the Sanskrit grammarian *pANini* in his book *aShTAdyAyI*, about two and a half thousand years ago. There are about 4,000 sutras covering the entire grammar. The specific verses relating to the letter groupings are called the *maheshvarANi* sutras because *pANini* is supposed to have had a dream in which *maheshvara*, referring to the 'great Lord or God' was playing the sutras on a drum. There are 14 sutras or *sUtrANi* - *sUtrANi* is the plural of *sUtra*. They are all very short, since they are made up not of words but of the letters of the alphabet. Two of them contain only two letters. Consequently, they are relatively easy to learn. (The word *maheshvara* is itself a good example of the application of one of the rules to be described below regarding the changing of vowels at the end/beginning of words

when they are adjacent. It derives from the two separate words *maha*, meaning 'great' and *Isha*, meaning 'Lord'. When *maha* joins with *Isha*, the a + I becomes e.)

Each *sUtra* consists of one or more 'active' letters of the alphabet and terminates in an 'inactive' letter, referred to as an '*it' varna*. (*varna* means 'letter' or 'sound'. *it* These are my own terms chosen in order to explain the functioning of the sutras later. We'll look at each one in turn before considering the overall functioning.

1)  $\Im \exists \exists \neg \neg - a - i - u - N - i.e.$  the main vowels (a, A, i, I, u, U) (active) terminating

in the (inactive) halanta cerebral nasal N

2)  $\Re(r) = RRi-LLi-k - i.e.$  the (active) vowels at the cerebral and dental

positions terminating in the (inactive) halanta consonant, k

3) **एओ**ङ् -e-o-N-i.e. the two (active) compound vowels, made by

combining *a* with *i* and *u* respectively, terminating in the (inactive) *halanta* consonant  $\sim N$ 

4)  $\vec{v} = ai - au - ch - i.e.$  the remaining compound vowels (active), made by

combining *a* with *e* and *o* respectively, terminating in the (inactive) *halanta* consonant *ch* 

5)  $\overline{\mathbf{guar}} - ha \cdot ya \cdot va \cdot ra \cdot T - i.e. 3$  of the 4 semi-vowels, together with the

'aspirate' h (all active), terminating in the (inactive) halanta T

6)  $\overrightarrow{cont} - la - N - i.e.$  the remaining semi-vowel (active), terminating in

(inactive) halanta ~N

ञमङणनम् - ~na-ma-~Na-Na-na-m - i.e. the five anunAsika consonants 7)

(active), terminating in (inactive) halanta M

- झभञ्-jha-bha-~n-i.e. the second mahAprANa consonants in the palatal 8) and labial groups (active), terminating in (inactive) halanta ~n
- चढधष्-gha-Dha-dha-Sh i.e. the second mahAprANa consonants in the 9)

other 3 groups (guttural, cerebral and dental) (active), terminating in (inactive) halanta Sh

जबगडदश्- ja-ba-ga-Da-da-sh - i.e. the second alpaprANa consonants in 10)

each of the five groups of consonants (active), terminating in (inactive) halanta sh

खफछठथचटतवू - kha-pha-Cha-Tha-tha-cha-Ta-ta-v - i.e. the first 11)

mahAprANa consonants in each of the five groups and 3 of the first alpaprANa ones (active), terminating in the (inactive) halanta v

कपय्-ka-pa-y-i.e. the remaining two first *alpaprANa* consonants (active), 12)

terminating in the (inactive) halanta y

राषस- sha-Sha-sa-r - i.e.the three sibilants (active), terminating in the 13)

(inactive) halanta r

 $\overline{\mathcal{E}}\overline{\mathcal{C}}_{-}$  ha-l – i.e. the aspirate (active), terminating in (inactive) halanta l 14)

Learning this will take some effort but can be used to great advantage. If written, it will help tremendously in learning the alphabet. If spoken, it will quickly be realised Dennis Waite ©2003

that this requires considerable agility of the tongue and is excellent for learning correct pronunciation. Naturally this does necessitate that you have at least a recording of how it <u>should</u> sound and preferably someone who can listen to you and correct mistakes. Thirdly, however, it opens the way to learning some of Panini's rules of *sandhi* that need to be understood in order to be able to join words correctly.

Below is the complete set of शिवसूत्राणि or महेश्वराणि सूत्राणि :

## अइउण् ऋऌक् एओङ् ऐऔच् हयवरट् लण् ञमङणनम् झभञ्

### घढधष् जबगडदश् खफछठथचटतव् कपय् शषसर् हल्

and now we'll have a brief look at the purpose of combining the letters in this way. Specific groups of letters can be identified by a two-letter code. Thus, for example:

a)  $\Im = ach$  - identifies all of the vowels. The letter *a* begins the first *sUtra* and

*halanta ch* occurs at the end of the fourth *sUtra*. Discounting all of the 'inactive' or '*it*' letters (i.e. those at the end of each *sUtra*), the (active) letters are: *a*, *i*, *u* ( $1^{st}$  sUtra); RRi, LLi ( $2^{nd}$ ); *e*, *o* ( $3^{rd}$ ); *ai*, *au* ( $4^{th}$ ).

b)  $\Im (al - identifies all of the letters from a at the beginning of the 1<sup>st</sup> sUtra$ 

to *h* in the last (excluding all inactive letters).

c)  $\overline{\mathcal{E}}\mathcal{R}$  - *hal* - identifies all of the consonants, from *h* at the beginning of the 5<sup>th</sup>

*sUtra* to *h* (again) at the beginning of the final *sUtra* (again, as always, excluding inactive letters). Now you can see the reason for the word *halanta*. This refers to the situation in which a consonant (i.e. *hal*) occurs at the end (i.e. *anta*) of a word.

d)  $\overline{uv}_{-yaN-}$  refers to the semivowels, from y as the second letter in the fifth

*sUtra* to *l* as the only active letter in the sixth.

- e)  $\sqrt[4]{rq}$  *ech* identifies the compound vowels, from *e* as the first vowel in the 3<sup>rd</sup> *sUtra* to *au* as the last active letter in the 4<sup>th</sup>.
- f)  $\operatorname{arg} shar \operatorname{identifies}$  the three sibilants, from the 13<sup>th</sup> sUtra.
- g) **\overline{2}[\overline{c}, -shal identifies the four UShman letters (3 sibilants + h).**
- h) And so on! Each of these two-letter abbreviations is called a *pratyAhAra* in *pANini*'s book on grammar and there are 42 of them altogether. In fact, another name for these sutras is *pratyAhAra sUtrANi*.

(If you are inordinately alert, you may have realised that aN could refer either to  $\langle a, i, u \rangle$  or to  $\langle a, i, u, RRi, LLi, e, o, ai, au, h, y, v, r, l \rangle$ . In fact, Panini explains, in a note to one of his sutras, that it should always be interpreted as the former, except in the sutra to which the note refers.)

#### **B.** Words and Sandhi

#### 1. Words

All Sanskrit words derive from short 'root' words, each of which is called a *dhAtu* and there are only about 2,000 of these. When looking up a word in the dictionary, its origins will often be identified as a *dhAtu* and this will be specified by a 'square-root' sign appearing in front of it. The *dhAtu* itself appears in Monier-Williams in slightly larger, bolder font than other words and is in Devanagari form (whereas derived words are shown in Roman transliterated form). The *dhAtu*-s are quite fundamental and many of our own English words can be traced back to them. An example is *sthA*, meaning 'to stand' 'take up a position', 'remain', 'persevere' etc. If you know Latin, you will probably recognise *sto, stare, steti, statum* - the verb 'to stand'. English words such as 'stay', 'station' and so on derive from this.

Words are formed by adding other part words to the basic *dhAtu* in the same way that we might modify 'stand' into 'stationary', 'instantaneous' etc. In the case of nouns, the basic noun-stem is called a *prAtipadika*. The endings – masculine, feminine, neuter; number and case endings – are then added to this as necessary. This all requires a lot of rote learning if you actually want to speak or write the language (or read accurately). There are seven case endings relating a noun to the verb in the sentence and three number endings. Unlike most languages, where there is simply singular or plural, Sanskrit goes one better and has singular, dual and plural. This book assumes that you really do not want to go into this level of detail. The third section will provide information on how to pursue this study further.

In respect of basic noun endings, if the *prAtipadika* form ends in *a*, the noun is likely to be masculine or neuter. The nominative endings of these nouns, however, are likely to be *aH* for masculine and *am* for neuter. e.g. *phala* is *phalam* (neuter) while *nara* (meaning 'man' and clearly masculine) is *naraH*. Words (in the dictionary) ending in *A* or *I* are almost always feminine, e.g. *mAyA*, *nAdI* (a river). The nominative singular of *mAyA* is *mAyA* and of *nadI* is *nadI* so there is no confusion here at least. Words ending in *h* or *u*, however, could be any gender.

In order to form meaningful words from the *dhAtu*, 'affixes' are added, i.e. prefixes and suffixes, usually only of one or two syllables, that carry specific meanings are added to modify the *dhAtu* into a word. These endings (prefix or suffix) are called *pratyaya*-s. This form of the word, the *prAtipadika*, is the form that will be found in the dictionary. It has also been mentioned, however, that these words are usually not in the form that will be found when written in a sentence. Nouns, adjectives and verbs have many endings, according to gender, case, number and tense. These are called *vibhakti* endings. Only when these have been added too does it become a 'real' word or *pada*.

Incidentally, the 21 case endings of nouns are called *sup-vibhakti* or *namavibhakti* (name-endings) and the 18 verb endings are called *ti~N-vibhakti* or *kriyAvibhakti* ('action'-endings). The names, *sup* and *ti~N*, are *pratyAhAra*-s again, though not from the *maheshvarANi sUtrANi*.

As an example, the *dhAtu* '*nI*' means 'lead, guide, direct' etc. The preposition (called an *upasarga* in Sanskrit) '*apa*' means 'away, back, off'. Thus the verb *apanI* means to 'lead away, lead off' or 'rob, steal' etc. If this occurs in a sentence as 'he leads away' for example, it then adds the appropriate *kriyAvibhakti* ending and becomes '*apanayati*'. Thus *rAjAnamapanayati* – he leads away the king. *rAja* is the *prAtipadika* form found in the dictionary, meaning 'king'. Since it is in the accusative (the king is the object of the leading away), it adds the second, singular *namavibhakti* ending and becomes *rAjAnam*.

There are 7 case endings in the three numbers – singular, dual and plural, making the 21 in total mentioned above.

#### 2. Pronunciation

Having learnt how to pronounce each letter, the pronunciation of words follows naturally. Letter sounds do not change when they are part of a word as they often do in English. The sounds are always distinct and discrete even when in combination with other letters. Thus, for example there are no situations such as an 'sss' sound and a 'hh' sound becoming a 'sh' sound when they occur together. They will retain their own unique sound and simply follow one another.

Stressing certain syllables within words when they are spoken is not so critical in Sanskrit as in English. The rule is straightforward and depends upon whether a syllable is 'light' (*laghu*) or 'heavy' (*guru*). Long (*dIrgha*) or combined (*saMyukta*) vowels are heavy, as are any vowels immediately preceding a cluster of consonants, a *visarga* or an *anusvAra*. Short vowels that are not one of the special cases just mentioned are light. The general rule, then, is as follows:

If the penultimate syllable is heavy, then it is stressed, otherwise the preceding syllable is stressed regardless. Usually all remaining syllables in a word receive equal (lack of) stress. Thus: *anusvÁra*, *visárga*, *saMyúkta*, *pratyAhÁra* but *prAtipádika*, *mahéshvara*, *avágraha*, *upániShat*.

In scriptural texts or poetry, there are occasions where a syllable must be specifically accented, irrespective of the above. This is marked by a symbol called an *udAtta*, which looks like two short, vertical lines above the relevant letter. It means 'highly or

acutely accented' and is generated in ITRANS by the characters  $\$  immediately after the relevant letter. (I.e. 'back-slash' followed by two 'left-hand' quotes – this is the character to the left of number '1' on my computer keyboard.) For example, it is the *A* in *udAtta* that would naturally be stressed. If we wanted to accent the *u* for example, it would be written:

 $\frac{\|}{\mathbf{3}\mathbf{G}\mathbf{T}\mathbf{T}} - u^{(\mathbf{3})} dAtta$ 

#### 3. Joining words and part-words

When speaking or writing Sanskrit, words are joined wherever possible within a sentence or line of poetry. Pauses in speech or breaks in written words within a sentence normally only occur when a word ends in a vowel, a *visarga* or an *anusvAra*, i.e. effectively when a word boundary coincides with a syllable boundary. A good example is the famous saying (*mahAvAkya*) from the Chandogya Upanishad '*tat tvam asi*', meaning 'that thou art'. The syllables in this are ta-, ttva-, ma- and –si. There are thus no word endings coinciding with syllable endings other than the final one and it is therefore written:

तत्त्वमसि - i.e. as one continuous expression, tattvamasi.

(Note that the word for 'that' is actually *tad* but *saMdhi* does not allow certain letters to stand at the end of a word. *d* is one of these and has to be changed to *tat*. This, incidentally, is why you will sometimes see the word 'Upanishad' written as upanishat – the latter is the correct form.)

Sandhi (actually *saMdhi*) refers to the way in which letters (i.e. sounds) change when they are joined together in a continuous flow of speech. It is also sometimes called 'euphony' because the purpose of the whole exercise to end up with a harmonious sounding sentence. *pANini* also uses the word *saMhitA* for this, defined as 'the closest drawing together of sounds'. If the letters in question are at the end of one word and the beginning of the next, the joining is referred to as 'external sandhi'. If they refer to the joining of parts of a word, it is called 'internal sandhi'. Unless you are studying the language seriously, it is the external variety that is most important, since written words can be difficult to decipher without an understanding of how the component words may have changed. There can also be *saMdhi* of vowels or of consonants. The former is called *ach saMdhi* (*ach* being the *pratyAhAra* for all the vowels, as explained above); the latter is called *hal saMdhi*, since *hal* identifies all consonants.

It is worth remembering that the sole purpose of *saMdhi* is to make the language sound as harmonious as possible. Where the conjunction of two letters makes the words difficult to pronounce or if the result sounds awkward, there will be a rule for combining the letters to get around the problem. Knowing this can sometimes enable you to make a good guess at what is needed if you are forming the word or at what has happened if you are trying to read it. Not all of the rules are being given here – there are quite a lot of them, including exceptions and special cases. But, unless you are seriously studying the language it is not necessary to learn them anyway. Once the principles have been understood, much of it becomes common sense. Very often, you can hear what the result should be simply by speaking the two separate words quickly in succession.

Sandhi can be analysed into three categories: vowel, *visarga* and consonant. In each category, a number of rules can be specified to enable one to determine what will happen when a word or part-word ending in a specific letter joins with another word or part-word beginning with a specific letter. Many of the rules have sub-rules to cover special cases and exceptions. After a particular rule has been applied and the end character of the first word, say, has been changed accordingly, it may then happen that another rule comes into play for this new character and a further change must take place. Thus, several stages may be involved in the progressive modification of endings until a result is reached which sounds 'harmonious'. For you to learn all of these rules and become familiar with their operation is not the intention of this book. The following paragraphs merely offer a flavour of the topic and a later section will refer you to other resources that you can follow up if you wish to.

The WebPages on Rules of Sandhi, from the Argentinean site (see 'Resources on the Internet', Section B) list 7 primary and 7 secondary rules for the joining of vowels, 10 rules involving *visarga* endings and 24 rules for joining consonants, some of which have anything up to 6 sub-rules. (Incidentally, I cannot recommend these WebPages

too highly. Although Panini is not mentioned, all of the rules are presented in a very methodical and detailed manner with many examples. It is very readable and easy to understand.)

#### 4. Some examples of Vowel Sandhi

#### a) Coalescence of Similar Vowels

This is the simplest form of sandhi, showing what happens when a word ending in one of the five main vowels (short or long) joins a word beginning with the same vowel. There is a sutra in Panini's book of grammar to describe this: akaH savarNe dIrghaH The first word relates to the pratyAhAra in the maheshvarANi sUtrANi just discussed above. It says that whenever an ak sound (i.e. a, A, i, I, u, U, RRi, LLi) is followed by a savarNa sound (meaning 'of the same family' i.e. a similar sound), the two vowels are replaced by the *dIrgha* form, i.e. the long form of the vowel. Thus, if a word ending in a or A is followed by one beginning with a or A (the 'similar' sounds), they are joined and both of the joining vowels are replaced by a single occurrence of A. If a word ends in *i* or *I* joins one beginning with *i* or *I*, both joining vowels are replaced by one I. And so on. Thus kapi means 'monkey' and indra means 'prince' (amongst other things). These join to become kapIndra (lord of monkeys), with the two, hrasva *i*-s becoming a *dIrgha I*. Similarly, *kuru* refers to an ancient country or region, probably North of the Himalayas and uttama means 'best, highest, greatest, chief, etc.'. These two combine to produce kurUttama with the two hrasva u's becoming a dIrgha U.

#### b) Coalescence of Dissimilar Vowels when the first is a or A

Providing that the last vowel of the first word is *a* or *A*, coalescence with a beginning vowel of the second word occurs in a similar manner to the table of *guNa* and *vRRiddhi* discussed earlier, except that, as in a) above, the length of the two vowels does not matter. Thus *a* or *A* joining with *i* or *I* produces *e* as in *mahA* (great) + *Isha* (lord) = *mahesha* (great lord). *a* or *A* joining with *RRi* or *RRI* produces *ar* as in *mahA* (great) + *RRiShi* (sage) = *maharShi* (great sage). *a* or *A* joining with *e* will produce *ai*, and with *o* will produce *au*. If *a* or *A* joins with *ai* or *au*, it will produce *ai* and *au*, respectively, since these are the 'full extent' of coalescence, as it were.

#### c) Coalescence of Dissimilar Vowels when the first is <u>not</u> a or A

This is covered by the first of the sutras relating to the joining of vowels in Panini's book of grammar - *iko yaNachi*. All of the words relate to *pratyAhAra*-s in the *maheshvarANi sUtrANi*. Its meaning is as follows: (When sounds are being joined together), replace an *ik* by a *yaN* if it occurs before an *ach*. *ik* is the shorthand for *i*, *u*, *RRi*, *LLi*, as you will see if you refer back to the last section; *ach* is the term for any vowel; *yaN* refers to the 4 semi-vowels. (The *i* ending of *yaNachi* is the 'locative' case ending, treating the word as a noun, and it is translated as 'before' *ach*.)

Thus the meaning is that, if a word ending in *i*, *u*, *RRi* or *LLi* is immediately followed by a word beginning with any vowel other than itself (in the same sentence or in the same line of a poem), then the *i*, *u*, *RRi*, *LLi* is replaced by *y*, *v*, *r*, *l* respectively and the two words will then be written and sounded as if they were one. Thus, *vi and*  $a \sim njana$  combine to form  $vya \sim njana$ . The *i* is replaced by the semi-vowel in the same group (palatal). If you sound the two words together, the *i-a* naturally turns into a *y*.

#### d) Coalescence when first vowel is complex

The first Panini sutra relating to this situation is eche.ayavAyAvaH.

This is similar to *iko yaNachi* but now refers to a word ending in *ech*, i.e. *e*, *o*, *ai* or *au*, joining a word beginning with *ach*, i.e. any vowel. The ending vowel of the first word is replaced by *ay*, *av*, *Ay* or *Av*, respectively. This is essentially what happens if this situation occurs within a word, i.e. at the joining of two parts of a word. It is a little more complex if there are two separate words. As has already been seen, for example, if a word ending in *e* or *o* is followed by one beginning with *a*, the *a* is dropped but the words remain separate and an *avagraha* is inserted. Also, y's and v's produced as a result of this coalescence can optionally be dropped.

Something very noticeable about the sutras in Panini's grammar is their extreme conciseness. This frequently seems to occur to an extreme of complete unintelligibility. The brevity is intentional, the incomprehensibility presumably not! The situation is not actually as bad as it appears at first sight. What happens is that many of the sutras occur in groups, each of which is called an *adhikAra*, meaning 'topic' or 'subject'. The elements of the topic are introduced logically, one bit at a time but, once a point has been made, it is not repeated. Entire words introduced in a

sutra earlier in the topic are assumed still to apply and we have to mentally 'bring them down' from the earlier ones as necessary. The principle is called *anuvRRitti*, which means the 'continued course or influence of a preceding rule on what follows'.

#### 5. Some Examples of Consonant Sandhi

As mentioned above, there are many more of these. We will look at just six main ones. These are applied in the order given so that, if after applying one, a subsequent rule also becomes applicable, then it is applied too. (We never go back to the beginning on reaching the end, you will be glad to hear!)

The purpose of all of these rules of sandhi is to maximise the harmony and avoid and inharmonious conjunction of sounds. Vowels and consonants, in addition to the various categories already given earlier, are said to be either 'soft' or 'hard'. Another word for 'soft' is 'unvoiced', as compared to the 'hard' ones, which are 'voiced'. This categorisation refers to the fact that the vowels (except for the *visarga*) and consonants in the first two rows (*k*, *ch*, *T*, *t*, *p*, *kh*, *Ch*, *Th*, *th*, *ph*) do make the sound of a syllable. There is no soft resonance; they make a hard, clipped sound and are therefore 'unvoiced' or *aghoSha*. The remainder of the consonants (last 3 rows), together with *H* all sound like short syllables, soft or 'murmuring' and are said to be 'voiced' or *ghoSha*. It is an aim of these *saMdhi* rules that conjunctions of hard and soft should be avoided. For example, if a word ending in a hard sound is followed by a word beginning with a soft one, the hard letter has to be changed to a soft one so that the resultant joining sound is harmonious.

#### a) Word Ending in Any Consonant Other Than A Nasal or a Semi-vowel

The *pratyAhAra* for 'any consonant other than a nasal or a semi-vowel' is *jhal* if you look back at the discussion of the *maheshvarANi sUtrANi*. The rule relating to this is that, when a word ending in a *jhal* consonant joins another word, the *jhal* consonant is replaced by the corresponding *jash* consonant. *jash* is the *pratyAhAra* for *j*, *g*, *b*, *D* or *d* i.e. a consonant from the  $3^{rd}$  line of the five groups of consonants, the  $2^{nd}$  set of *alpaprANa* consonants. The sutra is:

### झलां जशोऽन्ते - jhalAM jasho.ante

An example would be *sat* (real, true) + *guru* (teacher) = *sadguru* 

Here, the first word ends in the dental *t*, which is a *jhal* consonant. Since it is followed by another word, we have to replace it by the corresponding *jash* consonant, i.e. the one in the same group as the *t*, namely the dental *d*.

#### b) Joining of a Dental Consonant with a Palatal

The Panini sutra relating to this situation is *stoH shchunA shchuH* and, expanded into something vaguely meaningful, it says the following:

A 
$$\overleftarrow{\mathsf{cd}}$$
 (*stu.N*), when this joins with a  $\underbrace{\breve{\mathsf{3}}}$  (*schu.N*), is replaced by another  $\underbrace{\breve{\mathsf{3}}}$  (*schu.N*)

The meaning of these terms was explained when we discussed the *chandra-bindu* under 'Special Characters' in Section 2:

Therefore, *stu*.*N* in Panini's system of abbreviations, means 'either an halanta *s* or any of the *tu*.*N* letters' (*s* is regarded as dental, if you recall). i.e. halanta *s* or any halanta dental consonant. Similarly, *shchu*.*N* means halanta *sh* or any of halanta palatal consonant (*ch*, *Ch*, *j*, *jh* or  $\sim n$ ) (*sh* is regarded as belonging to the palatal group). So, if a word ending in halanta *s*, *t*, *th*, *d*, *dh*, *n* is followed by a word beginning with *sh*, *ch*, *Ch*, *j*, *jh*,  $\sim n$ , the dental consonant is replaced by the corresponding palatal.

E.g. *tapas* (religious austerities) + *shivaH* (favourable, auspicious) = *tapashshivaH* The dental *s*, being followed by the palatal *sh*, is replaced by the corresponding palatal, i.e. *sh*.

#### c) Joining of a Dental Consonant with a Cerebral

The corresponding rule when a dental (including *s*) meets a cerebral consonant (including *Sh*) is analogous. The Panini sutra is even more terse, using *anuvRRitti* as discussed earlier: *ShTunA ShTuH*. Following the same principle as before: when a word ending in halanta *s*, *t*, *th*, *d*, *dh*, *n* is followed by one beginning with *Sh*, *T*, *Th*, *D*, *Dh*, *N*, the dental consonant is replaced by the corresponding cerebral one. (Note that the dental consonant is not mentioned at all in the sutra – this part is the one that is 'brought down' from the earlier one. Note that it is the 'meeting' of the consonants

that is being described. The same principle is followed if the first word ends in a cerebral and the next word begins with a dental.)

e.g. *rAmas* + *TIkate* (Rama moves) becomes *rAmaShTIkate* with the dental *s* being replaced by the cerebral *Sh*.

#### d) When the second word begins with a Nasal.

The sutra here is *yaro.anunAsike.anunAsiko vA*. Remember that the '.' in the middle of a word in ITRANS refers to an *avagraha*, which means that the 'a' following the '.' is not sounded. This sutra states that, if a *yar* letter occurs at the end of a word, when the following word begins with a nasal consonant (*anunAsika*), then it can be (optionally) replaced by another nasal. *yar* is the *pratyAhAra* for all the consonants except *h*.

Thus, *etad* (this) + *maya* ('made of, consisting of', not to be confused with mAyA) = *etanmaya* ('consisting of this'). The *d* at the end of the first word is a *yar* consonant so is replaced by the nasal in the same group, *n*.

#### e) When a tu.N letter is followed by l

This sutra is *torli*. Yes, that is the whole of the sutra! It is to be understood as 'when a tu.N is followed by halanta l, it is replaced by a letter that is *savarNa* with l. This means that it is replaced by l, if it is t, th, d or dh. If the tu.N consonant happens to be n, then it is replaced by a 'nasalised l' which is written as a *halanta* l with a *chandra-bindu* over it. An example is:

### विद्वान् + लिखति = विद्वाह्रिंखति

vidvAn (the wise man) + likhati (writes) = vidvA + l.N (i.e. nasalised l) + likhati = vidvAlli.Nkhati (in order for ITRANS to position the chandra-bindu correctly, we have to specify it after the entire conjunct lli).

#### f) When a *jhal* letter is followed by a *khar*

This sutra is *khari cha* and is understood as 'replace a *jhal* letter by a *char* if it is followed by a *khar*'. The *jhal* is 'brought down' from the earlier sutra. *khar* refers to

consonants excluding nasals, semivowels and *h. char* covers *ch*, *T*, *t*, *k*, *p*, *sh*, *Sh* and *s*.

### एतद् + सन्धि = एतत्संधि

*etad* (this) + *saMdhi* ('joining' business that we are investigating) = *etatsaMdhi* The *d* of *etad* is a *jhal* consonant and is followed by *s*, which is a *khar*. Accordingly, it is changed to *t* (being the first letter in the group to which it belongs).

There was an example of this in Section 2 2b), when we saw that the three words *sat* and *chit* and *Ananda* became *sachchidAnanda*. The combination of the first two words is an example of the successive operation of rules. Here, the *t* at the end of *chit* is a *jhal* letter (consonant other than a nasal or a semi-vowel). Accordingly, it has to be replaced by the corresponding *jash* consonant. The *sat* + *chit* then becomes *sad* + *chit*. Now the second of the above rules comes into play. The *d* is a *stu*.*N* consonant while *ch* is a *schu*.*N*. So the *d* has to be replaced by the corresponding letter from the palatal group, which is *j*. Thus, *sad* + *chit* has now become *saj* + *chit*. Finally, this situation corresponds to that covered by the sixth rule. *j* is a *jhal* letter and *ch* is a *khar*. Therefore, the *j* must be replaced by a *ch*, the first letter of the (palatal) group. Thus the complete sequence is:

### सत्+ चित् becomes सद्चित् becomes सज्चित् becomes सचित्

#### 6. Samasa (samAsa)

This was mentioned briefly at the beginning of Section II, to give one of the explanations for the very long 'words' that are often found in Sanskrit. The word actually means 'throwing or putting together' but also 'succinctness, conciseness'. In the context of grammar, it is understood to mean a 'compound word' but it probably has elements of both the literal aspects. It is very common, to the extent that possibly most sentences will contain at least one *samAsa*.

It may sometimes seem that many words, adjectives and nouns, are 'thrown together' to make an artificial new word but the fact that this can be done freely makes the language extremely versatile and able to express the most subtle ideas of an imaginative mind. The resultant word can summarise exactly what the author wishes to say in a concise and apt manner. And the resultant compound is treated as a word in its own right, with only the part at the end of the compound (which is always the principal word) needing to decline and change its endings.

Because all endings, other than that of the principal noun (or adjective) are dropped, it is the word order within the compound that determines the relationship of one word to another rather than the 'part of speech'. Normally just the 'stem' forms of words other than the principal one are used. (Of course, the part-words join together following the principles of sandhi.) An example given by Goldman and Sutherland (Ref. 4) is as follows:

### जनकतनयास्तानपुण्योदकन् - janakatanayAsnAnapuNyodakan

This word will not be found in Monier-Williams! It is actually made up of five words as follows:

जनक – janaka, the famous king in Hindu mythology; तनया – tanayA, daughter

(*tanayaH* is son); *snAna*, bathing, washing, anything used in ablutions; *puNya* – auspicious, pure, holy; *udakan* – water. 'Water' is the last word in the compound so this is the 'principle' word. The order of 'importance' or applicability of the other words then passes back one at a time. Thus the type of water that is being spoken of is 'holy' water; the type of holy water that is referred to is 'that used for bathing'. The provenance of this holy bathing water is 'that belonging to the daughter' and, finally, it is 'Janaka' about whose daughter we are speaking.

If this compound occurs in a sentence as an object, as for example "He drank the holy bathing water of Janaka's daughter", then only the last bit of the word would change its ending to the accusative (*-udakam*). All of the rest of the word would remain unchanged.

#### C. The Four MahAvAkya-s

MahAvAkya means 'great saying' - maha = 'great', vAkya = statement or assertion, and maha adds the extra *a* since vAkya is a feminine noun and the endings have to agree. There are four 'great sayings' from the Vedas that are said to encapsulate the teaching of Advaita Vedanta. This is the non-dualistic philosophy that claims that there are 'not two things', that there is only Brahman, the Absolute or Consciousness, and we are that.

a) The first of these, from the *aitareya* Upanishad in the *RRig* veda, is:

### b) **प्रज्ञानं ब्रह्म** – *praj~nAnaM brahma* – Consciousness is Brahman

*praj~nAna* is a neuter noun, hence the *m* ending (which changes to an anusvAra because the next word begins with a consonant). *brahma* is 'Brahman' obviously. The two words are joined since the first does not end on a syllable. The verb is omitted from the 'sentence' and, this being the case, the word 'is' (*asti*) is understood.

b) The second, from the *ChAndogya* Upanishad in the *sama* Veda, has already

been mentioned in C.3: तत्त्वमास - tattvamasi - Thou art That

The three *pada*-s *tad* (that), *tvam* (you), *asi* ( $2^{nd}$  person singular present indicative of the verb 'to be' i.e. 'you are') are joined into a single spoken and written word. The use of the pronoun *tvam* is for emphasis – <u>You</u> are That (i.e. Consciousness)

c) The third quotation is from the *mANDUkya* Upanishad in the *atharva* or

AtharvaNa Veda: अयमात्मा ब्रह्म – ayamAtmA brahma – This Self is Brahman

*ayam* (this one), *AtmA* (the nominative singular ending of the masculine noun *Atman* meaning the 'individual self'). Again the verb (*asti* – 'is') is omitted – this is very common in Sanskrit.

d) The fourth of the sayings is from the *bRRihadAraNyaka* Upanishad in the

yajur Veda: अहं ब्रह्मास्मि – ahaM brahmAsmi – I am Brahman

*aham* (personal pronoun 'I'), *asmi* is the 1<sup>st</sup> person singular present indicative of the verb 'to be' – 'I am'. The use of *aham* is for emphasis – <u>I</u> am Brahman. Again, the *m* of *aham* changes to *M* because the next word begins with a consonant.

#### **D.** Some Vedic Prayers and Quotations

For practising reading Sanskrit, any of the Upanishads or scriptures such as the Bhagavad Gita are suitable. Many versions of these contain the original Sanskrit, together with a transliteration and a literal translation. Some even contain a breakdown of the Sanskrit with the meanings of individual words. (The only version of the Bhagavad Gita with all of this is the one translated by Winthrop Sargeant, published by Suny Press in 1994.) It may be that you would prefer to study and learn a few key passages of especial beauty and/or philosophical meaning. If this is the case, there are quite a number of these and, of course, different people will point you to their own favourites. Below are a few of my own favourites.

#### 1. 'Lead me from the unreal' (from the *bRRihadAraNyaka upaniShad*)

असतो मा सद्गमय ।	- asato mA sadgamaya
तमसो मा ज्योतिर्गमय ।	- tamaso mA jyotirgamaya
मृत्योर्माऽमृतं गमय ॥	- mRRityormA.amRRita.n gamaya

Lead me from the unreal to the real, Lead me from darkness into light, Lead me from death to immortality.

*sat* has been met before. It is an adjective and means 'real, being, existing, true etc.'. The prefix *a* always negates the noun so that *asat* means 'unreal etc.'. 'From' the unreal means that the adjective has to take the fifth case ending (called 'ablative', for those who studied Latin), which would make it *asataH*. The personal pronoun *aham* – 'I' – changes to *mAm* or *ma* in the accusative – 'me', the object of the verb 'to lead', *gam*.

Because *asataH* is followed by an *m*, which is a 'soft' consonant (see under B. 5 above), the visarga is changed to *u*, which immediately combines with the preceding *a* to become *o*. Accordingly, *asataH mA* becomes *asato mA*.

The verb is in the imperative - 'lead!' and I want to be led 'to the real', which is usually indicated by using the second case ending (i.e. indirect object the same ending as the direct object for verbs expressing motion). 'To the real' is therefore *sat* but, this being followed by *gamaya*, the *t* changes to *d* in accordance with the rule *jhalAM jasho.ante* as described above. Thus *asato mA sadgamaya*.

*tamas* means 'darkness, ignorance, illusion etc.' Again, I want to be led out of this so that the noun takes the ablative case ending, *tamasaH*. This changes in exactly the same way as did *asataH* above. This time I want to be led 'into light'. The Sanskrit for 'light' is *jyotis*. The accusative case is *jyotiH* but a rule of (*visarga*) *saMdhi* state that 'when a *visarga* is preceded by any vowel (except *a* or *A*) and followed by a vowel or a soft consonant, it has to be changed into an *r*. Accordingly, with the *jyotiH* being followed by *gamaya*, the combination becomes *jyotirgamaya*. Thus *tamaso mA jyotirgamaya*.

The (masculine) noun for 'death' is *mRRityu*. Again this has to go into the fifth case ending, which is *mRRityoH*. Thus, following the same rule as before, when this combines with *mA* ('me'), it becomes *mRRityormA*. *amRRita* means 'immortality'. This is a neuter noun and the accusative case ending is -am so the *pada* is *amRRitam*. It has been mentioned earlier that an *m* is usually changed into a *M* when it occurs at the end of a word. The relevant Panini sutra is *mo.anusvAraH*. There is some *anuvRRitti* involved as well obviously and the complete instructions are that, in place of halanta *m* at the end of a fully inflected word when the next word begins with a consonant, *anusvAra* is substituted. Since the following letter is the *g* of *gamaya*, the *m* of *amRRitam* is therefore changed to *M*. Thus *mRRityormA amRRitaM gamaya*. In addition, it is pronounced the same as the *anunAsika* of the same group as the letter beginning the following word, i.e. -N. Because *mRRityormA* ends in *A* and is followed by a word beginning with *a*, the *a* is elided and an *avagraha* is inserted to show that this has happened.

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#### 2. 'That is perfect' from the IshA upaniShad

This is the very famous introductory 'invocation'. The Upanishad occurs in the initial section of the Yajur Veda, which is unusual in that Upanishads normally occur at the end (hence *vedAnta* – *veda anta* – 'end of the Vedas'). The first sutra begins *IshA vAsyamida{\m+}*, if you recall (the text was given in Section 2 G, when we looked at the *chandra-bindu*), and the document is also sometimes called the Isavasya Upanishad.

## ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।

## पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

This, then is the 'invocation'. It is often referred to as the 'Perfect Prayer', for reasons that will become apparent.

There will be no difficulty with the first word, *OM*. This was described in Section 2, C3 and G. The second word is *pUrNamadaH*. *pUrNa* means 'complete, entire, fulfilled etc' and is often translated as 'infinite' or 'perfect', though neither of these words is actually given in Monier-Williams. *adas* means 'that' as opposed to *idam* (which occurs in the next word), which means 'this'. As usual, the verb 'to be' is omitted throughout and understood to be present wherever necessary, so that this second word is translated as 'this is complete (or 'perfect' or 'infinite'). The first rule of *visarga saMdhi* is that words ending in *s* can be changed to an H.

The next word, then, is pUrNamidaM and, as just explained, this means 'that is complete'. The *m*, being at the end of a word, is changed to *M*, as was explained in *asatoma* above. (The –m ending on the adjective pUrNa is the neuter ending in the absence of any qualifying noun.)

The next word is *pUrNAt*. This is another example of the fifth (*pa~nchami*) or ablative case, this time for the adjective *pUrNa*, in the singular, masculine, meaning 'from the complete'. Now perhaps we can see why writers choose to use a word like 'perfect' or 'infinite' – 'from perfect' will sound much better.

The last word on line one is *pUrNamudachyate*. The verb *ach* means 'to go or move'. The prefix *ud* means 'up' or 'upwards' in the sense of superiority, so that *udach* would mean something like 'to promote'. The ending however is the passive voice so that it is translated as 'is manifested' or 'comes out of'. The clause therefore means that *pUrNam* or 'perfect' is manifested from perfect.

The next line begins with *pUrNasya*, the genitive case meaning 'of the complete or perfect'. This is followed by *pUrNamAdAya*. *AdAya* at the end of a word has the sense of 'taking or seizing' so the two words together literally mean 'taking the perfect of perfect'. Next comes *pUrNameva* – just or exactly (*eva*) that same completeness or perfection (*pUrNam*). *avashiShyate* comes from the verb *avashiSh*, meaning 'to remain' and means 'it remains', being in what is called the 'middle voice' (*Atmanepada* or 'word for one's self'). This clause therefore means that, when the 'perfect of perfect' is taken, perfect remains.

Altogether, then, the prayer can be translated:

"This is perfect. That is perfect. Perfection is manifested from the Perfect. When this perfection is taken from the Perfect, the Perfect still remains."

### 3. 'I do nothing at all' from the bhagavadgItA नैव किञ्चित्करोमीति युक्तो मन्येत तत्त्ववित् ।

### परयञ्राण्वन्स्पृशञ्जिघन्नश्नन्गच्छन्स्वपञ्श्वसन् ॥ ५।८ ॥

### प्रलपन्विसृजन्गृह्तन्नुन्मिषन्निमिषन्नपि ।

### इन्द्रियाणीन्द्रियार्थेषु वर्तन्त इति धारयन्॥ ५।९॥

These are the  $8^{th}$  and  $9^{th}$  verses from chapter 5 of the Bhagavad Gita. The length of the 'words' in the  $2^{nd}$  and  $3^{rd}$  lines might seem to be enough to put anyone off the study of

Sanskrit. In fact, they are quite straightforward, as will be seen and the overall profundity of these verses makes them worth the effort.

The first word of line 1 is *naiva*. This is simply a combination of the words *na*, meaning 'not' and *eva*, 'truly' or 'even'. Then comes *ki~nchitkaromIti. kim* + *chid* becomes *kiMchid* meaning 'somewhat' or 'a little'. The alternative representation is because the *M* is spoken as though it were the *anunAsika* of the same group as *ch*, i.e. *~n. karomi* is the first person singular present indicative of the verb *kRRi*, 'to do'. *iti* means 'thus', if anything, and is very frequently used in Sanskrit simply to stress what has just been said or instead of quotation marks, since these do not exist. Putting these together, *karomi* + *iti* = *karomIti* and *kiMchid* + *karomIti* = *kiMchitkaromIti*. The *d* changes to a *t* in accordance with the sutra *khari cha* as discussed in C 5f) above. The first two words therefore translate as 'I do not even a little'.

The next word is *yukto*, from the adjective *yukta*. This comes from the same root as *yoga* and can mean 'yoked' or 'joined'. Here, however, it means 'absorbed in abstract meditation' and refers to a Sage. It is the subject of the whole sentence, in the nominative masculine singular, *yuktaH*. The *visarga* changes to -u, because it is preceded by an *a* and followed by a soft consonant, and then *au* changes to *o* producing *yukto*. Then comes *manyeta* from the verb *man*, 'to think' and is 'optative' tense, meaning 'he should think'. The next word is *tattvavit*. We have already seen *tad* + *tvam* (that + you) in *tattvamasi*. Here, *tattva-vid* means 'knowing the true nature of'. The 'hard' or 'voiced' *d* of *tad* has to be replaced by the corresponding 'soft' or 'unvoiced' one, i.e. *t* since the next word *tvam* begins with a soft consonant. Hence, *tattvavid* becomes *tattvavit* and the rest of the first line is therefore *yukto manyeta tattvavit* – 'the Sage, knowing the true nature of (the Self) should think'.

The second line, though appearing as a single word, is obviously not. The transliteration is:

pashya~nshRRiNvanspRRisha~njighrannashnangachChansvapa~nshvasan In fact, it is just a succession of present, active participles of verbs describing what the speaker is (outwardly) doing when, in fact the Self is not doing anything at all. Each one is rendered in the masculine, nominative singular:

pashyan – seeing (n changes to ~n on joining according to stoH shchunA shchuH)

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### shRRiNvan – hearing spRRishan – touching (*n* becomes ~*n* on joining according to stoH shchunA shchuH) jighran – smelling ashnan – eating gachChan – going svapan – sleeping (*n* changes to ~*n* on joining according to stoH shcunA shcuH) shvasan – breathing The double 'n' at the end of *jighrann* results from the following rule of saMdhi: When ~N, N or n are at the end of a word and preceded by a short vowel, they must be doubled if followed by a vowel.

The third line continues this list of 'activities':

pralapanvisRRijangRRihNannunmiShannimiShannapi

pralapanan – talking

*visRRijan* – sending or letting go

gRRihNan - seizing (with the mind)

unmiShan - the act of opening the eyes

nimiShan - closing the eyes

api - (emphasis) even or also

The double 'n' at the end of gRRihNann and nimiShann result from the saMdhi rule given above. That at the end of *unmiShann* results from the rule: 'If a consonant (other than h) comes after a vowel and is not followed by a vowel, it is optionally doubled.'

#### The last line is: indriyANIndriyArtheShu vartanta iti dhArayan

The first part-word is *indriyANi*, the (nominative) plural of *indriya*, referring to the five sense organs. The remainder of the word is from *indriyArtha*, meaning a sense object. The ending is the seventh case, plural (more than two, *bahu-vachana*) and indicates where the action of the verb takes place, being translated as 'in', 'at' or 'amongst' etc. The next word, *vartanta*, is the *saMdhi* change from *vartante*. Because *vartante* is followed by a word beginning with a vowel other than *a*, the *e* changes to *ay* and then the *y* is (optionally) dropped. *vartante* is the 3<sup>rd</sup> person plural present indicative from the verb *vRRit* meaning 'to surround or enclose', usually referring to armies. Here, the subject of the verb is *indriya*, the five sense organs – they are

'surrounding' the sense objects. The role of *iti*, meaning 'thus' etc., has already been mentioned earlier. *dhArya* means 'maintaining, holding or possessing (the belief that)'. Therefore, the Sage (who thinks 'I do nothing at all') maintains the belief that the senses surround the sense objects.

Therefore, the complete translation is:

"Believing that it is merely the senses surrounding the objects of sense, though seeing, hearing, touching, smelling, eating, going, sleeping, breathing, talking, mentally grabbing or letting go, even just opening or closing the eyes, the Sage, knowing the true nature of (the Self) should think 'I do nothing at all'."

4. 'You are not the body' from the aShTAvakra gItA न त्वं देहो न ते देहो भोक्ता कर्ता न वा भवान्।

## चिद्रूपोऽसि सदा साक्षी निरपेक्षः सुखं चर ॥

This is chapter 15, verse 3 of the Astavakra Gita, an uncompromising treatise on Advaita Vedanta. Most of the words end on a syllable so that there is much less *saMdhi* apparent than in the earlier examples.

न त्वं देहो - na tvaM deho - na: not, nor, neither etc., used especially in repetition,

as in this sentence, 'neither this, nor this etc.'. *tvaM*: *tvam* is the nominative singular of the personal pronoun 'you', already met several times. The letter *m* at the end of a word is always changed into an anusvAra, when it is followed by a consonant. *deha* is 'the person or individual', the 'outward appearance or form'. In the nominative singular, it is *dehaH* but, as was noted above, when this is preceded by *a* and followed by a soft consonant, it changes to *u* and then the *a* and *u* combine to form *o*. This then, simply means 'you (are) not the body'. The verb *asi* is, of course omitted as usual.

# **न** ते देहो – *na te deho – te* is the sixth (genitive) case of *tvam* and means 'of or

belonging to you – i.e. yours'. na and deho translate as before. This, then, means 'nor (is) the body yours', asi again being understood.

## भोक्ता कर्ता न वा भवान् - bhoktA kartA na vA bhavAn - na vA is translated as

'neither... nor' though, unlike in English, *vA* doesn't usually come before the word to which it refers. *bhoktA* is the nominative masculine singular of the word *bhoktRRi*, which mean 'one who enjoys or experiences'. Similarly *kartA* is from *kartRRi*, 'one who makes or does'. *bhavAn* is another word meaning 'you', again nominative singular, from *bhavat*. It is a much more formal version, though, often being translated as 'your honour' or 'your worship'. Perhaps there is an intentional irony here. You, who think yourself an important 'doer' or 'enjoyer' are, in fact, not even a body. I'll translate it with artistic licence as 'Sir, you are neither an enjoyer nor a doer'.

चिद्रूपोऽसि - chidrUpo.asi - chit means 'pure thought, spirit, soul' but in the

context of Advaita is usually translated as Consciousness, in the sense of Brahman. *rUpa* means 'form, outward appearance etc.' The *t* at he end of *chit* becomes a *d* in accordance with *jhalAM jasho.ante. chidrUpaH* means 'the Universal Spirit as identified with pure thought' and the nominative singular is *chidrUpaH. asi* means 'you are'. When the two words combine, the *visarga*, being followed by an *a*, changes to *u* and, since this is preceded by *a*, the *a* and *u* combine to form *o*. The *a* of *asi* is now elided when speaking but to show that it is still effectively present, an *avagraha* is inserted when it is written. The phrase is translated as 'you are Consciousness itself'.

### सदा साक्षी निरपेक्षः - sadA sAkShI nirapekShaH - this a continuing description of

what you are. *sAkShI* is the masculine nominative singular of *sAkShin*, meaning a 'witness' and this is qualified by *sadA*, meaning 'always, perpetually' and

*nirapekShaH*, meaning 'desireless, indifferent'. *asi* is understood again. Overall translation: 'you are the eternal, disinterested witness'.

सुरवं चर - sukhaM chara - sukha means 'comfortable, happy, prosperous'; the

nominative singular ending -m is converted to -M as before. The verb *char* can mean 'to move or travel through, to follow, behave, act, live etc.' and *chara* is the imperative. Exercising a little artistic licence again, I would translate this simply as 'be happy!'.

The complete translation, then, is:

"You are not the body, nor is the body yours. Sir, you are neither an enjoyer nor a doer; you are Consciousness itself - the eternal, disinterested witness. Be happy!"

#### 5. 'All beings exist in me' from the Bhagavad Gita

No apologies for this second extract from the Gita – this is another famous passage. It is one constantly being quoted by a friend and I am taking this opportunity to examine it in more depth!

## ईक्षते योगयुक्तात्मा सर्वत्र समदर्शनः ॥

This is Chapter 6, verse 29.

The verb of the sentence is  $\overline{\$}$ 

of the verb IkSh, 'to see'.

सर्वभूतस्थमात्मानं - sarvabhUtasthamAtmAnaM - there are in fact only two

words conjoined here, *sarvabhUtastham* and *AtmAnaM. sarva* means 'all, every, manifold' etc. *bhUta* is 'that which is or exists, any living being (divine, human, animal or vegetable)'. *stha* means 'standing, staying, abiding, being situated in etc.'. There are not, however, three separate words here. (If there were, you would be

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wondering why the endings of words did not agree with apparent adjectives or why nouns appeared to be in the wrong case.) The single word *sarvabhUtastha* simply means 'present in all elements or beings'. *Atman* has been met already – *AtmAnam* is the singular, accusative, the object of this clause; the -m ending changes to -M, as usual. So, the ending of *sarvavhUtastham* indicates it applies to *Atman* and the translation is therefore: 'the Self, abiding in all beings'.

## सर्वभूतानि चात्मनि - sarvabhUtAni chAtmani - here there are four words, sarva,

*bhUtAni*, *cha* and *Atmani*. This time, *Atmani* is in the 7<sup>th</sup> case – 'in the Self'. *cha* means 'and, also, moreover etc.'. *cha* + *Atmani* = *chAtmani*, in accordance with *akaH savarNe dIrghaH*, the first rule of vowel sandhi given above. *sarvabhUtAni* could have been either nominative or accusative plural. In the context of the sentence, it is clearly the object of the verb 'sees' and translates as : 'and all things (abiding) in the Self'.

योगयुक्तात्मा - yogayuktAtmA - this is the subject of the whole sentence.

*yogayukta* means 'immersed in deep meditation, absorbed in yoga'. *AtmA* is the nominative singular of *Atman*, used here in the context of the 'individual soul'. Again, a + A = A when the words join.

### सर्वत्र समद्र्शनः - sarvatra samadarshanaH - sarvatra means 'everywhere, at all

times'; *sama* means ' like, similar, equal' (our English 'same' clearly derives from it); *darshanaH* is the nominative singular masculine of the participle 'seeing, observing, noticing etc.'. Again, however, there are not two separate words here. If there were, *sama* would be expected to be in the accusative, being 'what is seen'. In fact, *samadarshanaH* is a single (compound) word, meaning, when used with *sarvatra*, 'looking on all (things or men) with equal or indifferent eyes'. This is a great danger when trying to translate in this way. We try to break up a word into its component parts when, in fact, the whole word itself has a specific meaning and its components do not separate into individually declined words.

The total translation is thus as follows:

"In deep meditation, The Sage, looking dispassionately on all things, sees the Self abiding in all things, and all things abiding in the Self."

And that should be sufficient to give you the general idea. Internet references are given in the next section for obtaining full details of the rules of *saMdhi* and for downloading your own free digital Monier-Williams, along with pointers to many other resources. With all of these at your disposal and with the knowledge you have now gained, you should be perfectly able to set off on your own path of discovery. To end with then, here is a further example for you to practise on, without any clues as to its source or meaning other than to say that it is a sentiment that we would all do well to feel towards our fellows on the planet, whatever spiritual persuasion they may have.

# सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

# सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभाग्भवेत्॥

If you really cannot work it out or want to check your answer, the ITRANS and translation are provided in Appendix 5.

## **Resources on the Internet**

#### A. General Resources

If you intend to utilise what you have learnt from this book on your computer in any way, e.g. incorporating Devanagari script in your own documents, then you will need appropriate fonts and tools for generating the script.

The ITRANS scheme was devised by Avinash Chopde. His software, and details about the system, may be downloaded from his website, <a href="http://www.aczone.com/itrans/">http://www.aczone.com/itrans/</a>.

For easy ITRANS representation of Sanskrit, I recommend the use of the excellent software package 'Itranslator 98', developed by the Sannyasis of Omkarananda Ashram Himalayas, Rishikesh, India. This program, compatible with Windows 95, 98 and NT 4.0 is freeware, downloadable from

<u>http://www.omkarananda-ashram.org/Sanskrit/Itranslt.html</u>. Words can be typed in ITRANS and converted into Devanagari and Roman diacritical forms. These can then be copied and pasted into any Windows package. Note that the most recent ITRANS changes have not yet been incorporated at the time of writing, e.g. use of *RRi* instead of  $R^{i}$ .

http://sanskrit.gde.to/ is one of the main, general sites for Sanskrit-related information. Many documents may be downloaded in a variety of formats: PDF, PS, ITX, GIF, TXT, Sanskrit98, XDVNG. There are links to dictionaries and grammar-related tools and many exercises relating to conversational Sanskrit. Fonts etc. are available for download and links are provided to ITRANS and postscript tools. Finally, there are links to many other academic and personal Sanskrit-related projects around the world. There are even news broadcasts in Sanskrit, in Real Audio format.

Another major site may be found at <u>http://sanskrit.bhaarat.com/</u>. Unfortunately, this is not always accessible. Again there is a wide selection of tools, documents etc. and the site itself is professionally presented.

Gerard Huet provides a general site at <u>http://pauillac.inria.fr/~huet/SKT/sanskrit.html</u> though many of the resources, including a dictionary with HTML-browser search facilities, are in French-Sanskrit. Many links are provided to other sites.

Another huge list of links to sites in many languages may be found at <u>http://www.languages-on-the-web.com/links/link-sanscrit.htm</u>.

### **B.** Learning the Language

As you will certainly have realised quite early in this book, in order to learn how to sound the letters and how correctly to pronounce words, you really need to listen to someone who knows. Since it is unlikely that you will be sufficiently interested to go into it this deeply, however, just follow the instructions and don't worry about how it feels. We are unused to making full use of our mouth and tongue in speaking and, since Sanskrit makes almost scientific use, we will find much of it peculiar and initially uncomfortable. If you want a more thorough introduction to the language, including writing and pronunciation, with little in the way of expense or commitment, there is a truly excellent one available off the Internet. You can download this free of charge and the only cost is the subsequent printing. It is called 'A Practical Sanskrit Introductory' and was produced by Charles Wikner. Numerous versions of it, in different formats, may be downloaded from the site mentioned above (http://sanskrit.gde.to/). which also contains information about many other courses and books.

One of the best ways of learning to recognise the characters is to produce a set of 'flash' cards where each card has the *devanāgarī* character on the front and the Romanised equivalent on the back. These are already done for you in the book. All you need to do is print the related pages double-sided and cut out the cards at ten to an A4 size page.

A series of eleven articles introducing the language were published in the journal 'Eternal Truth', the magazine produced by the Sringeri Vidya Bharati Foundation, Inc., USA. They are downloadable, in a mixture of html and pdf formats from their site <u>http://www.svbf.org/sringeri/</u>, though it is probably easier to link to each article from the Sanskrit/gde site mentioned above.

This site in Argentina <u>http://sanskrit-sanscrito.tripod.com/index2i.html</u> is simply excellent. It takes you from the basics of learning to write and pronounce the letters up to a very comprehensive set of instructions and examples for combining letters (vowel, visarga and consonant sandhi). There are translations of Patanjali's Yoga Sutras and other scriptures and audio files of Sanskrit pronunciation. A tremendous amount of effort has clearly gone into this project and it shows. It is well presented and easy to read.

There is a very comprehensive set of on-line lessons to be found at <a href="http://acharya.iitm.ac.in/sanskrit/lessons/lessons.html">http://acharya.iitm.ac.in/sanskrit/lessons/lessons.html</a> . These were produced between Oct. '97 and Oct. 2001 by the Systems Development Laboratory at Chennai, India. Alternatively, lessons may be downloaded for offline study. There is also a free multilingual editor, for use in generating web pages containing Devanagari (and other) scripts. This is needed in order to be able to make full use of the lessons.

The Arsha Vidya Gurukulam, the Institute of Vedanta and Sanskrit in Pennsylvania directed by Swami Dayananda, has a home-study course in Sanskrit. The Part 1 course is available for \$55 n the US. See http://www.arshavidya.org/programs/sanskrit.htm.

If you want to go on courses to study the language, there is the American Sanskrit Institute in Connecticut – see <u>http://www.americansanskrit.com/</u>. 'Immersion' courses of about 12-day duration are offered for \$975. They also offer a 12 lesson home-study course using audio cassettes for \$275.

Finally, if you are really serious about learning the language, there is an excellent book – '*DevavANIpraveshikA* - An Introduction to the Sanskrit Language' by Robert P. Goldman and Sally J. Sutherland, Ref. 4. The only serious shortcoming of the book is its lack of a proper index. A list of recommended books, divided up into 'Introductory Grammar and Readers', 'Reference Grammars', 'Dictionaries Sanskrit-English' and 'Dictionaries English-Sanskrit', is provided by the Columbia University 'Inventory of Language Materials'. This may be viewed at <u>http://www.realization.org/page/doc0/doc0078.htm</u>.

## C. Dictionaries and Grammar Tools

Gerard Huet's site, mentioned in the first section, provides an on-line tool whereby you can specify the stem of a noun (*prAtipadika* form), together with its gender and it will provide you with a tabular listing of all of the cases. There is also a 'sandhi analysis' utility that will attempt to break a sentence into words.

The University of Cologne has done an incredible job of digitising much of the Monier-Williams Sanskrit to English dictionary. This may be used on-line. However, it may be downloaded in its entirety (19Mb compressed to 7Mb) together with a superb utility for accessing the content. This facility has been provided by Louis Bontes at his site <u>http://members.rott.chello.nl/l.bontes/</u>.

## **D.** Documents in Sanskrit

(In addition to sites already mentioned above, which may also contain downloadable documents.)

## **Bhagavad Gita:**

The Sanskrit original, together with verse by verse translation into many languages, is available at

<u>http://www.bhagavad-gita.org/</u> (with audio output too if you have the RealPlayer add-on for your browser)..

## Upanishads:

There are word-by-word translations, together with the original Sanskrit for a number of the main Upanishads at

http://www.vidyavrikshah.org/upanishads.html.

### Chants:

If you would like to hear some Sanskrit being chanted, there are a number of sites, which offer such facilities, e.g. <u>http://bhaarat.com/SANSKRIT/dale/Audio.html</u>. This provides the complete Isopanishad and a chapter from the Bhagavad Gita amongst other things and has links to similar sites.

### Miscellaneous:

A number of documents may be downloaded from <u>http://chandra.astro.indiana.edu/isongs/sanskrit/sindex.html</u> in both Sanskrit (PostScript form) and ITRANS (ASCII form).

## **Glossary of Sanskrit Terms**

Note: A word will normally be given in typical English spelling followed by the ITRANS representation in brackets, e.g. '**Devanagari** (*devanAgarI*)'. For some definitions, no Sanskrit equivalent is appropriate. In some cases, a word will never be encountered in 'English' form and only the ITRANS representation will be given, e.g. *ach*.

*ach* – the *pratyAhAra*, from the *maheshvarANi sUtrANi*, used to identify all the vowels.

*ach saMdhi* – (The rules relating to) the joining of vowels at the end of one word and the beginning of the next. *ach* is the *pratyAhAra* for 'all vowels'.

*adhikAra* – means 'topic' or 'subject'. The sutras in the *maheshvarANi sUtrANi*, for example, occur within chapters. The main subject is introduced at the beginning. Key words are assumed to apply to sutras in the rest of the chapter and are not repeated. They have to be mentally 'brought down' from the earlier sutra as necessary (*anuvRRitti*). Note that the word *adhikaraNa* is frequently used to mean the same thing, though this word is not specified in Monier-Williams.

*aghoSha* - refers to those letters that make a hard sound in their pronunciation and could not really be regarded as sounding a syllable. (By contrast, letters such as 'b' for example, might be written 'ba' or 'bu' or actually something in between the two). Monier-Williams defines them as 'non-sonant', having 'an absence of all sound or soft murmur'. They are sounded by opening the mouth and allowing the basic *a* sound to emerge, modified as necessary by altering the mouth (tongue, lips) as necessary. The unvoiced or *aghoSha* letters are all the vowels (except for the *visarga*) and the first two rows of the main set of consonants, i.e. *k, ch, T, t, p* and *kh, Ch, Th, th, ph*), plus the sibilants (*sh, Sh, s*). See ghoSha, unvoiced, voiced.

akShara – syllable or letter of the alphabet. The word literally means 'imperishable'.

al - the pratyAhAra, from the maheshvarANi sUtrANi, used to identify all the letters.

**Alpaprana** (*alpaprANa*) – describes a consonant that is sounded without any additional expelling of air. It means 'with little breath'. Specifically, it is used for those consonants on the  $1^{st}$  and  $3^{rd}$  rows of the main groups, namely *k*, *ch*, *T*, *t*, *p* and *g*, *j*, *D*, *d*, *b*.

**Antastha** (*antaHstha*) – The Sanskrit term for the 'semi-vowels': *y*, *r*, *l*, *v*. These are formed by combination of *i*, *RRi*, *LLi* and *u*, respectively with the vowel *a*. The word literally means 'stand between'.

**Anunasika** (*anunAsika*) – Refers to one of the letters that is sounded 'through the nose', i.e. the last row of the main groups of consonants:  $\sim N$ ,  $\sim n$ , N, n, m.

Anusvara (*anusvAra*) – This literally means 'after sound'. It is represented as 'aM' but is not actually a letter and does not occur on its own. It changes the sound of a letter, causing the associated vowel to be sounded through the nose. In ITRANS, it is represented by M or .n and in Romanised transliteration by a dot, above or below the preceding consonant. The precise nature of the sound is determined by the consonant that follows. It will take on the sound of the *anunAsika* in the same group as this

consonant. e.g. in *saMdhi*, the sound will be that of *n* while in *shaMkara*, it will be that of  $\sim N$ .

*anuvRRitti* – Literally means 'the continued course or influence of a preceding rule on what follows'. The sutras in the *maheshvarANi sUtrANi*, for example, occur within chapters. The main subject is introduced at the beginning. Key words are assumed to apply to sutras in the rest of the chapter and are not repeated. They have to be mentally 'brought down' from the earlier sutra as necessary.

**Ardachandra** (*ardhachandra*) – The concave shape sometimes used in old manuscripts instead of the *anusvAra* but performing the same function. It looks like the *chandra bindu* but without the dot. It means 'crescent-shaped' and can be generated in ITRANS by putting .*c* after the related letter.

Ashtadyayi (*aShTAdhyAyI*) – the classic work on Sanskrit grammar produced by Panini, circa 500 BC

Avagraha (avagraha) – The special symbol used between a word ending in e or o and one beginning with a to indicate that the a is not sounded. It is similar to elision in French and is shown in Romanised transliteration by dropping the a and inserting an apostrophe, again similar to French. In ITRANS the a is left unchanged but a single full stop is inserted instead of the space between the two words.

*avyaya* – 'indeclinable', applied to those *prAtipadika*-s that do not add *vibhakti* endings.

**Ayogavaha** (*ayogavAha*) – Term for the *anusvAra* and *visarga*, which are not really vowels but are not consonants either. The word means 'not belonging to'. See *yogavAha*.

bahu-vacana - 'plural', with respect to 'number' of nouns of verbs.

*chaturthI vibhakti* – the fourth, dative case of nouns, i.e. the indirect object, as in 'he gives the letter <u>to the postman</u>'.

**Cerebral** - Mouth position used for speaking one of the main groups of letters, the *mUrdhanya* group, with the tongue raised to the roof of the mouth - RRi, RRI, T, Th, *D*, *Dh*, *N*, *r*, *Sh*.

**Chandra-bindu** (*chandra bindu*) – The name for the special symbol (shallow, concave bowl, containing a dot) that sometimes appears above a vowel. Its most frequent usage is as part of the special *praNava shabda* symbol for *OM*. The literal meaning is 'moon-like spot' and it indicates that the vowel over which it appears should be sounded through the nose. It is represented in ITRANS by *.N* after the vowel.

*chu.N* - an abbreviation used to refer to the halanta palatal consonants, i.e. *ch*, *Ch*, *j*, *jh* and  $\sim n$ . The .*N* inserts a *chandra bindu* above the *chu* and causes the *u* to be sounded through the nose.

**Complex vowels** – Refers to *e*, *o*, *ai* and *au*, so-called because they are formed by combining the simple vowels *i* and *u* with *a*. The Sanskrit term is *saMyukta svara*.

**Dantya** (*dantya*) - Mouth position used for speaking one of the main groups of letters, the dental group, with the tongue touching the back of the teeth -LLi, LLI, t, th, d, dh, n, l, s.

**Dental** - Mouth position used for speaking one of the main groups of letters, the *dantya* group, with the tongue touching the back of the teeth – *LLi*, *LLI*, *t*, *th*, *d*, *dh*, *n*, *l*, *s*.

**Devanagari** (*devanAgarI*) – The name given to the script used for Sanskrit. It means 'city of the gods'.

**Dhatu** (*dhAtu*) – The 'root' of a word. There are only about two thousand of these and all Sanskrit words are derived from one or more. Words are formed by adding prefix/suffix endings, called *pratyaya*, to form stem-words, called *prAtipadika*. These are the form encountered in the dictionary. They then add the appropriate endings (for nouns and verbs), called *vibhakti*, to form actual 'words', called *pada*.

**Diacritical (marks)** – The correct name for the special accents used in the Romanised transliteration of Sanskrit. They include lines above some letters and dots above or below others. They are needed because the Sanskrit alphabet has much more than the 26 characters of the English alphabet. See Transliteration.

**dIrgha** – Refers to the <u>long</u> vowels: *A*, *I*, *RRI*, *LLI* and *U*, sounding for two 'measures'. The short form is *hrasva*. The complex vowels *e*, *ai*, *o* and *au* are necessarily long since they combine other vowel sounds with *a*.

*dvitIyA vibhakti* – the second, accusative case of nouns, i.e. the direct object, as in 'he opens <u>the box</u>'.

dvi-vacana - 'dual', with respect to 'number' of nouns.

eka-vacana - singular, with respect to 'number' of nouns.

**External sandhi** (*saMdhi*) – the joining of letters at the end of one word and the beginning of the next.

**ghoSha** - refers to those letters that could be thought of as sounding a syllable in their pronunciation. The voiced or *ghoSha* letters are all consonants except for the first two rows of the main group, plus the *visarga* and semi-vowels. i.e. *g*, *j*, *D*, *d*, *b*; *gh*, *jh*, *Dh*, *dh*, *bh*;  $\sim N$ ,  $\sim n$ , N, n, m; *sh*, *Sh*, *s*, *h*, *H*, *y*, *r*, *l*, *v*). See aghoSha, unvoiced, voiced.

**Guna** (guNa) – Term used to refer to the 'stronger' vowels, formed by adding *a* to the simple vowels. *a* remains as *a*, *i* becomes *e*, *u* becomes *o*, *RRi* becomes *ar* and *LLi* becomes *al*. When a further *a* is added, the *guNa* forms become *vRRiddhi*. This principle becomes important when considering how part-words combine to form words (so-called 'internal *saMdhi*').

**Guru** (*guru*) – In the context of Sanskrit pronunciation, this is used to refer to a syllable that is stressed. *guru* means 'heavy'. An unstressed syllable is called *laghu*.

**Guttural** - Mouth position used for speaking one of the main groups of letters, the kaNThya group, involving the throat -a, A, k, kh, g, gh,  $\sim N$ , h.

*hal* - the *pratyAhAra*, from the *maheshvarANi sUtrANi*, used to identify all the consonants.

*hal saMdhi* - (The rules relating to) the joining of consonants at the end of one word and the beginning of the next. *hal* is the *pratyAhAra* for 'all consonants'.

**Halanta** (*halanta*) – a consonant that is not sounded with a vowel after it. It is marked as such by the use of a *virAma*. The term derives from the *pratyAhAra* '*hal*', which refers to 'any consonant', and *anta*, which means 'end', since such consonants normally occur at the end of a word.

*hrasva* – Refers to the <u>short</u> vowels: *a*, *i*, *RRi*, *LLi* and *u*, sounding for one 'measure'. The long form is *dIrgha*.

**Internal sandhi** (*saMdhi*) – the joining of letters at the end of one part-word and the beginning of the next within a single word.

It (*it*) – The term given to the final, *halanta* letters at the end of each sutra in the *maheshvarANi sUtrANi*. They are used as indicator letters only and are not themselves included in the letters defined by a *pratyAhAra*. The correct term is *it varna*, where *varna* means 'sound or letter'.

**ITRANS** - the transliterated form of Sanskrit most commonly encountered on the Internet. It uses only those characters that may be typed easily on a computer keyboard so that Sanskrit words can be communicated via email etc. See Transliteration.

jhal - The pratyAhAra for 'any consonant other than a nasal or a semi-vowel'.

**Kanthya** (*kaNThya*) - Mouth position used for speaking one of the main groups of letters, the guttural group, involving the throat -a, A, k, kh, g, gh,  $\sim N$ , h. *kanthah* means 'throat'.

karman – the direct object of the verb in a sentence.

kartRRi - the 'agent' of the verb in a sentence, i.e. 'subject'.

*kriyA* – the verb in a sentence.

*kriyAvibhakti* – Number and tense endings added to verbs as part of conjugation. Also called *ti~N-vibhakti*.

*kriyA-visheShaNa* – an adverb.

**Labial** – Mouth position used for speaking one of the main groups of letters, the oShThya group, involving the lips – u, U, p, ph, b, bh, m, v.

*laghu* – In the context of Sanskrit pronunciation, this is used to refer to a syllable that is not stressed. *laghu* means 'light'. A stressed syllable is called *guru*.

**Lexicographers (L)** – The term used in the Sanskrit-English dictionary of Monier-Williams to indicate that the related word has never actually been found in any scriptural or historical text and is really only of academic interest (to those who compile dictionaries).

*li~Nga* – gender of nouns.

*madhyama-puruSha* – 'middle person' of verbs – equivalent to English second person, i.e. 'you'.

**Mahaprana** (*mahAprANa*) - describes a consonant that is sounded with additional expelling of air. It means 'with much breath'. Specifically, it is used for those consonants on the  $2^{nd}$  and  $4^{th}$  rows of the main groups, namely *kh*, *Ch*, *Th*, *th*, *ph* and *gh*, *jh*, *Dh*, *dh*, *bh*.

**Maheshvarani Sutrani** (*maheshvarANi sUtrANi*) – A set of 14 sutras, each of which is actually just a group of letters from the alphabet. The shorthand term of a single letter, together with one of the letters at the end of one of the fourteen groups, is then used to specify all of the letters (excluding group terminating letters, which are called *it*) between those two. In this way, collections of letters with specific properties may be defined e.g. all consonants, all semi-vowels etc. The combination of two letters

used for this purpose is called a *pratyAhAra*. The system was defined by Panini about two and a half thousand years ago. *maheshvara* means 'great lord'.

*mAtrA* – 'measure', in respect of the length of a vowel. Short (*hrasva*) vowels such as *a* are sounded for one *mAtrA*, long (*dIrgha*) for two *mAtrA* and *pluta* vowels for three or more.

*mAtRRikA* – The name given to all of the vowel sounds plus the *anusvAra* and *visarga*: *a*, *A*, *i*, *I*, *RRi*, *RRI*, *LLi*, *LLI*, *u*, *U*, *e*, *o*, *ai*, *au*, *aM*, *aH*. The word literally means 'divine mothers' but is used in the sense of written characters that have magical powers.

mUrdhanya - Mouth position used for speaking one of the main groups of letters, the cerebral group, with the tongue raised to the roof of the mouth – RRi, RRI, T, Th, D, Dh, N, r, Sh.

*nAman* – a noun.

*nAma-vibhakti* - Number, gender and case endings added to nouns and adjectives; also called *sup-vibhakti*.

*napuMsaka-li~Nga* – neuter gender of nouns.

oShThya - Mouth position used for speaking one of the main groups of letters, the labial group, involving the lips – u, U, p, ph, b, bh, m, v.

**Pada** (*pada*) – The term for a word that has added all necessary endings for nouns/verbs, so that it can be used without further alteration in a sentence. See *dhAtu*, *prAtipadika*.

**Palatal** - Mouth position used for speaking one of the main groups of letters, the *tAlavya* group, with the back of the tongue raised to the roof of the mouth -i, I, ch, Ch, j, jh,  $\sim n$ , y, sh.

*pa~nchami vibhakti* – the fifth, ablative case of nouns, indicating 'from' or 'out of' etc. e.g. she walks <u>from the house</u>'.

**Panini** (*pANini*) – The Sanskrit grammarian, circa 500 BC, who collated all of the rules for sandhi and grammar in a book called the *aShTAdhyAyI*.

parasmaipada – active voice of verbs.

*pluta* – Refers to a prolonged vowel (i.e. longer than the two measures of *dIrgha*). It is represented by writing the (Sanskrit) number '3' below right or immediately after the letter to be sounded prolonged.

**Pranava shabda** (*praNava shabda*) – Term for the special symbol for the mystical word *OM*.

*prathama-puruSha* – 'first person' of verbs – equivalent to English third person, i.e. 'he, she or it'.

prathamA vibhakti - first, nominative case of nouns, i.e. the subject of a sentence.

*prAtipadika* – The 'stem-form' of words, as found in the dictionary, i.e. without endings for gender, number, case, tense etc. See *dhAtu*.

**Pratyahara** (*pratyAhAra*) – The term given to the two-letter (single syllable), shorthand identifier used to define a group of letters in the *maheshvarANi sUtrANi*. (The same technique is also used elsewhere and is given the same name.)

*pratyaya* – Prefixes or suffixes, added to a *dhAtu*, to form a *prAtipadika*.

*puM-li~Nga* – masculine gender of nouns.

**Purnavirama** (*pUrNavirAma*) – The double vertical line used to mark the end of a paragraph or verse of a *sUtra*. It is generated in ITRANS by two full stops or two 'shift +  $\backslash$ '.

*puruSha* – 'person' in respective of verb-endings.

**Romanised** - the transliterated form of Sanskrit most commonly encountered in books and, for example, PDF (portable document format) files downloaded from the Internet. It uses the 'English' alphabet, together with 'diacritical marks' or accents such as dots above or below letters. See Transliteration.

samAsa - a compound word. The word literally means 'placed together'.

*saMbodhana* – vocative case of nouns. Nouns are generally regarded as having seven case endings but this is effectively the eighth. It is used when addressing someone directly, e.g. 'Boy, come over here!'

*saMhitA* – Panini's alternative word for *saMdhi*. It is defined as 'the closest drawing together of sounds'.

*saMj~na* – a proper noun.

**Samyoga** (*saMyoga*) – Term for a conjunct consonant, i.e. two or more consonants joined together without an intervening vowel sound. The word literally means 'joined together'.

Samyukta svara (*saMyukta svara*) – Term for the complex vowels, *e*, *o*, *ai*, *au*. *saMyukta* means 'joined together' or 'combined'.

**Sandhi** (*saMdhi*) – A comprehensive set of rules governing the way in which sounds combine when they appear next to each other. These prevent, for example, the situation where one word ends in a vowel and the next word begins with one, by merging the two. There are three 'classes' of *saMdhi*, vowel, consonant and *visarga*.

*saptamI vibhakti* – seventh, locative case of nouns, referring to the time or place where the action takes place, e.g. they ate their picnic <u>on the lawn</u>.

*sarva-nAman* – a pronoun. The word literally means 'name of all'.

*ShaShThI vibhakti* – sixth, genitive case of nouns e.g. <u>the dog's</u> bone (the bone <u>belonging to</u> the dog).

**Savarna** (*savarNa*) – refers to a 'similar sound' in the context of *saMdhi*. The word literally means 'of the same family'. e.g. *a* and *A* are *savarNa*.

**Shakti (***shakti***)** - Another name (see *mAtRikA*) given to all of the vowel sounds plus the *anusvAra* and *visarga*: *a*, *A*, *i*, *I*, *RRi*, *RRI*, *LLi*, *LLI*, *u*, *U*, *e*, *o*, *ai*, *au*, *aM*, *aH*. The word literally means 'power' or 'strength'.

shar - the pratyAhAra, from the maheshvarANi sUtrANi, used to identify the sibilants.

Sibilant – Refers to the 'ss' sounds *sh*, *Sh* and *s*. The Sanskrit term is *UShman*, though this also includes the letter *h*.

**Sparsha** (*sparsha*) – Term for the 25 consonants, i.e. excluding semi-vowels, sibilants and h. The term literally means 'touching' or 'contact' and refers to the fact

that the underlying vowel sound is modified by contact in the mouth in such a way as to 'stop' it in some way.

*strI-li~Nga* – feminine gender of nouns.

*sup-vibhakti* - Number, gender and case endings added to nouns and adjectives; also called *namavibhakti. sup* is a *pratyAhAra*.

Svara (svara) - Sanskrit term for a vowel, literally meaning 'sound'.

*tAlavya* - Mouth position used for speaking one of the main groups of letters, the palatal group, with the back of the tongue raised to the roof of the mouth -i, I, ch, Ch, j, jh,  $\sim n$ , y, sh.

 $ti \sim N$ -vibhakti – Number and tense endings added to verbs as part of conjugation. Also called *kriyAvibhakti*.  $ti \sim N$  is a *pratyAhAra*.

**Transliteration** – A representation of the Sanskrit alphabet using letters of the English alphabet, together with other special characters. See Romanised, ITRANS.

*tRRitIyA vibhakti* – the third or instrumental case of nouns, e.g. 'he writes <u>with a pen</u>' or 'she travels <u>by bus</u>'.

tu.N - an abbreviation used to refer to the halanta dental consonants, i.e. t, th, d, dh and n. The .N inserts a *chandra bindu* above the tu and causes the u to be sounded through the nose.

**Unvoiced** – refers to those letters that do not sound like a syllable in their pronunciation. A hard, clipped sound is made by opening the mouth and allowing the basic *a* sound to emerge, modified by altering the mouth (tongue, lips) as necessary. The unvoiced or *aghoSha* letters are all the vowels (except for the *visarga*) and the first two rows of the main set of consonants, i.e. *k*, *ch*, *T*, *t*, *p* and *kh*, *Ch*, *Th*, *th*, *ph*), plus the sibilants (*sh*, *Sh*, *s*). See aghoSha, ghoSha, voiced.

**Upasarga** (*upasarga*) – A preposition. Often occurs as a prefix to a verb and is separable.

**Ushman** (*UShman*) – The Sanskrit term for the sibilants, *sh*, *Sh* and *s*, together with *h*. The word itself literally means 'heat, steam or vapour'.

uttama-puruSha - 'last person' of verbs - equivalent to English first person, i.e. 'I'.

*vachana* – number of a noun, singular, dual or plural.

**Vedic anusvAra** - The symbol of a *chandra bindu* together with a *virAma* appearing at the end of a word but not over/under a specific letter. It means that the preceding word is not pronounced in the usual way but in so-called 'Vedic pronunciation', presumably in order to satisfy metrical requirements of the poetry. See example in Section G in the second part of the book.

**Vibhakti** (*vibhakti*) – Number, gender and case endings added to nouns and adjectives are called *namavibhakti* or *sup-vibhakti*. Similarly, verb endings for tense and number are called *kriyAvibhakti* or *ti~N-vibhakti*. Only when all such endings have been added to a *prAtipadika* do we get a 'word' or *pada*.

**Virama** (*virAma*) – the diagonal mark underneath a consonant to indicate that it is not to be sounded with a vowel after it. The literal meaning is 'cessation, termination o r end'. (All consonants are sounded with 'a' by default, unless indicated otherwise.) A consonant with such a mark is called a *halanta* consonant.

 $\underline{OR}$  – the single vertical mark to indicate the end of a sentence or half of a verse of poetry.

**Visarga** (*visarga*) - This literally means 'sending out' or 'emission'. It is represented as 'aH' but is not actually a letter and does not occur on its own. Its effect is to add a brief, breathing out sound after the vowel sound associated with a consonant. It is represented by two dots placed to the right of the associated letter.

visheShaNa - adjective.

**Voiced** – refers to those letters that make a syllable in their pronunciation; a soft 'murmuring' sound unlike the hard, clipped sound of the unvoiced letters. The voiced or *ghoSha* letters are all consonants except for the first two rows of the main group, plus the *visarga* and semi-vowels. i.e. *g*, *j*, *D*, *d*, *b*; *gh*, *jh*, *Dh*, *dh*, *bh*;  $\sim N$ ,  $\sim n$ , *N*, *n*, *m*; *sh*, *Sh*, *s*, *h*, *H*, *y*, *r*, *l*, *v*). See aghoSha, ghoSha, unvoiced.

**Vriddhi** (*vRRiddhi*) – Term used to refer to the 'strongest' vowel sounds, when *a* has been added a second time to the simple vowels. (When *a* has been added once, the guNa form results.) The *vRRiddhi* form of *a* is *A*, of *i* is *ai*, of *u* is *au*, of *RRi* is *Ar* and of *LLi* is *Al*. This principle becomes important when considering how part-words combine to form words (so-called 'internal *saMdhi*').

**Vyanjana** (*vya~njana*) – Sanskrit term for a consonant, meaning a 'decoration' (of the basic vowel sound).

*yaN* - the *pratyAhAra*, from the *maheshvarANi sUtrANi*, used to identify the semivowels.

*yar* - the *pratyAhAra* for all the consonants except *h*.

**Yogavaha** (*yogavAha*) – Term for the *anusvAra* and *visarga*, which are not really vowels but are not consonants either. The word means 'belonging to', since they need another 'real' letter in order to have any meaning. See *ayogavAha*.

## **Dictionary of Common Sanskrit Spiritual Words**

Each word is given in the following format:

Typical English Spelling (ITRANS representation, Devanagari Script) - meaning

(Note: This section will either be expanded significantly or deleted altogether.) Words appear in order of the English (Roman) alphabet, not the Sanskrit alphabet.

a  $(a, \Im)$  – as a prefix to another word, it changes it into the negative. e.g. vidya – knowledge, avidya – ignorance.

abhidharma (abhidharma, अभिधर्म) – the metaphysical scriptures of Buddhist philosophy.

acharya (AchArya, आचार्य) – a spiritual guide or teacher. See Shankaracharya.

achintya (achintya, अचिन्त्य) – inconceivable or beyond thought.

adhyaropa (adhyAropa, अध्यारोप) – erroneously attributing one thing to another.

adhyasa (adhyAsa, अध्यास) - used to refer to the 'mistake' that we make when

we 'superimpose' a false appearance upon the reality or mix up the real and the unreal. The classical example is when we see a snake instead of a rope, which is used as a metaphor for seeing the world of objects instead of the reality of the Self. This concept is fundamental to Advaita and Shankara devotes a separate section to it at the beginning of his commentary on the Brahmasutra.

Advaita (advaita, अद्वित) – not (a) two (dvaita); non-dual philosophy.

agamin (AgAmin, आगामिन्) - That type of sanskara which is generated in

reaction to current situations and which will not bear fruit until sometime in the future. It literally means 'impending', 'approaching' or 'coming'. Also called *kriyamANa*, which means 'being done'. See prarabdha, sanchita, sanskara.

aham (aham, अहम्) - I am.

aham vritti (aham vRRitti, अहम् वृत्ति) – the thought 'I am' as opposed to thoughts about objects, feelings etc. – idam vritti. See vritti.

ahankara (ahaMkAra, अहंकार) - the making, kara (kAra), of the utterance "I", aham (aham) – this is the equivalent of what we would call the 'ego' but specifically

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refers to the identification or attachment of our true Self with something else, usually the body or mind but can be much more specific e.g. I am a teacher, I am a woman. It is one of the 'organs' of the mind in classical Advaita – see antakarana.

ajati (ajAti, अजाति) - a - no or not; jAti - creation; the principle that the world and

everything in it, including these mind-body appearances were never created or 'brought into existence'. Most clearly stated by Gaudapada in his karika on the Mandukya Upanishad.

ajnana (aj~nAna, अज्ञान) – (spiritual) ignorance. See jnana.

anadi (anAdi, अनादि) – without any beginning, often used to refer to 'ignorance'.

ananda (Ananda, आनन्द्) - 'true' happiness; usually called 'bliss' to differentiate

it from 'ordinary' happiness because this is a permanent condition (our true nature) as opposed to the happiness that always alternates with pain or misery. It is often combined with the other elements of our real nature – sat and chit – into a single word, satchidananda. See sat, chit and satchidananda.

anatman (anAtman, अनात्मन्) – something other than spirit or soul (not Self or

atman); perceptible world. See atman.

anirvachaniya (anirvachanIya, अनिर्वचनीय) – unutterable, indescribable, not to

be mentioned. Used to 'describe' nature of reality etc.

anitya (anitya, अनित्य) - transient. Also anityatva (anityatva, अनित्यतव) -

transient or limited existence (mortality).

anta (anta, अन्त) – end, conclusion, death etc.

antakarana (antaHkaraNa, अन्त:करण) – used to refer to the overall functions of

mind; the seat of thought and feeling. It consists of a number of separate functions – see manas, buddhi, chitta and ahankara.

anubhava (anubhava, अनुभव) - perception, understanding, experience;

knowledge derived from personal observation.

anumana (anumAna, अनुमान) – inference (in logic); one of the 6 means of

obtaining true knowledge. See pramana.

anupalabdhi (anupalabdhi, अनुपलब्धि) - non-perception, non-recognition; one

of the 6 means of obtaining true knowledge. See pramana.

apaurusheya (apauruSheya, अपोरुषेय) - literally 'not coming from men'; used to refer to the shruti – scriptural texts passed on verbatim from generation to generation

artha (artha, अर्थ) - acquisition of wealth. See purushartha.

since their original observation by realised sages. See shruti.

arthapatti (arthApatti, अर्थापत्ति) – inference from circumstances, presumption;

one of the 6 means of obtaining true knowledge. See pramana.

asat (asat, असत्) - non-existent. See sat.

asparsha (asparsha, अस्पर्श) – intangible, 'touchless'; name given to the 'contentless' yoga of Gaudapada in the Mandukya Upanishad.

Astavakra (aShTAvakra, अष्टावक) - the eponymous Sage of the Astavakra Gita

(or Samhita). The word literally means 'twisted' (*vakra*) in 'eight' (*aShTan*) ways. Astavakra was so called because he was born severely deformed after being cursed in the womb by his father (because the unborn child had criticised him for making mistakes whilst reading the scriptures!). (Later in life, after he had secured his father's release through defeating the court philosopher in debate, his father blessed him and, after swimming in a sacred river, was cured.) See gita, samhita.

astika (Astika, आस्तिक) – literally 'there is or exists'; used to refer to one who

believes in the existence of God or, more specifically, one who defers to the authority of the Vedas. See nastika, veda.

atma (Atma, आत्म) - see atman.

atmabodha (Atmabodha, आत्मबोध) – knowledge of Self; a book by Shankara.

atman (Atman, आत्मन्) – the Self. Usually used to refer to one's true (individual)

nature or consciousness but Advaita tells us that there is no such thing as an 'individual' and that this atman is the same as the universal Consciousness, Brahman. see also jiva.

atmavicara (AtmavichAra, आत्मविचार) – vicAra in this context means reflection or examination upon the Atman, the Self. See atman.

avacheda-vada (avachCheda-vAda, अवच्छेद वाद्) – theory that the Self is limited by ignorance in the forms of upadhis. See upadhi.

avarana (AvaraNa, आवरण) - the 'veiling' power of maya. In the rope-snake

metaphor, this power prevents us from seeing the reality of the rope. See maya, vikshepa.

avidya (avidyA, Station) – ignorance (in a spiritual sense) i.e. that which prevents us from realising the Self. See also maya.

avrita (AvRRita, आवृत) - covered or concealed.

badha (bAdha, बाध) – sublation or subration. This is the process by which an

accepted point of view or understanding is superseded by a totally different one when some new information is received. An example is seeing a lake in the desert and then realising that it is only a mirage.

bandha or bandhana (bandha or bandhana, बन्ध or बन्धन) - bondage,

attachment to the world.

bauddha (bauddha, बोद्ध) – in the mind, related to the intellect; related to (the

teaching of) Buddha.

Bhagavad (bhagavad, भगवद् ) - in the context of Bhagavad Gita, it refers to the

God, Krishna and Bhagavad Gita means Krishna's Song. (Bhagavat means prosperous, happy etc.) See gita.

Bhagavad Gita (bhagavadgItA, भगवद्गीता) - the scriptural text forming part of

the Hindu epic, the Mahabarata. It is a dialogue between Krishna, the charioteer/God, representing the Self and the warrior Arjuna, representing you and me, on the battlefield of Kurukshetra prior to the commencement of battle. The scripture is regarded as smriti. See Bhagavad, smriti.

bhakta (bhakta, भक्त) – one who practises bhakti yoga. See bhakti yoga.

bhakti (bhakti, भक्ति) yoga – devotion or worship as a means to enlightenment. See

also karma and jnana.

bhashya (bhAShya, भाष्य) – explanatory work, exposition or commentary on some

other scriptural document. Thus Shankara, for example, has written bhashyas on a number of Upanishads, the Bhagavad Gita and the Brahmasutra.

bhava (bhAva, HIA) - condition or state of body or mind; continuity of the thread

of existence through successive births (Buddhism)

bhoktri (bhoktRRi, भोर्फ) - one who enjoys, an 'experiencer' or 'feeler'.

Brahma (brahma, अह्म) – God as the creator of the universe in Hindu mythology

(the others are Vishnu, *viShNu*, the preserver and Shiva, *shiva*, the destroyer). N.B. Not to be confused with Brahman!

brahmacharya (brahmacharya, ब्रह्मचर्य) – the first stage of the traditional Hindu

spiritual path, in which the Brahman begins his life as an unmarried, religious and chaste student. (*charya* means 'due observance of all rites and customs'.) See also grihasta, sanyasa, vanaprastha.

Brahman (brahman, ब्रह्मन्) - the universal Self, Absolute or God. There is only

Brahman. It derives from the Sanskrit root *bRRih*, meaning to grow great or strong and could be thought of as the adjective 'big' made into a noun, implying that which is greater than anything. See also atman, Brahma, jiva, jivatman, paramatman.

Brahma Sutra (brahmasUtra, अहमसूत्र) - a book (in sutra form, which is terse

verse!) by Vyasa. This book is the best known of the third accepted source of knowledge (nyaya prasthana). Effectively, it attempts to summarise the Upanishads. It has been extensively commented on by the three main philosophical branches of Indian thought, dvaita, advaita and vishishtadvaita, and the proponents of each claim that it substantiates their beliefs. Shankara has commented on it and provided extensive arguments against any interpretation other than that of Advaita. See bhashya, nyaya prasthana, sruti, smriti.

brahmavidya (brahmavidyA, ब्रह्मविद्या) - knowledge of the one Self. See

brahman.

Brihadaranyaka (bRRihadAraNyaka, बृहदारण्यक) - one of the major

Upanishads (and possibly the oldest). See Upanishad.

buddhi (buddhi, gut ) - the organ of mind responsible for discrimination and

judgement, perhaps nearest equated to the intellect in Western usage. See also, ahankara, antakarana, manas and chitta.

chakra (*chakra*, चक्र) – literally 'circle' or 'wheel'; one of the points in the spine through which energy is supposed to flow in kundalini yoga.

chatushtaya sampatti (chatuShTaya sampatti, चतुष्टय सम्पत्ति) - the fourfold

pre-requisites specified by Shankara as needed by a seeker before he could achieve Self-realisation. *chatuShTaya* means 'fourfold'; *sampatti* means success or accomplishment. See sadhana, vairagya, viveka, mumukshutvam.

chetana (chetana, चेतन) – consciousness, intelligence etc.

chit (chit, चित्) – pure thought or Consciousness. See ananda, sat, satchidananda.

chitta (chitta, चित्त) – the organ (part) of mind responsible for memory. See

antakarana, ahankara, buddhi, manas.

dama (dama,  $\overline{\zeta H}$ ) – self-restraint but understood as control over the senses; one of

the 'six qualities' that form part of Shankara's chatushtaya sampatti. See chatushtaya sampatti.

darshana (darshana, द्रीन) – audience or meeting (with a guru); viewpoint; one of

the six classical Indian philosophical systems (purvamimamsa, uttaramimamsa, nyaya, vaisheshika, samkhya, yoga).

dehatmavada (dehAtmavAda, देहात्मवाद) - materialism.

deha (deha, देह) – person, individual, outward form or appearance (body).

dharma (dharma, धर्म) - customary practice, conduct, duty, justice and morality.

The favoured meaning of most traditional teachers is, however, 'nature, character, essential quality', which they often translate as 'essence'. Our own dharma (*svadharma*) is what we ought to do with our lives in order to dissolve our accumulation of sanskara. See sanskara, karma.

drishtanta (dRRiShTAnta, EVI-CT) - 'the end or aim of what is seen', example or

instance.

# drishti-srishti-vada (dRRiShTisRRiShTivAda, दृष्टिसृष्टिवाद्) - the theory that our

mistaken view of the world arises from a mental image (based on memory and sense date) superimposed upon the reality. *dRRiShTi* means 'seeing'; *sRRiShTi* means 'creation'; *vAda* means 'thesis' or 'doctrine'. See also adhyasa, ajati, srishti-drishti-vada.

dukha (duHkha, दुःख) – pain, sorrow, trouble.

dvaita (dvaita,  $\overline{\&d} (1)$  – duality, philosophy of dualism; belief that God and the atman

are separate entities. Madhva is the scholar most often associated with this philosophy.

Gaudapada (gauDapAda, गोंडपाद, ) – The author of the commentary (karika) on

the Mandukya Upanishad. He was the teacher of Shankara's teacher. See karika, Mandukya, Upanishad.

gita (gltA, गीता) – a sacred song or poem but more usually refers to philosophical

or religious doctrines in verse form (*gIta* means 'sung'). The most famous are the Bhagavad Gita and Astavakra Gita. If the word is used on its own, it will be referring to the former. See Bhagavad, Astavakra.

grihasta (gRRihastha, गृहस्थ) - this is the second stage of the traditional Hindu

spiritual path, called the period of the 'householder', in which the Brahman performs the duties of master of the house and father of a family. See also brahmacharya, grihasta, sanyasa, vanaprastha.

guna (guNa, JUT) – According to classical Advaita, creation is made up of three

'qualities', sattva, rajas and tamas. Everything - matter, thoughts, feelings – is 'made up of' these three in varying degrees and it is the relative proportions that determine the nature of the thing in question. See sattwa, rajas and tamas for more details.

guru (guru, Jto) – literally 'heavy'; used to refer to one's elders or a person of

reverence but more commonly in the West to indicate one's spiritual teacher.

hetu (hetu,  $\overline{\mathfrak{EG}}$ ) – cause or reason; the logical reason or argument in a syllogism.

idam vritti (*idam vRRitti*, इदम् वृत्ति) – thoughts of objects, concepts, feelings etc., as opposed to aham vritti – the thought 'I am'. See vritti.

Isvara (Ishvara, ईश्वर) - the Lord; 'creator' of the phenomenal universe. See saguna Brahman.

jagat (jagat, जगत,) - the world (earth), mankind etc.

jagrat (*jAgrat*, जामत्) – the waking state of consciousness. The 'waker ego' is called visva. See also, sushupti, svapna turiya.

japa (*japa*, जप) - the simple repetition of a mantra; usually associated with the initial stage of meditation. See mantra.

jiva (jlva, जीव) - the identification of the atman with a body and mind; sometimes spoken of as 'the embodied atman'. See atman.

jivatman (*jIvAtman*, जीवात्मन्) - another word for atman, to emphasise that we are referring to the atman in this embodied state, as opposed to the paramatman, the 'supreme Self'. See atman.

jnana (j~nAna, ज्ञान) yoga – yoga based on the acquisition of true knowledge

(j~nAna means 'knowledge') i.e. knowledge of the Self as opposed to mere information about the world of appearances. See also bhakti, karma.

jnani or jnanin (*j~nAnI* or *j~nAnin*, 罰币 or 罰币一, one who practises jnana yoga. (*j~nAnin* is the *prAtipadika*; *j~nAnI* is the nominative singular *pada*.) See jnana

yoga. kali yuga (kali yuga, कलि युग)- the present age (Iron age) in the cycle of creation.

See kalpa.

kalpa (kalpa, केल्प) – one 'day' in the life of Brahma, the Creator; equal to 994

cycles of ages and 4,320,000,000 years (if you're really interested).

kama (kAma, काम) – desire, longing. Not to be confused with karma. See

purushartha.

kanda (kANDa, काण्ड) – part or section, division of a work or book, especially

relating to the Vedas.

karika (kArikA, कारिका) – (strictly speaking) a concise philosophical statement in

verse. The most well known is that by Gaudapada on the Mandukya Upanishad. (Not to be confused with karika, which is an elephant!). See Gaudapada, Mandukya, Upanishad.

karma (karma,  $\overline{\Phi H}$ ) – literally 'action' but generally used to refer to the 'law'

whereby actions carried out now will have their lawful effects in the future (and this may be in future lives). Not that karma yoga is something different – see below. See also sanskara.

karmakanda (karmakANDa, कर्मकाण्ड) - that portion of the Vedas relating to

ceremonial acts, the rituals we should follow, sacrificial rites and so on.

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karma yoga (karma yoga, कर्म योग) - the practice of acting in such a way as not

to incur karma, by carrying out 'right' actions, not 'good' or 'bad' ones. See bhakti, karma, jnana.

kartri (kartRRi,  $\overline{\Phi q}$ ) – one who makes, does or acts, the agent of an action.

Katha Upanishad (*kaThopaniShad*, कठोपनिषद्) ) – one of the 108+ Upanishads and one of the 10 major ones. *kaTha* was a sage and founder of a branch of the Yajur

Veda. See Upanishad.

Kena Upanishad (kenopaniShad, केनोपनिषद्) - one of the 108+ Upanishads and

another one of the 10 major ones. *kena* means 'whence?' ('how?', 'why?' etc.) and is the first word of this Upanishad. See Upanishad.

kosha (kosha, कोश) – literally 'sheath' as in the scabbard of a sword; one of the five layers of identification that cover up our true nature.

lakshana (lakShaNa, लक्ष्ण) - indicating or expressing indirectly; accurate

description or definition.

laukika (laukika, लोकिक) – worldly, belonging to or occurring in ordinary life.

laukika anumAna is inference by scientific reasoning, based on observation.

laya (laya, लय) – literally 'dissolution' (and the last stage in the cycle of creation,

preservation, destruction of the universe). Used here to refer to the four-stage process for dissolving ignorance described in the Astavakra Gita. See Astavakra, Gita.

lila (IIIA, लोला) – literally 'play', 'amusement' or 'pastime'; the idea that the

apparent creation is a diversion for a creator - a means for Him to enjoy Himself. He plays all the parts in such a way that they are ignorant of their real nature and believe themselves separate.

loka (loka, लोक) – world, universe, sky or heaven etc.

madhyama (mAdhyama, माध्यम) – relating to the middle, central (mAdhamika is

one of the principal Schools of Buddhism)

mahavakyas (mahAvAkya, महावाक्य) – maha means 'great'; vAkya means

'speech, saying or statement'. The four 'great sayings' from the Vedas are: -'Consciousness is Brahman', 'That thou art', 'This Self is Brahman' and 'I am Brahman'. manana (manana, मनन) - reflecting upon what has been heard (shravana). This is

the second stage of the classical spiritual path, to remove any doubts about the knowledge that has been received via shravana. See also samshaya, shravana, nididhyasana.

manas (manas, मनस्) – the 'organ' of mind acting as intermediary between the

senses and the intellect (buddhi) on the way in and the intellect and the organs of action on the way out. These are its primary functions and 'thinking' ought to consist only of the processing of data on behalf of the intellect. Unfortunately, it usually tries to take on the role of the intellect itself and this is when thinking becomes a problem. See ahankara, antakarana, buddhi and chitta.

Mandukya (mANDUkya, माण्डूक्य) – One of the major Upanishads and possibly

the single most important, when considered in conjunction with the karika written by Gaudapada. (In many versions of this Upanishad, there is no distinction made between the original and the additions made by Gaudapada and there is some argument over which is which.) See Gaudapada, karika, Upanishad.

mantra (mantra, मन्त्र) - a group of words (or sometimes only one or more

syllables), traditionally having some mystical significance, being in many religions an actual 'name of God' or a short prayer. Often used in meditation (always in Transcendental Meditation). See japa.

maya (mAyA, माया) – literally 'magic' or 'witchcraft', often personified in Hindu

mythology. The 'force' used to 'explain' how it is that we come to be deceived into believing that there is a creation with separate objects and living creatures etc. See also avarana and vikshepa.

mayakara (mAyAkAra, मायाकार) - a maker of magic i.e. a conjurer or magician.

See maya.

mimamsa (mImAMsA, मीमांसा) – profound thought, reflection, examination. See

purvamimamsa, utteramimamsa.

mithya (mithyA, मिश्या) - literally 'incorrectly' or 'improperly'. Ascribed to objects

etc., meaning that these are not altogether unreal but not strictly real either i.e. they are our imposition of name and form upon the undifferentiated Self. See adhyasa.

moksha (moksha, मोक्ष) – liberation, enlightenment, Self-realisation.

mukti (mukti, मुक्ति) – setting or becoming free, final liberation.

# mumukshutvam (mumukshutvaM, मुमुक्धुत्वं ) - the desire to achieve

enlightenment, to the exclusion of all other desires. See sadhana, chatushtaya sampatti.

# Mundaka Upanishad (muNDakopaniShad, मुण्डकोपनिषद् ) - Another one of

the 108+ Upanishads and also one of the 10 major ones – but not to be confused with the Mandukya. *muNDa* means 'having a shaved head' and the Upanishad is so called because every one who comprehends its sacred doctrine is 'shorn', i.e. liberated from all error. See Upanishad.

nama-rupa (*nAma-rUpa*, नामरूप) – name and form.

nastika (nAstika, नारिन्तक) – atheist, unbeliever; usually refers to one who does

not recognise the authority of the Vedas.

neti (neti, नोत) – not this (na – not; iti – this). From the Brihadaranyaka Upanishad

(2.3.6). Used by the intellect whenever it is thought that the Self might be some 'thing' observed e.g. body, mind etc. The Self cannot be anything that is seen, thought or known. See Brihadaranyaka, Upanishad.

nididhyasana (nididhyAsana, निद्धियासन) - meditating upon the essence of what

has now been intellectually understood until there is total conviction. The third stage of the classical spiritual path. See also shravana and manana.

# nidra (nidrA, निद्रा) - sleep.

nirguna (nirguNa, निर्गुण) - 'without qualities'; usually referring to Brahman and

meaning that it is beyond any description or thought. Since there is only Brahman, any word would imply limitation or duality. See Brahman, saguna, Isvara.

nirvikalpa (nirvikalpa, निविंकल्प) – (referring to samadhi) 'without' doubts about

one's identity with the one Self. See savikalpa, samadhi, vikalpa.

nirvishesha (nirvisheSha, निविशेष) - making or showing no difference.

nirvisheShaNa – attributeless.

niyama (niyama, नियम) – restraining, controlling, any fixed rule or law, necessity.

nyaya (nyAya, न्याय) – literally, 'that into which a thing goes back', a 'standard' or

'rule'; one of the 6 classical Indian philosophical systems, whose principal exponent was Gautama in the 3<sup>rd</sup> Century BC. So called because the system 'goes into' all physical and metaphysical subjects in a very logical manner.

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# nyaya prasthana (nyAya prasthAna, न्याय प्रस्थान) - refers to logical and

inferential material based upon the Vedas, of which the most well known is the Brahmasutra of Vyasa (*nyaya* can also mean method, axiom, logical argument etc.). See pramana, prasthana-traya, smriti, sruti.

Panchadashi (pa~nchadashI, पञ्चद्शी) – literally means 'fifteen' because it has

this many chapters - a book written by Vidyaranya (*vidyAraNya*), based upon the Upanishads. It discusses many Advaitic truths and uses some original metaphors to illustrate the concepts.

pandita (paNDita, पणिडत) – literally 'wise' as an adjective or 'scholar, teacher,

philosopher' as a noun and used in this way in the scriptures. However, it has come to mean someone who knows a lot of theory but does very little practice. We sometimes use the word 'pundit' in our language - the word 'sophist' would probably be a good synonym.

papa (pApa, पाप) – literally 'bad' or 'wicked' but used in the sense of the 'sin' that

accrues (according to the theory of karma) from performing 'bad' actions, i.e. those done with a selfish motive. See also punya.

paramatman (paramAtman, परमात्मन्) - the 'supreme Self' as opposed to the

atman in the embodied state, the jivatman. See atman.

paramartha (noun), (paramArtha, परमार्थ);

paramarthika (adj.), (pAramArthika (adj.), पारमार्थिक – the highest truth or

reality; the noumenal as opposed to the phenomenal world of appearances (vyavaharika). See pratibhasika and vyavaharika.

parampara (*paramparA*, **परम्परा**) – literally 'proceeding from one to another';

'guru parampara' refers to the tradition of guru – disciple passing on wisdom through the ages. See also sampradaya.

phala (*phala*, **小**♂) – fruit; often used in the context of the consequences that necessarily follow as a result of action (*karmaphala*).

prajna (praj~nA, प्रज्ञा) – (verb) to know or understand, find out, perceive or learn;

(noun) wisdom, intelligence, knowledge. Not to be confused with *prAj~na* below.

prajna (prAj~na, प्राज्ञ) – the 'deep sleep ego' in the deep sleep state of

consciousness, sushupti. Literally, 'wise, clever' (adj.) or 'a wise man' or 'intelligence dependent on individuality'. See also visva, taijasa.

prajnana (praj~nAna, प्रज्ञान) - consciousness.

pralaya (*pralaya*, प्रलय) – the destruction of the world at the end of a kalpa. See kalpa.

prakarana (prakaraNa, प्रकरण) – subject, topic, treatise etc. but especially

opening chapter or prologue.

prakriti (*prakRRiti*, प्रकृति) – literally the original or natural form or condition of anything; generally used to refer to what we would call 'nature'.

pramana (pramANa, अमाण) – valid means for acquiring knowledge. There are 6

of these in Vedanta: - perception (*pratyaksha*), inference (*anumAna*), scriptural or verbal testimony (*shabda* or *Agama shruti*), analogy (*upamAna*), presumption (*arthApatti*) and non-apprehension (*anupalabdhi*). The first three are the major ones referred to by Shankara.

prana (prANa, प्राण) – literally the 'breath of life'; the vital force in the body with

which we identify in the 'vital sheath'.

prarabdha (prArabdha, प्रार्ट्ध) - This literally means 'begun' or 'undertaken'. It is

the fruit of all of our past action that is now having its effect. This is one of the three types of sanskara. See agamin, sanchita, sanskara.

prasthana-traya (prasthAna traya, प्रस्थान त्रय) - prasthAna means 'system' or

'course' in the sense of a journey; *traya* just means 'threefold'. It refers to the three sources of knowledge of the Self (*shabda*), nyaya prasthana, sruti and smriti. See nyaya prasthana, shabda, sruti, smriti.

pratibhasa (noun) (pratibhAsa, प्रतिभास);

pratibhaika (adj.) (prAtibhAsika, प्रातिभासिक) – 'appearing or occurring to the mind', 'existing only in appearance', an illusion. See paramartha, vyavahara.

pratibimba-vada (pratibimba vAda, प्रतिबिम्ब वाद) – the theory that the jiva is a

reflection of the atman, similar to a the reflection of an object in a mirror.

pratyaksha (pratyakSha, प्रत्यक्ष) - 'present before the eyes, clear, distinct etc.' but

particularly 'direct perception or apprehension' as a valid source of knowledge. See pramana.

pratyaya (*pratyaya*, प्रत्यय) – belief, firm conviction, certainty; basis or cause of anything.

punya (*puNya*, **Y**<sup>U</sup>, ) – literally 'good' or 'virtuous'; used to refer to the 'reward' that accrues to us (according to the theory of karma) through the performing of unselfish actions. See also papa.

purna (*pUrNa*,  $\Psi \Psi^{\circ}$ ) – full, complete, satisfied, perfect.

purushartha (puruShArtha, पुरुषार्थ) - The general meaning of this term is 'any

object of human pursuit' but it is used here in the sense of human (i.e. self) effort to overcome 'fate', the fruit of one's past actions. See karma, sanskara.

purva (pUrva, पूर्व) - former, preceding.

purvapaksha (purvapakSha, पुर्वेपक्ष) - the first objection to an assertion in any

discussion or, more generally, the 'objector' in a debate.

purvamimamsa, (pUrvamImAMsA, पूर्वमीमांसा) - the philosophical system based

upon the first part of the Vedas and attributed to Jaimini. Mainly concerned with enquiring into the nature of dharma or right action. See mimamsa, uttaramimamsa.

rajas (*rajas*, रजस्) – the second of the three guna. Associated with animals and activity, emotions, desire, selfishness and passion. Adjective – rajassic or rajassika.. See guna.

rishi (*RRiShi*, ऋषि) – author or singer of sacred Vedic hymns but now more generally used to refer to a saint or Sage.

sadguru (*sadguru*,  $\overline{\mathcal{H}}_{\overline{S}}$ ,  $\overline{\mathcal{K}}$ ) – the ultimate guru – one's own Self (*sat* = true, real). See guru.

sadhana (sAdhanA, साधना) – literally 'leading straight to a goal'; refers to the spiritual disciplines followed as part of a 'path' toward Self-realisation. See also chatushtaya sampatti.

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saguna (saguNa, सगुण) - 'with qualities'. The term is usually used to refer to

Brahman personified as the creator, Iswara, to symbolise the most spiritual aspect of the world of appearances. See Brahman, Isvara, nirguna.

# sahaja sthiti (sahaja sthiti, सहज स्थिति) - Once Self-realisation has been

attained, there is full and lasting knowledge of the Self. '*sahaja*' means 'state' but this stage of samadhi is not a state – it is our true nature. It is permanent ('*sthiti* meaning 'steady' or 'remaining'), unlike the earlier stages of samadhi. See nirvikalpa, samadhi, savikalpa, vikalpa.

sakshibhava (sAkshibhAva, सांक्षिभाव) - 'being or becoming' (bhAva) a 'witness'

(sAkshin).

samadhana (samAdhAna, समाधान) - contemplation, profound meditation; more

usually translated as concentration; one of the 'six qualities' that form part of Shankara's chatushtaya sampatti. See chatushtaya sampatti.

samadhi (samAdhi, समाधि) – the state of total peace and stillness achieved during

deep meditation. Several 'stages' are defined – see vikalpa, savikalpa samadhi, nirvikalpa samadhi and sahaja sthiti.

samhita (saMhitA, संहिता) – a philosophical or religious text constructed

according to certain rules of sound. There are many of these in the Vedas. The reference in this book is in conjunction with the Astavakra Samhita or Gita. This book is not part of the Vedas. See Astavakra, gita.

samkhya (sAMkhya, सॉर्व्य) – one of the three main divisions of Hindu philosophy

and one of the six darshanas; attributed to Kapila.

sampradaya (sampradAya, सम्प्रदाय) – the tradition or established doctrine of

teaching from master to pupil through the ages.

samsara (saMsAra, सेंसार) – the continual cycle of death and rebirth,

transmigration etc. to which we are supposedly subject in the phenomenal world until we become enlightened and escape. saMsArin – one who is bound to the cycle of birth and death.

samshaya (saMshaya, संशाय) - uncertainty, irresolution, hesitation or doubt. See manana.

sanatana (sanAtana, सनातन) – literally 'eternal' or 'permanent'; in conjunction with dharma, this refers to our essential nature. The phrase 'sanatana dharma' is also

used to refer to the traditional (also carrying the sense of 'original' and 'unadulterated') Hindu practices or as a synonym for 'Hinduism'. See dharma.

sanchita (saMchita, सांचित) – one of the three types of sanskara, literally meaning

'collected' or 'piled up'. That sanskara, which has been accumulated from past action but has still not manifest. See agamin, prarabdha, sanskara.

sanga (saMgha, संघ) – assembly, association, company. See satsanga.

sanskara (saMskAra, संरकार) – Whenever an action is performed with the desire

for a specific result (whether for oneself or another), sanskara is created for that person. These accumulate and determine the situations with which we will be presented in the future and will influence the scope of future actions. There are three 'types' – agamin, sanchita and prarabdha. The accumulation of sanskara (sanchita) dictates the tendencies that we have to act in a particular way (vasanas). This is all part of the mechanism of karma. See agamin, karma, prarabdha, sanchita and karma.

sanyasa (saMnyAsa, संन्यास) - the final stage of the traditional Hindu spiritual

path; involves complete renunciation. The word literally means 'putting or throwing down, laying aside'; i.e. becoming a professional ascetic. One who does so is called a sanyasin (*saMnyAsin*). See also brahmacharya, grihasta, vanaprastha.

sat (sat, सत्) – existence, reality, truth (to mention a few). See also ananda, chit,

satchitananda.

# satchitananda (sat - chit - Ananda or sachchidAnanda, सचिदानन्द) - the oft

used word to describe our true nature, in so far as this can be put into words (which it can't). It translates as being-consciousness-bliss but see the separate bits for more detail.

satsanga (satsa~Nga, सत्सङ्ग) - association with the good; keeping 'good

company'; most commonly used now to refer to a group of people gathered together to discuss (Advaita) philosophy.

sattva (sattva, सत्त्व) - the highest of the three guna. Associated with stillness,

peace, truth, wisdom, unselfishness and spirituality, representing the highest aspirations of man. Adjective – sattwic or sattvika. See guna.

sattvapati (sattvApatti, सत्त्वापत्ति) – the (4<sup>th</sup>) stage on a spiritual path, after which

there is no longer any need for effort to be made (so-called because there is now an abundance of sattva). *Apatti* means 'entering into a state or condition'.

satya (satya, सत्य) – true, real. satyam –truth.

savikalpa (savikalpa, सविकल्प) – (referring to samadhi) still 'with' doubts about one's identity with the one Self. See nirvikalpa, samadhi, vikalpa.

shabda (shabda, राष्ट्र) - scriptural or verbal testimony. See pramana, nyaya

prasthana, prasthana-traya, sruti, smriti.

shama (shama, राम) - literally tranquillity, absence of passion but more usually

translated as mental discipline or self-control; one of the 'six qualities' that form part of Shankara's chatushtaya sampatti. See chatushtaya sampatti.

Shankara (shaMkara, र्शकर) –  $8^{th}$  Century Indian philosopher responsible for

firmly establishing the principles of Advaita. Though he died at an early age (32?), he commented on a number of major Upanishads, the Bhagavad Gita and the Brahmasutras, as well as writing a number of famous original works, such as Atmabodha, Bhaja Govindam and Vivekachudamani.

Shankaracharya (shaMkarAchArya, रांकराचार्य) - The title given to one of the

four teachers (see acharya) following the tradition in India established by Shankara (see Shankara). He set up four positions, North, South, East and West, to be held by realised men, who would take on the role of teacher and could be consulted by anyone having problems or questions of a spiritual nature.

sharira (sharIra, शरीर) - one's body.

shastra (shAstra, शास्त्र) – order, teaching, instruction; any sacred book or

composition that has divine authority.

shraddha (shraddhA, श्रद्धा) – faith, trust or belief (in the absence of direct personal

experience); the student needs this initially in respect of what he is told by the guru or reads in the scriptures; one of the 'six qualities' that form part of Shankara's chatushtaya sampatti. See chatushtaya sampatti.

shravana (shravaNa, श्रवण) - hearing the truth from a sage or reading about it in

such works as the Upanishads; first of the three key stages in the classical spiritual path. See also manana, nididhyasana.

shruti (shruti, श्रुति) - refers to the Vedas, incorporating the Upanishads. Literally

means 'hearing' and refers to the belief that the books contain orally transmitted, sacred wisdom from the dawn of time. See nyaya prasthana, pramana, smriti.

siddhanta (siddhAnta, सिद्धान्त) – final end or purpose; conclusion of an argument.

ichChA means 'wish', 'desire'.

shubhecha (shubhechChA, राभेच्छा) - 'good desire'; the initial impulse that start us on a spiritual search. shubha means 'auspicious', 'good (in a moral sense)' and

smriti (smRRiti, स्मृति) - refers to material 'remembered' and subsequently written

down. In practice, it refers to books of law (in the sense of guidance for living) which were written and based upon the knowledge in the Vedas, i.e. the so-called dharmashAstras - Manu, Yajnavalkya, Parashara. In the context of nyaya prasthana, it is used to refer to just one of these books – the Bhagavad Gita. See pramana, nyaya prasthana, sruti.

srishti-drishti-vada (sRRiShTidRRiShTivAda, सृष्टिदृष्टिवाद्) - the theory that the

world is separate from ourselves, having been created (by God or big-bang) and evolving independently of ourselves, i.e. the 'common sense' view of things. See also adhyasa, ajati, drishti-srishti-vada.

sthitaprajna (sthitapraj~na, स्थितप्रज्ञ) - meaning one 'standing' (sthita) in

'wisdom' (*prajna*); a man of steadiness and calm, firm in judgement, contented. The name given by the Bhagavad Gita to one who is Self-realised.

sthula (sthUla, स्थूल) – large, thick, coarse, dense; the gross body (sthUla sharIra)

sukha (*sukha*, सुख) – comfortable, happy, prosperous etc. *sukham* – pleasure, happiness.

sushupti (*suShupti*, सुपुरि) – the deep-sleep state of consciousness. The 'sleeper ego' is called prajna. See also, jagrat, svapna, turiya.

svadharma (svadharma, स्वधर्म) – one's own dharma. See dharma.

svapna (svapna, स्वञ्च) – the dream state of consciousness. The 'dreamer ego' is called taijasa. See also, jagrat, sushupti, turiya.

taijasa (*taijasa*, तेजर ) – the 'dreamer ego' in the dream state of consciousness, svapna. See also visva, prajna.

tamas (tamas, तमस्) – the 'lowest' of the three guna. Associated with matter and

carrying characteristics such as inertia, laziness, heedlessness and death. Adjective – tamasic or tamasika. . See guna.

tarka (tarka, तर्क) – reasoning, speculation, philosophical system or doctrine.

tarkika (tArkika, तार्किक) – logician or philosopher.

titiksha (*titikShA*, तितिक्षा) – forbearance or patience; one of the 'six qualities' that form part of Shankara's chatushtaya sampatti. See chatushtaya sampatti.

trikalatita (*trikAlAtIta*, त्रिकालातीत) - that which transcends past, present and future (describing the Self).

tripitaka (tripiTaka, त्रिपिटक) – the 'three baskets' or collections of sacred

writings of the Buddhists viz. sUtra, abhidharma, vinaya.

turiya (turiya, तुरीय) – the 'fourth' state of consciousness (turiya means 'fourth').

In fact, some (e.g. Francis Lucille) define it rather as the background against which the other states (waking, dream and deep sleep) take place. In this latter case, it is also our true nature. (If defined merely as the highest 'state' then our true nature is called turiyatita.

upadana (upAdAna, उपादान) – literally 'the act of taking for oneself'; used to

refer to the 'material cause' in logic.

upadhi (upAdhi, उपाधि) – Literally, this means something that is put in place of

another thing; a substitute, phantom or disguise. In Vedanta, it is commonly referred to as a 'limitation' or 'limiting adjunct' i.e. one of the 'identifications' made by ahankara that prevents us from realising the Self.

upamana (upamAna, उपमान) – comparison, resemblance, analogy.

upanishad (upaniShad, उपनिषद्) – one of the (108+) books forming part (usually

the end) of one of the four Vedas. The parts of the word mean: to sit (*Shad*) near a master (*upa*) at his feet (*ni*), so that the idea is that we sit at the feet of a master to listen to his words. Monier-Williams (Ref. 50) states that, "according to native authorities, upanishad means 'setting at rest ignorance by revealing the knowledge of the supreme spirit". See Vedanta.

uparama (uparama, उपरम) – see uparati.

uparati (uparati, उपरति) – desisting from sensual enjoyment; 'revelling' in that

which is 'near' i.e. one's own Self; also translated as following one's dharma or duty; one of the 'six qualities' that form part of Shankara's chatushtaya sampatti. See chatushtaya sampatti.

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# uttaramimamsa (uttaramImAMsA, उत्तरमीमांसा) - the Vedanta philosophy,

based on the latter (uttara) part of the Vedas rather than the earlier (purva). Its founder was Badarayana, who authored the Brahmasutras. There are three main schools – dvaita, advaita and vishishtadvaita. See Brahmasutras, mimamsa, purvamimamsa, veda.

vada (vAda, वाद, ) – speech, proposition, discourse, argument, discussion,

explanation or exposition (of scriptures etc.)

vairagya (vairAgya, वेराग्य) - detachment or dispassion; indifference to the pleasure

that result from success or the disappointment that result from failure. See sadhana, chatushtaya sampatti.

vaisheshika (vaisheShika, वैशेषिक) - one of the six classical Indian Philosophies,

a later development of nyaya by the theologian, Kanada; named after the nine 'essentially different substances' believed to constitute matter. See darshana, vishesha.

vanaprastha (vanaprastha, वनप्रस्थ) - the third stage of the traditional Hindu

spiritual path, in which the Brahman retires from life and becomes a 'forest dweller',

living as a hermit. Traditionally speaking, 'a properly initiated *dvija* or twice-born'. See also brahmacharya, grihasta, sanyasa, vanaprastha.

vasana (vAsanA, वासना) - literally 'desiring' or 'wishing' - latent behavioural

tendency in one's nature brought about through past action (karma) and the sanskara that resulted from this. See karma, sanskara.

veda (veda, वेंद्र) – knowledge, but this is normally only used to refer to one of the four Vedas (see Vedanta) and vidya is used for knowledge per se. See vidya.

Vedanta (vedAnta, वेदान्त) – literally 'end' or 'culmination' (anta) of knowledge

(*veda*) but veda in this context refers to the four Vedas, the Hindu equivalents of the Christian bible (called Rig, *RRig* Veda; Sama, *sama* Veda; Atharva, *atharva* Veda; Yajur, *yajur* Veda). Traditionally, the last part of the vedas (i.e. 'end') is devoted to the Upanishads. See upanishad.

vidya (vidyA, विद्या) – knowledge, science, learning, philosophy. *Atma-vidyA* or *brahma-vidya* is knowledge of the Self.

Vidyaranya (vidyAraNya, विद्यारण्य) – author of the Panchadashi (pa~nchadashi).

vikalpa (vikalpa, विकल्प) - doubt, uncertainty or indecision. See savikalpa,

nirvikalpa, samadhi.

vikshepa (vikShepa, विक्षेप) – the 'projecting' power of maya. In the rope-snake metaphor, this superimposes the image of the snake upon the rope. See avarana, maya.

vinaya (vinaya, विनय) – the rules of discipline for Buddhist monks; school of

Buddhist philosophy emphasising conduct as the means to the end of suffering.

vishaya (viShaya, विषय) – object of sensory perception; any subject or topic; the subject of an argument.

vishesha (visheSha, विशेष) - literally 'distinction' or 'difference between'. The

Vaisheshika philosophy believes that the material universe is made up of nine substances, each of which is 'essentially different' from any other. See Vaisheshika.

vishishta (vishiShTa, विशिष्ट) – distinguished, particular, excellent.

vishishtadvaita (vishiShTAdvaita, विशिष्टोहेत) - qualified non-dualism; belief that

God and the atman are distinct but not separate. Ramanuja is the scholar most often associated with this philosophy. See advaita, dvaita.

visva (vishva, विश्व) – the 'waker ego' in the waking state of consciousness, jagrat.

See also taijasa, prajna.

viveka (viveka, विवेक) – discrimination; the function of buddhi, having the ability

to differentiate between the unreal and the real. See sadhana, chatushtaya sampatti.

vritti (vRRitti, वृत्ति) – in the context of Vedanta and this book, this means a 'mood

of the mind'. In general, it can mean a mode of conduct or behaviour, character or disposition, business or profession etc. See aham vritti and idam vritti.

# vyavahara (noun) (vyavahAra, व्यवहार);

vyavaharika (adj.), (vyAvahArika, व्यावहारिक) - the 'relative', 'practical', or

phenomenal world of appearances; the normal world in which we live and which we usually believe to be real; as opposed to paramarthika (reality) and pratibhasika (illusory). See paramarthika and pratibhasika.

yoga (yoga, योग) – literally 'joining' or 'attaching' (our word 'yoke' derives from

this). It is used generally to refer to any system whose aim is to 'join' our 'individual self' back to the 'universal Self'. The Yoga system pedantically refers to that specified by Patanjali and this is a different (though related) system from that of Advaita. See bhakti, jnana, karma.

yuga (yuga, युग) – one of the four ages in the cycle of creation. See kalpa, kali

yuga.

# Appendix 1 – Transliteration Schemes

<u>Devanagari</u>	<u>ITRANS</u>	<u>Roman</u>	<u>Velthuis</u>	<u>Harvard-</u> <u>Kyoto</u>
अ	a	а	a	a
आ	aa or A	ā	aa or A	А
इ	i	i	i	i
् फ	ii or I	Ī	ii or I	Ι
ऋ	RRi or R^i	ŗ	.r	R
ॠ	RRI or R^I	Ţ	.R	q
ऌ	LLi or L^i	ļ	.1	L
ॡ	LLI or L^I	Ī	.L	Е
उ	u	u	u	u
ऊ	uu or U	ū	uu or U	U
ए	e	e	e	e
ऐ	ai	ai	ai or E	ai
ओ	0	0	0	0
औ	au	au	au or O	au
•	.n or .m or M	ṃ or ṁ	.m or M	М
:	Н	ķ	.h or H	Н

<u>Devanagari</u>	<u>ITRANS</u>	<u>Roman</u>	Velthuis	<u>Harvard-</u> <u>Kyoto</u>
ख्	kh	kh	kh or K	kh
ग्	g	g	g	g
घ्	gh	gh	gh or G	gh
ङ्	~N	'n	'n	G
च्	ch or c	с	с	с
छ्	Ch or chh	ch	ch or C	ch
ज्	j	j	j	j
झ्	jh	jh	jh or J	jh
क्	k	k	k	k
ञ्	~n	ñ	~n	J
ठ्	Т	ţ	.t	Т
ठ्	Th	ţh	.th or .T	Th
ढ्	D	ģ	.d	D
ढ्	Dh	ḍh	.dh or .D	Dh
ण्	N	ņ	.n	Ν
त्	t	t	t	t
થ્	th	th	th or T	th

छ्	d	d	d	d
ध्	dh	dh	dh or D	dh
न्	n	n	n	n
प्	р	р	р	р
দ্ব	ph	ph	ph or P	ph
ब्	b	b	b	b
भ्	bh	bh	bh or B	bh
म्	m	m	m	m
य्	у	У	у	У
र्	r	r	r	r
ल्	1	1	1	1
व्	V	V	V	v
য্	sh	ś	"s	Z
ष्	Sh or shh	Ş	.S	S
स्	S	S	S	S
ह	h	h	h	h

Table 10- Transliteration Schemes

Note: the characters '.h' may also be added after any consonant in ITRANS to generate a *virAma* though, since this will happen regardless if the consonant is not followed by a vowel, it is usually omitted. E.g. k is the same as k.h.

# Appendix 2 – Alternate Letter Forms

As has been noted in the text, some of the letters have two or more differing representations in Devanagari. A given source will normally be consistent in its use of a single variant but other traditions and books may use one of the alternative forms. e.g. the Monier-Williams dictionary uses the different variant of the letter *a*.

Letter (ITRANS)	Usual Devanagari	Monier-Williams	SES
A	अ	ग्र	
RRi	秾		ॠ
RRI	末		ॠ
E	ए		Ų
Ai	ऐ		Ų
Ch	छ		ਲ
Jh	झ	کر	ኯ
N	ण	रण	

Table 11- Alternative Letter Forms

# Appendix 3 – Vowel Forms, with and without consonants

Vowel (ITRANS)	On its Own	With Consonant	<i>k</i> + This Vowel
No vowel ( <i>virAma</i> )	-	~	क्
a	अ	no change	क
A	आ	अ	का
i	দ্য	ſ	कि
Ι	ન્મ	ſ	की
RRi	ऋ	c	कृ
RRI	ॠ	E	कृ
LLi	ल्ट	no abbrev	ક્ષ
LLI	રુ	no abbrev	क्लू
и	ਲ	¢	कु
U	স্ত	¢	कू

e	ए	~	के
ai	ऐ	~	्रीक
0	ओ	अे	को
au	औ	अे	कौ
aM	अं	•	कं
aH	अः	•	कः

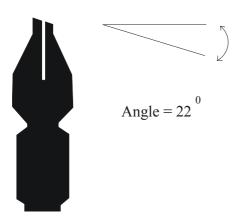
# Table 12- Vowel Forms

The table on the previous page summarises the use of vowels (+ *anusvAra* and *visarga*). Column 2 shows how they appear when used on their own or at the beginning of a word. Column 3 shows how their presence is signified when they appear after one or more consonants. Column 4 shows how the letter *k* appears when used with that vowel.

# Appendix 4 – Writing the Script

You will have to learn the alphabet if you wish to become sufficiently familiar with the forms of the letters to be able to read the words in the scriptures. This really means practising writing the letters as well as reading them. You will have seen that the Devanagari reproduced in this book has been written in an italic script. Obviously it is not necessary to write it in this way in order for it to be understood. (This is, after all, the prime purpose of any written language.) However, if you are to learn the formally correct construction of each of the letters, you ought really to practise it as an exercise in calligraphy.

Unfortunately, an ordinary italic nib on a fountain pen or even in a calligraphy-set is unlikely to be the correct shape. The edge of the nib should be angled. The pen is then tilted so that the edge is flush with the page as characters are written. This generates the necessary angular finish to the script. The nib must be cut away to the right for right-handed users and to the left for left-handed ones.



With care, an ordinary italic nib could be filed down in this way, finishing off with fine 'wet and dry' sandpaper. The width of nib depends upon the intended size of writing. If practising only, a broad tip is probably best ( $\approx 2.5$ mm); if you expect to write a lot at normal size, it will need to be narrower since the proportions of the letters are important. It is possible to obtain fountain

pens with the correct nibs. Sheaffer provide these for the School of Economic Science in the UK but I do not know whether they may be obtained from the manufacturer. It is also extremely likely that they may be purchased from India. However, a search of the Internet failed to find any manufacturer specifically offering Sanskrit pens or nibs. 'Penfriend', of 10-13 Newbury Street, London, England do offer to grind nibs for Sanskrit use as part of their service of renovating old pens but this may be an expensive option.

The proportions of the letters can be seen by dividing them into three as shown below:



The order in which the parts of each letter are constructed will depend upon the source of instruction. I was taught (in England, by SES) that the top line of the letter should be constructed first in all cases except for *a*, where the left hand part should be produced first. Next, any vertical line is drawn and finally, the key parts of the letter are drawn onto these. The American style insists that the distinctive part of each letter should be drawn first, then the vertical line and the top line should always be done last i.e. the exact opposite! Logically, the latter method seems more sensible, since you cannot know how long the top line should be until a word is complete. The Internet resources described in a later Section all recommend the latter style.

If you do seriously want to learn how to produce the script neatly and accurately, you should seek out a school or someone who is skilled in the art. This is really an exercise in calligraphy and cannot easily be learnt from a book. If you are not interested in strict accuracy, just get yourself an appropriate pen and modify the nib as shown above. Then practise producing the letters in whichever way you like until you can produce a result that you find acceptable. Finally, if you are not interested at all in the calligraphy element and are unconcerned if the letter proportions are not strictly accurate, just dig out an old fountain pen or even a felt-tip or biro and practise. Above all, however, practise. This will prove invaluable in helping you to learn the alphabet.

# Appendix 5 – Answer to Final Example

# सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।

# सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभाग्भवेत्॥

sarve bhavantu sukhinaH sarve santu nirAmayAH . sarve bhadrANi pashyantu mA kashchid duHkhabhAgbhavet ..

Let everyone be happy; let them be free from illness May they experience prosperity and let sorrow not be the lot of anyone

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